

Head, Shoulders, Knees, and Toes

Playfully ♩ = 72-112

The musical score is written in 2/4 time with a key signature of one sharp (F#). It consists of two systems of music. The first system has three measures with lyrics: "Head, shoul - ders, knees, and toes, knees and toes, knees and toes,". The second system has three measures with lyrics: "Head, shoul - ders, knees, and toes, eyes, ears, mouth, and nose." The score includes a treble clef staff with a vocal line and a bass clef staff with a bass line. Chords G, A7, and D7 are indicated above the treble staff. Fingerings are shown with numbers 1-5 below notes. The piece ends with a double bar line.

Sing song and point to parts of the body. Or sing slowly and move parts of the body as they are mentioned. For example, nod head, shrug shoulders, bend knees, stand tiptoe, and so forth.

Words and music: Anon.

To Get Quiet

Merrily ♩ = 152-168

The musical score is written in 4/4 time with a key signature of one flat (Bb). It consists of two systems of music. The first system has four measures with lyrics: "One, two, I stretch up tall; Then I turn a - round." The second system has four measures with lyrics: "Three, four, I sit up tall And nev - er make a sound." The score includes a treble clef staff with a vocal line and a bass clef staff with a bass line. Chords F and C7 are indicated above the treble staff. Fingerings are shown with numbers 1-5 below notes. The word "softer" is written above the final measure of the second system. The piece ends with a double bar line.

Improvise actions as suggested by the words.

Words and music: Moïse Renstrom, 1889-1956

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