

## Lesson 3

## 1 Nephi 16–22

The following assignments include various learning activities, such as questions, lists, essays, charts, comparisons, contrasts, and surveys. To receive credit for this lesson, you must complete the number of assignments indicated below and submit them to your institute instructor or administrator. You may submit your work either electronically or on paper, handwritten or typed.

Each lesson should take approximately 60–90 minutes to complete, the same amount of time you would typically spend in a weekly institute class. Since reading the scripture block listed in the lesson heading is expected of all institute students prior to class, the estimated time for each assignment does not include the time you need to spend reading the scripture block.

**Complete assignments 3, 8, and any two of the other assignments:**

### 1. 1 Nephi 16:1–3. These Are Hard Sayings

- Nephi's brothers complained because Nephi spoke "hard things" unto them. From 1 Nephi 15:33–36, briefly describe in writing what you think Laman and Lemuel would have thought were "hard things."
- Explain why those same truths were not "hard things" to Nephi.

### 2. 1 Nephi 16:10. The Liahona

Read 1 Nephi 16:10, 28–29; Alma 37:38–46; and the institute student manual commentary "1 Nephi 16:10, 26–29: The Liahona" (pages 34–35). Then answer the following questions in writing:

- How did the Liahona work?
- What did Alma compare the Liahona to?
- How does Alma's comparison apply to your daily life?

### 3. 1 Nephi 16:11–39. Journey in the Wilderness

- Chapter 16 and the first few verses of chapter 17 in 1 Nephi cover up to eight years in the history of Lehi's family as they traveled in the wilderness. From each of the following sets of verses, write a few sentences describing what you learn from the experiences Nephi recorded during that time period:

- Verses 11–22
- Verses 23–27. See also student manual commentaries "1 Nephi 16:21–25: The Broken Bow Experience" and "1 Nephi 16:23: Nephi's Confidence in Lehi" (pages 35–37).
- Verses 30–32
- Verses 34–39

- Lehi's family traveled eight years to reach the land of Bountiful. Read the following references and identify in writing why it took them so long to travel that distance:
  - 1 Nephi 16:28
  - 1 Nephi 17:13–14
  - Mosiah 1:16–17
- Write a paragraph briefly explaining what applications we might draw from the experiences of Lehi's family as we journey in the "wilderness" of life.
- To make sure that we learn one of the lessons from 1 Nephi 16, Nephi included a summary statement, "and thus we see." Using application language for you today, fill in these blanks from 1 Nephi 17:3:

If I \_\_\_\_\_, then  
the Lord will \_\_\_\_\_ me  
and \_\_\_\_\_ me  
and \_\_\_\_\_ me.

### 4. 1 Nephi 17:23–55. Nephi's Ship

- In an effort to convince his brothers that God wanted the family to travel to the land of promise, Nephi compared their circumstances to the children of Israel, who left their home and journeyed to a promised land. Study 1 Nephi 17:23–44 and write a paragraph explaining how the children of Israel were similar to Lehi's colony.
- Answer the following questions:
  - How do you think remembering the experience of the children of Israel benefited Lehi's group?
  - In what ways do the journeys of both of these groups help you remember and understand the Lord's blessings in your life?

- Compare what Laman and Lemuel said they knew in 1 Nephi 16:38; 17:19, 22 with what they said they knew in 1 Nephi 17:55. What changed their understanding?
- c. Review 1 Nephi 17:45 and read the student manual commentary “1 Nephi 17:45: Sensitivity to Spiritual Communication” (page 39). Write answers to the following questions:
- What is meant by the term, “past feeling”?
  - What actions did President James E. Faust (1920–2007) and Elder Joseph B. Wirthlin (1917–2008) identify as contributing to someone being “past feeling”?

### 5. 1 Nephi 18. Sailing to the Promised Land

After studying 1 Nephi 18, record your answers to the following questions:

- What lessons do you learn from Nephi’s attitude while he was tied up?
- List several evidences from 1 Nephi 18 that are a fulfillment of the Lord’s prophecy in 1 Nephi 17:13.

### 6. 1 Nephi 19:1–24. Believing in the Redeemer

- a. From 1 Nephi 19:6, identify what Nephi said he was going to include on the small plates of Nephi.
- b. From 1 Nephi 19:7–14, make a list of words and phrases that are meaningful to you in describing the Savior.
- c. From 1 Nephi 19:18, 23–24, record what Nephi said his purpose was in quoting from Isaiah.
- d. Write a paragraph describing how the Book of Mormon has helped you “more fully . . . believe in the Lord [your] Redeemer.”

### 7. 1 Nephi 20:1–22. Protection for the Righteous

From 1 Nephi 20:10–22, write your answers to the following questions:

- How can the “furnace of affliction” mentioned in verse 10 refine us and help us be faithful to the Lord? You may wish to cross-reference 1 Nephi 20:10 with Doctrine and Covenants 105:5–6 (see also student manual commentary “1 Nephi 20:10: Furnace of Affliction,” page 45).
- Review 1 Nephi 20:18–22 and explain how the comparisons Isaiah used with a river, waves, sand, and gravel can accurately describe the Lord’s promises to the faithful.
- Why do you think the wicked have no peace? (see D&C 59:23).
- What did the Lord say He had done for the children of Israel up to that time?
- Fill in the blank: “I feel like the message of 1 Nephi 20 to modern Israel is: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.”

### 8. 1 Nephi 21–22. The Scattering and Gathering of Israel

- a. From what you read in each of the following scripture blocks, write a statement about some aspect of the scattering or gathering of Israel:
  - 1 Nephi 21:18–26
  - 1 Nephi 22:1–5
  - 1 Nephi 22:6–12
- b. Read 1 Nephi 22:11–25 and write a paragraph describing the different ways the Lord makes “bare his arm.”
- c. Write a paragraph on how knowing what is taught in 1 Nephi 21–22 helps you find understanding in current and future world events.
- d. According to scripture, there will be some calamities prior to the Second Coming of the Lord (see JS—M 1:28–33). Read 1 Nephi 22:15–22 and the student manual commentary “1 Nephi 22:17, 22: ‘The Righteous Need Not Fear’” (page 47) and identify the group that “need not fear” these events and why.