

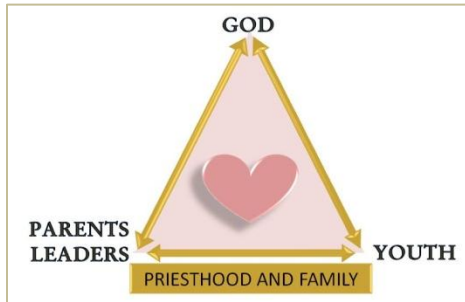
# April 2010 Auxiliary Leadership Training

## TEACHING YOUNG WOMEN

*"For the power is in them, wherein they are agents unto themselves."*

### HELPING YOUNG WOMEN TAKE RESPONSIBILITY FOR LEARNING BY STUDY AND BY FAITH

#### A MIGHTY CHANGE OF HEART

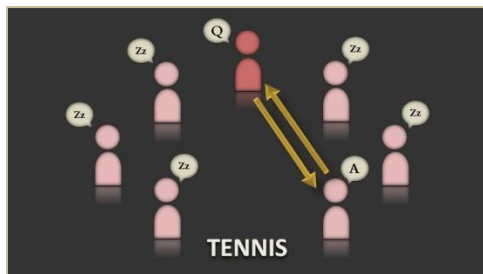


"Verily I say, men should be anxiously engaged in a good cause, and do many things of their own free will, and bring to pass much righteousness; for the power is in them, wherein they are agents unto themselves" (D&C 58:27–28).

- Each young woman can connect with God directly and receive personal revelation.
- Parents and leaders can do the same and help young women in this process.
- All can work together toward a mighty change of heart (see Alma 5:14).

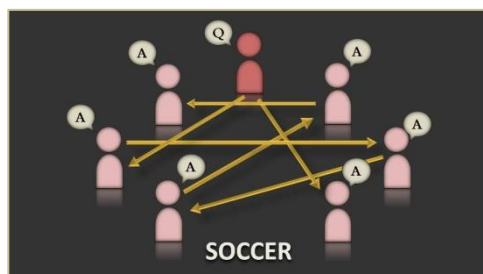
#### HOW CAN WE FACILITATE A MIGHTY CHANGE OF HEART?

- We teach by the Spirit and help young women learn by the Spirit (see D&C 50:17–19, 21; [Young Women orientation handout](#)).
- Faith is a principle of action. We assist young women by giving them opportunities to act and apply their learning (see Alma 5:12; Ecclesiastes 7:25).
- "Never, and I mean never, give a lecture where there is no student participation. . . . Assure that there is abundant participation because that use of agency by a student authorizes the Holy Ghost to instruct. It also helps the student retain your message. As students verbalize truths, they are confirmed in their souls and strengthen their personal testimonies" (Richard G. Scott, "To Understand and Live Truth," [address to CES religious educators, Feb. 4, 2005], 3).



#### TENNIS MATCH TEACHING

- Serving a tennis ball is often how we teach. The teacher is the expert and "serves" or dispenses information.
- Sometimes one young woman "returns the ball" and participates, but most of the young women are not actively engaged.



#### SOCCER TEACHING

Everyone is involved when playing soccer. The teacher is the coach and helps young women engage and act on their learning in the following ways:

- Help them teach each other.
- Create a safe place where all can share.
- Allow them to practice and gain confidence in their participation and contribution.

## HOW CAN WE HELP YOUNG WOMEN DESIRE TO LEARN AND ACTIVELY SEEK LEARNING?

### Help young women prepare to learn (see Alma 32:27).

- Discover their questions relative to the doctrine or principle being taught.
- Invite them to share thoughts on a question that is relevant to their lives.
- Give them “homework” to prepare for class by having them read a scripture, study a conference talk, or review a standard in *For the Strength of Youth*.

### Provide opportunities for young women to learn together.

There are many methods that invite learner involvement in teaching (see *Teaching, No Greater Call*, 89–90). For example:

- Have paired or small group discussions.
- Invite young women to share personal experiences.
- Play learning games or role-play situations where the principle might be applied.

### Invite young women to act.

- Tie Sunday learning to Personal Progress.
- Use Mutual activities to practice and expand Sunday learning.
- Help young women develop a plan to apply principles in their daily lives.
- Invite young women to report on their experiences at a later activity or class.

## EXAMPLE: “ASK AND YE SHALL RECEIVE”

Watch the video “Ask and Ye Shall Receive: Helping Young Women Find Answers to Their Questions” from the March 2008 general Young Women meeting.

Location of video: [youngwomen.lds.org/Resources, Videos, and Music/Videos/“Ask and Ye Shall Receive”](http://youngwomen.lds.org/Resources_Videos_and_Music/Videos/Ask_and_Ye_Shall_Receive)

Notice how the Young Women leader helped young women experience a “mighty change of heart” as they found answers to their own questions. Leaders acted as coaches and helped young women use their agency to learn and receive personal revelation.

## SUGGESTIONS FOR APPLYING THIS TRAINING

Use the video resource [A Brand New Year 2010](#). Identify a relevant question young women are asking about one of the standards included in this DVD—a standard that parents and priesthood leaders would like young women to study. For example, before watching “Dating and Virtue,” ask yourself the following:

**Prepare**           What questions are my young women asking about dating?

**Learn Together**   What are my opportunities to have the young women share what they are learning?  
What other resources can they use to learn together?  
What methods will engage them in learning?

**Act**                How will young women act on their learning through Personal Progress, Mutual, and other means of application?