

Lesson 10

Mosiah 4–17

The following assignments include various learning activities, such as questions, lists, essays, charts, comparisons, contrasts, and surveys. To receive credit for this lesson, you must complete the number of assignments indicated below and submit them to your institute instructor or administrator. You may submit your work either electronically or on paper, handwritten or typed.

Each lesson should take approximately 60–90 minutes to complete, the same amount of time you would typically spend in a weekly institute class. Since reading the scripture block listed in the lesson heading is expected of all institute students prior to class, the estimated time for each assignment does not include the time you need to spend reading the scripture block.

Complete either assignment 1 or 3, and complete all of the additional assignments:

1. Mosiah 4–5. How to Live a Christlike Life

- a. A remarkable change came upon the people as a result of applying King Benjamin's teachings to their lives. Read Mosiah 4:1–3 and the institute student manual commentary “Mosiah 4:2–3: Applying the ‘Atoning Blood of Christ’” (page 142). Write answers to the following questions:
 - What did King Benjamin’s people realize?
 - What did they ask?
 - What was the result?
 - How did President Boyd K. Packer say we can “activate” the Atonement of Jesus Christ in our everyday lives?
- b. After seeing the change that came upon the people, King Benjamin gave additional teachings to help them know how to live Christlike lives. Search Mosiah 4:4–30 and the accompanying student manual entries (pages 143–44). Write an outline for an 8–10 minute talk that includes at least five behaviors or character traits necessary for disciples of Jesus Christ.
- c. Read Mosiah 4:26–27. Explain in writing how King Benjamin suggested that his people retain a remission of their sins. How could you apply this today?

- d. Read Mosiah 5 and the student manual commentaries “Mosiah 5:2: ‘A Mighty Change in Us’” and “Mosiah 5:8–10: Taking upon Us His Name” (pages 144–45). Then respond in writing to the following questions:

- By what means did the “mighty change” come?
- What effect did the “mighty change” have on the people?
- What were the people willing to covenant?
- What does it mean to become “children of Christ”?
- What does it mean to “take upon you the name of Christ”?
- What can you do each day to keep Christ’s name written in your heart?
- What must we do if Christ is truly our “master”?

2. Mosiah 8:12–18. “A Great Benefit to His Fellow Beings”

Read Mosiah 8:12–18; the student manual commentary “Mosiah 8:15: ‘A Seer Is Greater than a Prophet’” (page 147); and “Seer” in the Bible Dictionary (page 718). Then list characteristics that define a seer. Who do we sustain as seers today?

3. Mosiah 9–17. King Noah and Abinadi

- a. Read Mosiah 9:17–18; 10:4–11; 11:1–11. Explain in one paragraph the changes that King Noah made when he took power.
- b. Read the student manual commentary “Mosiah 10:11–17: False Traditions” (page 150). Write a short paragraph explaining how to prevent false traditions from creeping into our lives today.
- c. Read Mosiah 12:2–6 and list at least three punishments Abinadi said would come upon the people if they would not repent.
- d. As you read Mosiah 12–16 and the accompanying material in the student manual commentary (pages 151–55), write answers to the following questions about Jesus Christ and His commandments:
 - Why did Abinadi read the Ten Commandments to Noah and his priests?

- What does it mean to have the commandments “written in your hearts”?
- What was the purpose of the law of Moses?
- What can we learn about the Savior from the prophecies of Isaiah quoted by Abinadi in Mosiah 14–15?
- What other prophets testified of Christ’s Atonement?
- According to the following verses, how did the Atonement affect—
 - Our sins? (Mosiah 14:5)
 - The Resurrection? (Mosiah 15:19–24)
 - Little children? (Mosiah 15:24–25)
- In what ways are the Father and Son one?
- What blessings are mentioned for those who have believed in Christ, followed Him, and accepted His Atonement?
- What will happen to those who have rejected Christ and His Atonement?
- At the end of his discourse, what did Abinadi exhort Noah and the priests to do?

4. Mosiah 7–15. Charges against Abinadi

Using the verses provided below, write in the following chart the charge, the evidence, and the law:

Charge	Evidence	Mosaic Law
Mosiah 17:12	Mosiah 12:3, 10–12	Exodus 22:28
Mosiah 12:12	Mosiah 12:11–12	Deuteronomy 18:18–22
Mosiah 17:7–8	Mosiah 7:26–28; 15:1–8	Leviticus 24:16

- Write a couple of sentences explaining in what ways the priests of Noah had twisted the law of Moses to meet their purposes.
- Write what evidence you find that Abinadi did not violate the law of Moses.
- How strong was Abinadi’s commitment to the Lord?
- In what ways did Abinadi’s life and teachings affect Alma?
- How did Abinadi’s martyrdom affect Noah? the priests? the people?
- What have you learned from the example of Abinadi that you would like to implement more in your own life?

5. Mosiah 17. Abinadi and Alma

- a. After reading Mosiah 17, write a paragraph about Abinadi that includes answers to the following questions: