

# Recognizing Tender Mercies

Elder David A. Bednar of the Quorum of the Twelve Apostles has said: “The Lord’s tender mercies are the very personal and individualized blessings, strength, protection, assurances, guidance, loving-kindnesses, consolation, support, and spiritual gifts which we receive from and because of and through the Lord Jesus Christ” (“The Tender Mercies of the Lord,” *New Era*, Feb. 2012, 2).

The following are some ideas to get you thinking about tender mercies. Write about one or more of these ideas, or think of other topics that come to mind. You can write on this sheet and then place it in your journal, or just write in your journal directly. To download more sheets like this one, visit [lds.org/go/22A](http://lds.org/go/22A). **NE**

*Grab a pen and record the special blessings you’ve received.*

A tender mercy I saw in my family’s life: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

A tender mercy I experienced as an answer to prayer: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

A tender mercy I had at school: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

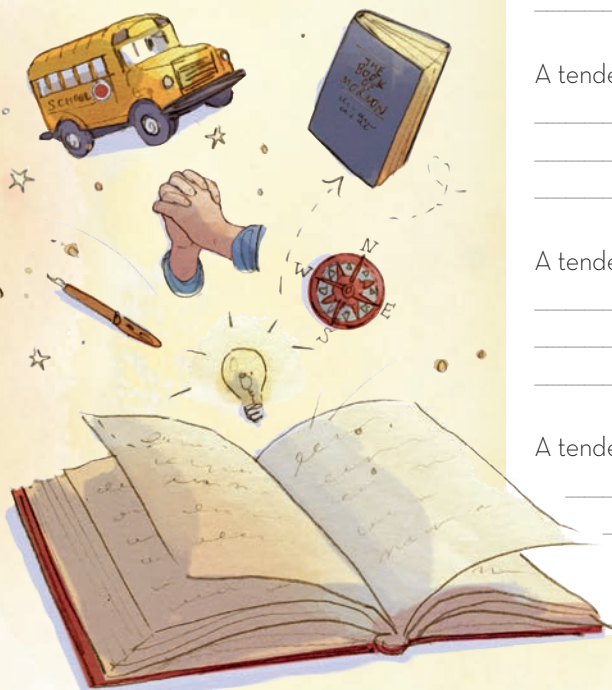
A tender mercy I had while reading the scriptures: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

A tender mercy where I felt protection: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

A tender mercy where I felt an assurance: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

A tender mercy where I felt guidance: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

A tender mercy where I felt loving-kindness: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



# Recognizing Tender Mercies

Grab a pen and record the special blessings you've received.

A tender mercy I saw in my family's life: \_\_\_\_\_

---

---

---

---

---

---

A tender mercy I experienced as an answer to prayer: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy I had at school: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy I had while reading the scriptures: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt protection: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt an assurance: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt guidance: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt loving-kindness: \_\_\_\_\_

---

---

---

---

---

---

---

# Recognizing Tender Mercies

Grab a pen and record the special blessings you've received.

A tender mercy I saw in my family's life: \_\_\_\_\_

---

---

---

---

---

---

A tender mercy I experienced as an answer to prayer: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy I had at school: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy I had while reading the scriptures: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt protection: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt an assurance: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt guidance: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt loving-kindness: \_\_\_\_\_

---

---

---

---

---

---

---

# Recognizing Tender Mercies

Grab a pen and record the special blessings you've received.

A tender mercy I saw in my family's life: \_\_\_\_\_

---

---

---

---

---

---

A tender mercy I experienced as an answer to prayer: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy I had at school: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy I had while reading the scriptures: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt protection: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt an assurance: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt guidance: \_\_\_\_\_

---

---

---

---

---

---

---

A tender mercy where I felt loving-kindness: \_\_\_\_\_

---

---

---

---

---

---

---