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Overview

There are several item we need you to be aware of as your camp approaches.

- Please be advised that Mutual Dell Youth Camps, Confidence Courses, and the Forest Amphitheatre are built into the side of a Mountain. There is no parking close to these camps and it is necessary for campers and leaders to hike up into these areas. Some of the trails are steep and narrow.

- Girls need to be assigned to clean the restroom twice a day and they will need a Young Women’s Leader with them every time. Please provide a schedule of who will be cleaning what bathroom and when to the Camp Host.

- Missionaries would like to do a short orientation for your group at 11:00 am on the first day of camp at the CCC Amphitheater. Groups may be combined for this orientation.

- The Forest Service has instructed us that only 35 people from Mutual Dell can be at the Tibble Fork Reservoir at one time. This includes young women, leaders, priesthood and missionaries. This means that if you have 2 YW leaders and 2 Priesthood brethren, then you can only have 31 young women at any given time.

- When transporting to the lake do not leave the girls without transportation, if it rains and thunders they need to have a way to get to shelter or return to camp. Please understand that there is no communication back to the camp, so those transporting will have to remain at the lake including the vehicles pulling the canoes until activity is done. We will also need 2 adult priesthood holders at the lake at all times.

- An adequate number of adult priesthood leaders should be at camp at all times to assist with security, participate in camp activities, and give blessings when appropriate.

- We have great training for the confidence courses. This will be done on the 1st day of camp right after orientation. Please send two YW leaders for this training.

- For any physically challenged girls, we have 3 campsite designated, please let us know if your ward have physically challenged girls so we can assist in accommodating your ward. Bear’s Lair, Maple Grove, Boogyman Hollow and most of the family camps. Please be aware it is the ward’s responsibility to provide transportation for these young women. Missionaries will assist where possible.

- We need 5 leaders to assist in running the Zip Line at the start of your assigned times. Anyone using the Zip Line must have closed toed shoes.

Mutual Dell Camp is a mountain facility developed by the Stakes of The Church of Jesus Christ of Latter-day Saints of North Utah County. It provides a setting in the mountains away from the
world where the Young Women program can be implemented. The purpose of Young Women camp is:

- to help young women recognize and appreciate their identity as a daughter of God;
- to teach young women to feel and recognize the Spirit;
- to prepare young women for their future roles; and
- to help young women keep their baptismal covenants

(Young Women General Board Workshop, Fall 2003)

*Note: This document does not define the Young Women Camp Program. Rather, it is intended to define the guidelines and procedures that have been established for the use and management of the Mutual Dell Camp. The Church Handbook of Instructions, The Young Women Camp Manual, For the Strength of Youth should be followed when attending the camp.

Young Women Camp Guidelines
Transportation and Parking

- Stakes and Wards may transport young women by private vehicles or bus. (Church Handbook of Instructions, p. 280) Each driver must be a licensed, responsible adult 21 years of age or older. "Participants in Church activities should be covered by personal accident and health insurance." (Church Handbook of Instructions, p. 277)
- When driving private vehicles, after unloading, drivers will be asked to park in designated parking areas for the duration of camp. We will attempt to park trailers as close to the camps as possible however there is no guarantee.
- Mutual Dell has only four RV parking spaces and each RV will use three of your allotted parking spaces.
- Please note that parking is limited at Mutual Dell and when it is full, no other vehicles will be allowed into the camp. PLEASE CARPOOL.

Participants

- Leaders and young women may arrive on Monday or Tuesday (the Camp Managers need to know when you plan to set up and start camp) and should depart not later than noon on Friday. "Young women and leaders are strongly encouraged to stay for the entire duration of the camp. Please limit late arrivals and early departures." The gate is closed each night to keep unwanted traffic from coming in and out. Gates close at 10:00 pm and opens at 7:00 am (Mutual Dell Advisory Council)
- **Young men (under 21),** and single men are not permitted in camp when young women groups are in camp. Once the young women are in camp young men will **NOT** be allowed to assist in hauling supplies and setting up camp.
Safety & Security

- **The safety of the young women is the responsibility of the stake/ward leaders.** An adequate number of adult priesthood leaders should be at camp at all times to assist with security, participate in camp activities, and give blessings when appropriate.

- **A "Camp Church Activity Permission and Authorization" form must be signed for each young woman.** A signed copy of this form should be brought to camp for use by your stake/ward medical personnel.

- **"Participants in Church activities should be covered by personal accident and health insurance."** *(Church Handbook of Instructions, p. 277)*

- Young women should be in their camp sites by 10:00 p.m. Lights should be turned out and young women quiet by 11:00 p.m.

- Walkie-talkies are encouraged for coordinating group activities in camp. Stake and Ward groups will need to provide their own.

- There are no public phones in camp. There is no cell phone coverage at Mutual Dell. For emergencies there is a telephone available at the Dell Manager’s cabin. Youth needing to use the phone must be accompanied by an adult.

- For Parents and Guardians -To contact camp, the Stake President or Bishop should be contacted first. He or one of his counselors will then place the call to the camp. The phone number here at the cabin is 801-851-2888. Please Note: the cabin is not always manned so some messages will go to an answering machine. Do to the size of the camps we can only accommodate emergency calls.

- **Make sure that a nurse, doctor, or person with mature judgment and first-aid experience is in camp for the entire time.**

- This individual should be trained in CPR and be prepared to treat typical and emergency camping related ailments and injuries. Medical supplies are to be provided by each stake/ward. The nearest hospital is 10 miles away in American Fork.

- Have transportation available at all times in case of emergency.

- **Emergency procedures** are in place for the safety of all. Emergency procedures will be explained by the camp missionary host during the camp orientation meeting.
  - **Accountability Checks** – Young Women Leaders should do an accountability check on the whereabouts of each Young Woman and leaders. This should be done on a regular basis throughout the day. A minimum of morning, noon and night.
  - **Fire.** In the event of fire, all campers should assemble at ball field area near the entry roads. Follow the camp host’s instructions. Do not return to camping areas
until instructed to do so. Do not leave camp unless instructed to do so by the camp missionaries.

- **Earthquakes and severe storms.** In the event of an earthquake or severe storm, remain in your assigned camp area. Do not go into damaged buildings. Report medical needs to the camp missionaries. In the event of lightning storms proceed to the main lodge or pavilions.

**Fires, Cooking & Fuels**

- **Fires are permitted in designated fire rings ONLY.** Fires must be attended at all times or extinguished completely. **No candles,** lighter fluid, or fireworks of any kind are permitted. Fire restrictions may require temporary termination of all fires in camp. Leaders should review fire prevention guidelines with the young women at the beginning of camp. (*Young Women Camp Manual*, p. 32-34.) Locate fire extinguishers in each building and teach the young women their proper use.

- Pavilions and Lodges are set up with Camp Chef© type propane stoves. Please bring your own propane bottles. Cooking is permitted with adult supervision unless otherwise directed by the camp host or State Fire Marshall. Propane stoves and lanterns are only to be used outside of the tents. Dutch oven cooking is only permitted in the fire rings or on the BBQ stands, not on the cement pads. Discard used briquettes in the fire rings and extinguish them properly.

- **Fires are NOT permitted on hiking trails at any time for any reason!**

**Activities**

- **Confidence Course.** Mutual Dell has a 6 station confidence course located along the Nature Trail. It consists of a “Cable Walk”, “Climbing Wall”, “Spider’s Web”, “Shark Island”, “Lifeline” and “Blind Tag”. The object at each of these stations is to encourage a team building experience. “Cable Walk”, “Climbing Wall” and “Shark Island” all require a trained Missionary to conduct these activities. Missionaries will train Ward or Stake leaders to designate at least one person to be responsible for conducting the activities at each of these stations. At least one Young Woman leader should accompany each group of 15 YW. (Our missionaries are trained to assist with the running of these activities, but the Host missionary couple need to know who wishes the help so we can assign it appropriately.

- **Water Front (Tibble Fork).** Per USFS directive, No more than 35 people from Mutual Dell at the lake at the same time. This includes Young Women, YW Leaders, Priesthood Brethren and Missionaries. Plan your groups for 90 minute intervals to allow for transition between groups. The waterfront director, provided by Stake or Ward, is responsible for safety in the waterfront area. When at the waterfront, young women and leaders should obey the instructions of the waterfront director at all times. The
waterfront director gives instructions to each group for lake and canoe safety. The waterfront director will determine weather conditions that are unsafe for canoeing.

- Each stake/ward will provide adult leaders responsible for supervision and assisting the waterfront director during its waterfront time.
- No swimming, wading or swamping of canoes is permitted. If anyone goes into the water, they will need to swim to shore to reenter the canoe.

**Water Safety**

Discipline should be maintained at all times. Activities must be well-organized and supervised. Realistic safety rules should be made and explained to all campers. The following guidelines will help you maintain safety during water sports:

1. An adult trained in water safety should be present and in charge during any water activity.
2. One Young Women leader or priesthood brother, who is competent in canoeing and water safety must be in a canoe to assist distressed canoers. (Must carry a squirt gun to soak other canoers.)
3. Consult the Parental or Guardian Permission and Medical Release form (see p. 89) to determine which young women have physical conditions that would limit their participation in water activities.
4. Become familiar with the depth of the water and any possible hazards. Plan activities that are safe.
5. Make sure that all participants in water activities use the buddy system. This means that they are assigned to someone of equal swimming ability to swim near and check with.
6. Make sure that all young women can be easily observed during their activities. One or more lifeguards should be on duty, and a lifeline should be available on shore. (See “Drowning,” p. 45.)
7. Post or review the safety rules for swimming and boating at waterfront areas.

- **Zip Line.** The zip line is a high risk activity and everyone should be aware of those risks.
  - Each individual is required to attend a safety orientation prior to using the zip line.
  - Groups are responsible for providing a minimum of five (5) physically active adults to run the launch and dismount points.
They will be trained by the missionaries in charge at the beginning of the session. They must remain for the full hour, no substitutions.

No one is allowed to use the zip line unless they are wearing the appropriate safety equipment, i.e., helmet, climbing harness, carabineers, and related safety straps and closed toed shoes.

Using the zip line with just a pulley and handle is not allowed. This is a “Challenge by choice” activity.

Only positive encouragement should be used by leaders and piers.

- **Overnight backpack campsites** are available for certification purposes only. They are not accessible by private vehicle. Young women and leaders should plan to backpack in and carry all needed supplies. There is no potable water at the overnight backpack campsites. These campsites should be left clean.

**General Conservation and Safety**

- Nails, screws, tape, tacks, and staples are not permitted for use in or on cabins, buildings, signs, or vegetation. Please use push/pull type pins or staples (1/4 inch or shorter).

- Preserve natural vegetation. Do not pick wildflowers or foliage. Do not cut standing dead trees.

- Stay on existing trails. Do not create new trails by cutting cross country to visit another camp site.

- Water conservation is encouraged. No lengthy showers.

- No pets are allowed.

- Individual radios, CD players, and cell phones are not permitted for young women.

- Bicycles, skateboards, roller-blades, ATV’s and recreational vehicles of any type are not permitted. Missionary staff is authorized to use ATV’s only. Please let your assigned missionaries know if you need assistance. They are willing to haul heavy items to camps for you, but please be considerate.

- Riding outside of motor vehicles or in the back of pick-up trucks, trailers, etc. is not permitted.
Stake / Ward Responsibilities

1. **Priesthood Leaders**
   - Each stake, if coming as a stake, or ward, if coming as a ward, should have an adequate number of Melchizedek Priesthood leaders in camp at all times based on the number of wards. At least 2 per ward.
   - The main responsibility of Priesthood Leaders is to assist Young Women Leaders with the physical safety and spiritual nature of camp. Priesthood support for the adherence to camp guidelines is crucial for the accomplishment of these objectives. *(Mutual Dell Advisory Council)*
   - Priesthood leaders should abide by all camp guidelines and dress standards. "Priesthood leaders at camp should not bring family members with them. Their focus and attention should be on the Young Women program." *(Mutual Dell Advisory Council)*
   - Priesthood leaders are to stay in tents at the group’s assigned campsite, not with their wives. Priesthood leaders must be married and 21 years of age or older. No young men or single men are permitted in camp while Young Women are in camp.
   - Two additional priesthood leaders are required to accompany hikers at each overnight backpack campsite. The additional leaders may go home as soon as the group rejoins the stake/ward. Two priesthood leaders must stay with the stake/ward at base camp.
   - An invitation to complete volunteer service assignments may be extended to all invited stakes prior to or during camp. Assignments may include general cleanup, building trails, or cutting firewood.

2. **Young Women Leaders**
   - A minimum of two Young Women leaders is required from each stake and ward. Camp management recommends one leader for every eight young women.
   - Young Women Leaders are responsible to ensure that participants adhere to camp procedures and guidelines.
   - "When staying in tents, youth may not stay in the tent of an adult leader unless the leader is his or her parent or guardian. If Young Women leaders and young women share other overnight facilities, such as a cabin, there must be at least two adult women in the facility." *(Young Women Camp Manual (2002), p. 90)*
   - Ensure that check-in and check-out procedures are followed. Upon arrival, a check-in form will be presented by the camp host. Use this form to record any
damage or needed repairs. Then return the form to the camp host. At the conclusion of camp, go through assigned campsites again, using the check-out form to note any further repairs or maintenance needs. Please clean all facilities used by your unit while at camp, including cabins, restrooms, showers, pavilions, kitchens, and cooking facilities. These areas must then be checked by the missionaries assigned to your camp prior to your departure. Cleaning supplies are provided. Cost for vandalism, including graffiti and broken or lost equipment, will be assessed to the responsible stake/ward.

- **A mandatory orientation meeting for all campers will be held immediately upon arrival at camp.** Meet at the CCC Amphitheater near the Lodge. This will be held at 11 am unless otherwise notified.

- **Restrooms should be checked twice daily for needed supplies and cleaned twice daily by each stake/ward.** All floors (including stalls) should be swept; toilets, sinks, and showers scrubbed; mirrors shined; and equipment returned to storage. All floors should be scrubbed when you do the final cleaning at the end of the camp week. Cleaning supplies, including gloves, are provided. **Sanitary supplies should be deposited in cans or bags, NOT in the toilets!** All trash should be emptied twice a day.

- **Each Stake or ward need to provide the Camp Host** a list of where each ward will be camped, two weeks prior to camp and a daily itinerary so they know where to locate groups in case of emergency.

**Additional Guidelines for Young Women Camps**

- **Pregnant women and those with high blood pressure or breathing difficulties are strongly discouraged from attending the camp**

- “Dress standards for safety and protection have been established as long pants (no shorts), full length shirts (to cover stomach area) with short or long sleeves, and footwear that is comfortable and will protect your feet.” Wearing of flip flops is to, from and in the shower. Those participating in the various activities, zip line, canoeing, confidence course, MUST wear appropriate closed toe footwear to reduce the risk of foot injuries. *(Mutual Dell Advisory Council)* Standards outlined in For the Strength of Youth should be followed.

- The buddy system is strongly recommended.

- Be good friends and neighbors.

- Plan and administer your camp program in a way that will not interfere with the other groups at camp. Be mindful of others sharing your camp area when using sound equipment. Remain in your assigned camp and common areas. Walk around, not through, other camps.
• Camp security recommends a head count be taken at breakfast, lunch, dinner, and at 11:00 p.m. If someone is missing, contact the camp host immediately.

General Information about Mutual Dell

• Camp is closed Sundays. No camp activities will be scheduled.

• Restroom supplies, toilet paper, towels, and hand soap are provided by the camp. Soap is not supplied in the showers. Glass containers are not allowed in bathrooms or showers.

• In the Lodge, minimal kitchen supplies are provided and must remain in the Lodge. They will be inventoried when you check in and out. A list can be provided before you come so you know what is here. Dish cloths and rags ARE NOT provided.

• There are mandatory cleaning rules when using Mutual Dell. This will be checked with the inventory check in/out.

• A Church service missionary couple will act as camp hosts for each camp.

• Food and supplies may be transported to camp in wheel barrows, and with the aid of the missionary couple assigned to your camp (they have ATV’s to assist in transporting heavy items). No one else is allowed the use of an ATV at Mutual Dell.

• The altitude at camp is approximately 6500 feet. Most campsites are some distance from parking and the trails can be somewhat strenuous for persons not used to hiking at altitude. Please consider this when coming to Mutual Dell.

• Weather on the mountain varies greatly. Be prepared.

• This is a mountain camp. There are ticks, snakes, stinging nettle, bees, and other mountain insects and plants. There are deer, mountains lions, moose, bear, and elk. Although the mountain trails are marked, they are rough trails. When on the trails be alert and observe safe hiking practices. (Young Women Camp Manual (2002), p. 52)

Restrooms

Need To Be Cleaned Twice Every Day. Once In the Mid-Morning and Once In the Late Afternoon/Evening
On Friday Morning – one last very thorough cleaning before going home on Friday morning.

Restroom/Shower Cleaning

1. Put on gloves.
2. Spray shower walls, curtains, sink and entire toilet (outside and inside the bowl) with H2Orange2 (Red Label) cleaner.
   a. Let sit for 2-3 minutes.
   b. While it sits…
      • Spray mirror and sink with (Green label) cleaner and wipe with paper towel, removing all streaks.
      • Wipe down light switches, door handles, soap and towel Dispensers and toilet paper holders with clean rag sprayed with (Red label) cleaner.
      • Check stall walls and clean where needed with (Red label) cleaner.
      • Remove bag from sanitary supplies receptacle, replace liner and wipe off with (Red label) cleaner.
3. Use brush to clean toilet bowl. Wipe off seat, outer bowl and base of toilet with clean rag.
4. Wipe down shower walls, curtains, sink and faucet with clean rag.
5. Spray the inside of entry doors with (Red label) cleaner and wipe down with rag.
7. Sweep and mop floor. (Use 2oz. (Red Label) cleaner in mop bucket with water.
8. Empty trash and replace liner. **TAKE ALL TRASH WITH YOU.**

**Cleaning Guidelines**

1. Cleaning supplies are in the closets in the restrooms in the group site area and the restroom south of the lodge. The paper products are in tote boxes or on the shelves. Please make sure the lids are replaced each time so mice will not get into the boxes. In the restrooms east of the lodge the supplies are in the Women’s restroom. Supplies are in upper and lower lodge for indoor restrooms.
2. All restrooms are to be cleaned that are used by the Young Women as well as their Priesthood leaders.
3. If more than one Stake is in camp, the missionaries will assign certain restrooms to each group.
4. If you are having a Closed Stake Camp you may plan your own schedule for cleaning restrooms. Those sharing the camp with other wards must adhere to the schedule suggested at the top of this page. Please contact the missionary couple assigned to your camp if you run out of supplies.

Do not remove cleaning supplies from one restroom to take to another. There are cleaning supplies in each area.

Location of Supplies
Instructions are taped to the door of storage room or wall close by.

1. CAMPGROUND RR- Supplies in middle door in front.

2. COMPOSTING TOILETS – Supplies in storage room under restrooms, access from trail coming from Cow Camp. Don’t forget to add 2 cups saw dust to each toilet daily. Keep lids closed.

3. WOODSHED RR – Supplies in middle door in front. Same as campground restroom.

4. LODGE OUTSIDE RR – Supplies in Women’s restroom around corner.

5. LODGE INSIDE UP RR – Supplies in utility room behind kitchen or under sinks in RR.

6. LODGE INSIDE DOWN RR – Supplies in storage room under stairs.

CANOES USE AND RULES.

The trailer takes a 2” ball hitch to transport the canoes to Tibble Fork. Canyon pass needed for vehicles going to Tibble Fork.

- Mutual Dell canoes can go to Tibble Fork only.
- No more than 35 people from Mutual Dell at the lake at the same time. This includes Young Women, YW Leaders, Priesthood Brethren and Missionaries.
- No horseplay or swamping of the canoes allowed!
- Anyone entering the water must swim to shore and walk back to the launch area. Do not attempt to reinter the canoe while away from shore
• Lift canoes in and out of the water. Do not drag.
• No more than 3 persons in a canoe at the same time. 450 lb. total weight.
• Life jackets must be worn at all times.
• Make sure you have a strong swimmer in your group in case of an emergency.
• If a storm is approaching (thunder, lightning) get off the lake immediately.
• Upon return, hose off canoes as needed and hang wet jackets out to dry as needed.

Canoe Policy

Approved Use Of Mutual Dell Canoes At Tibble Fork. Canoes Are Not To Leave American Fork Canyon! Each Participating Stake Is Responsible To Implement This Policy.

• All groups using the canoes must have a waterfront supervisor who is knowledgeable in canoes and lifesaving to supervise the use and safety of this equipment.
• There cannot be more than 35 people from Mutual Dell at Tibble Fork Reservoir at one time. There will be NO more than 3 people in any canoe.
• One person who is competent in canoeing and water safety must be on the lake to provide assistance to distressed canoers.
• Two Priesthood Brethren must be provided by the group checking the canoes out and will accompany the YW to the lake. It will be their primary responsibility to see that the youth and leaders follow all rules and procedures in this directive.
• Properly fitted U. S. Coast Guard-approved personal flotation devices (PFDs) must be worn by all persons in a canoe at all times. These are available in a one-size fits all, except for there are no young children and toddler sizes.
• Leaders must have transportation available at all times in case of emergency. Transport vehicles must stay at the lake in case of lightening or sever rain storm
• Boats, paddles and lifejackets must be returned to their proper storage place. Wet lifejackets are to be hung out to dry on the line near the canoe storage area.
• For your safety, boating is only in daylight hours.
• When canoeing on the lake, please stay at least 50 feet from fishermen out of courtesy.
• All participating youth and leaders should be in good physical condition and present a health history from parent, legal guardian, or physician according to requirement of group they are participating with. (BSA, YW YM, etc.) Submit to the leader of the group, not the Mutual Dell managers.
• There will no swamping of the canoes (exception is for BSA requirements for merit badge) or pushing kids into the lake. No changing position or boats.
• If someone falls in the lake, they cannot get back into the canoe, they must swim to shore.
• Courtesy must be of utmost importance while on the lake. Be courteous especially to the fishermen and others who are in the vicinity. You most likely will not be the only ones on the lake.
• All participants must understand and respect the rules. Rules should be explained before going to the lake. Youth who do not follow the rules will be removed from the water and taken back to camp.
• Have a plan and make sure you are following rules of the Forest Service while at the lake.
• Check weather conditions. NO ONE should be on the lake if there is thunder or lightening. At the first sound of thunder all canoes should be called in immediately.
• Equipment is to be checked out and back in with missionary couple, making sure all paddles, and PFDs are accounted for and everything has been cleaned properly.
• $100 DEPOSIT REQUIRED TO USE THE CANOES for families. As a ward your Bishop is responsible for any damaged or lost items and will be charged for them. (This charge is already covered for girl’s camp wards and stakes.)
The Zip Line is specifically for the use of the Girls for Girls Camp. Others can use it when available.

Rules will be as follows:

1. Sessions are in one hour’s blocks of time at $50 per session. (Girls Camp excepted)
   a. For smaller groups, you may want to combine with another small group.
2. The zip line was designed for the young women at Girls Camp. Due to the one hour session, families are encouraged to limit rides to persons 4 years of age minimum up to and including 18 years of age.
3. There is a 200 pound weight limit.
4. Sessions must be reserved prior to arrival at camp with the camp scheduler.
5. Sturdy, closed toe shoes are required. No open toe sandals.
6. No upside down on zip line. Head must be above waist at all times. The harnesses are not designed for inverted operation. Violation of this rule will result in immediate closure of course for the group involved.
7. Course is supervised by Missionaries and requires a minimum of five adult volunteers to run the course. (Volunteers will be trained by Missionaries.)
8. Safety is our highest priority. Anything unsafe on the course will result in the course being shut down. Missionaries have complete control and final say over all course matters.
9. Any weather related condition resulting in unsafe conditions, such as Lightning, High Winds, snow, sleet, and rain will require the course be closed. Course must remain closed for at least 30 minutes after the last lightning spotted or thunder heard. Due to these limitations, it is suggested that guests who have never ridden the zip line be allowed to go first.

*Note that Zip Line may be closed down when parking is needed for high camper occupancy. There are no make-up times for course closures.*
Camp Service Projects

Purpose: Service is a key component of the gospel plan. As youth learn to serve others they will see that it is a key ingredient in a successful life.

1. Safety! Each service project should begin with a prayer and a request from heavenly father for safety and protection of all who participate.
   a. Instructions will be given by the missionaries and/or leaders as to the safe procedure in using the needed tools and execution of the job at hand so that nobody is in a position to suffer any kind of injury or accident.
   b. Sufficient adult leaders are needed (one for each ten youth) to supervise and insure safe procedures.

2. Recommended group size is 10-20 persons. One hour of time is allotted for each group.

3. Each service project will be organized and executed in a fashion as to accomplish a spiritual and learning experience for the youth.
   a. Missionaries and leaders will explain how service is a key component of the gospel plan.
   b. They will talk about and explain how work, and the feeling of accomplishment, is a key ingredient for a successful life in their future.
   c. The missionaries strive to be in tune and rely on the Holy Spirit to inspire them as to what is needed to be taught to their individual group, and use the project as an object lesson to teach that.

4. The actual work should stop at about ten minutes before the designated closing time to allow a period of “reflection” on the experience and facilitate the suggestions noted above. This time can also be an opportunity for the youth to express their feelings related the service project.