

## **My Baptismal Covenants**

(Renewed Each Time I Partake of the Sacrament)

## At Baptism I Covenant with the Lord to:

- 1. Come into the fold of God (become a member of the Church of Jesus Christ).
- 2. Be called his son or daughter (take upon me the name of Christ).
- 3. Bear others' burdens, that they may be light; mourn with those that mourn; and comfort those in need of comfort (help others).
- 4. Stand as a witness of God at all times and in all things and in all places (testify of Christ and set a good example at all times).
- 5. Serve God and keep his commandments.

## When I Keep My Baptismal Covenants the Lord Covenants to:

- 1. Forgive my sins.
- 2. Pour his Spirit more abundantly upon me (give me the companionship of the Holy Ghost).
- 3. Redeem me that I might be numbered with those of the first resurrection and have eternal life (permit me to enter the celestial kingdom to live with Heavenly Father and Jesus Christ).