

# the Friend junior



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# For Parents of Little Ones

“We believe in God, the Eternal Father, and in His Son, Jesus Christ, and in the Holy Ghost” ([Articles of Faith 1:1](#)). This simple article of faith teaches wonderful eternal truths. But young children can easily get confused about who the members of the Godhead are and the role each one plays in our life.



## Here are some ideas to help your little ones better understand the Godhead:

■ Show them a picture of the First Vision and talk about it. “Joseph Smith saw Heavenly Father and Jesus Christ. They are two people! And look, do you see Their eyes, mouths, hair, and hands? They have bodies like us!”

■ When your child prays, point out that they’re talking to their Father in Heaven. When they choose the right, they’re following Jesus. When they have happy feelings after making a good choice, those feelings come from the Holy Ghost.

■ Some hear “Holy Ghost” and think of a scary ghost. Use something comforting like a blanket to cuddle together as you explain: “We can’t see the Holy Ghost. But we can feel Him, like a warm blanket around our heart. Heavenly Father sends the Holy Ghost to help us.”

■ Use this action rhyme to help them remember what they’ve learned: “I pray to my Heavenly Father [fold arms]. I follow Jesus by choosing the right [walk in place]. The Holy Ghost can comfort me and help me feel warm and light [wrap arms around yourself in a hug].”

# Hi, Friends!



We helped a grandpa with his wife, who couldn't get around well. We sat with her so he could grocery shop. We sang Primary songs, and she liked us!

**Walt, Adriana, and Abram, ages 2, 6, and 1, North Carolina, USA**



I shine my light by sharing my food!

**Brayden, age 3, Virginia, USA**



I like to play at the park and remember to treat others with kindness.

**Ben, age 5, Somerset, England**



When I go to church, I feel love.

**Giselle, age 5, Arizona, USA**

# Tara's Sabbath Day

By Jennifer Maddy



After church Tara puts away her shiny shoes.



She looks at her Book of Mormon picture book.



She draws a picture to send to her auntie.



While Dad and Mom make dinner, Tara plays with her baby brother.



Then she sets the table.



"Tara, thank you for helping our family have a happy Sabbath day!" says Dad.

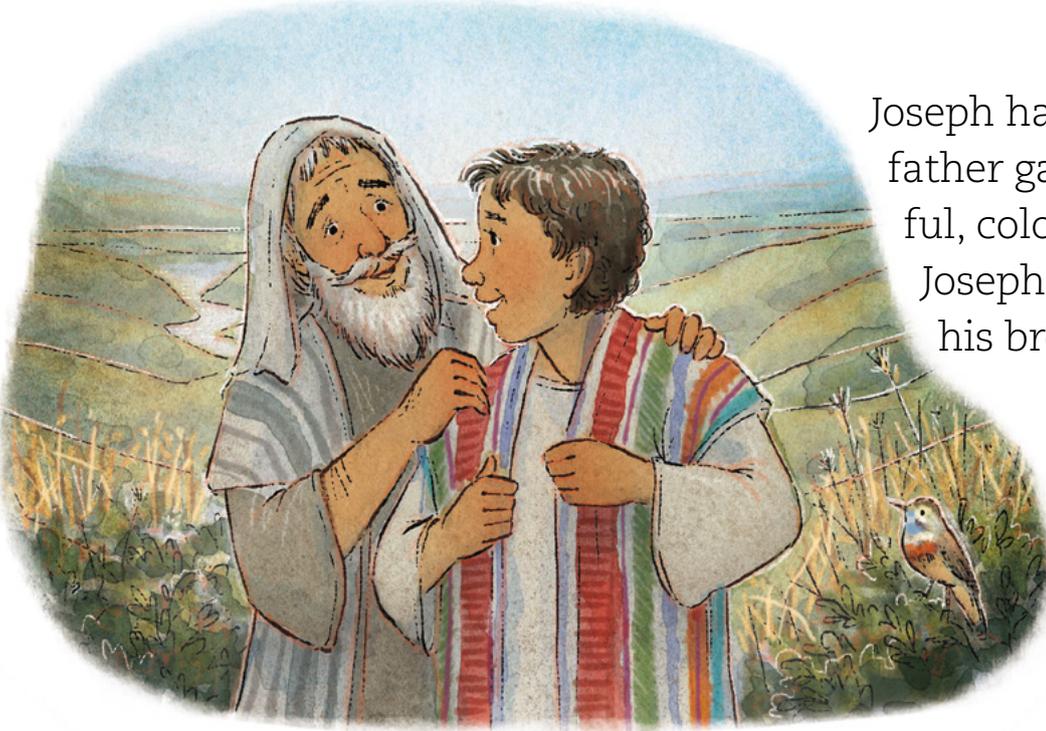
# Sunday Is a Happy Day

Trace your finger along the line to help Tara move through her Sabbath day. Can you tell what she does to make Sunday a happy day?

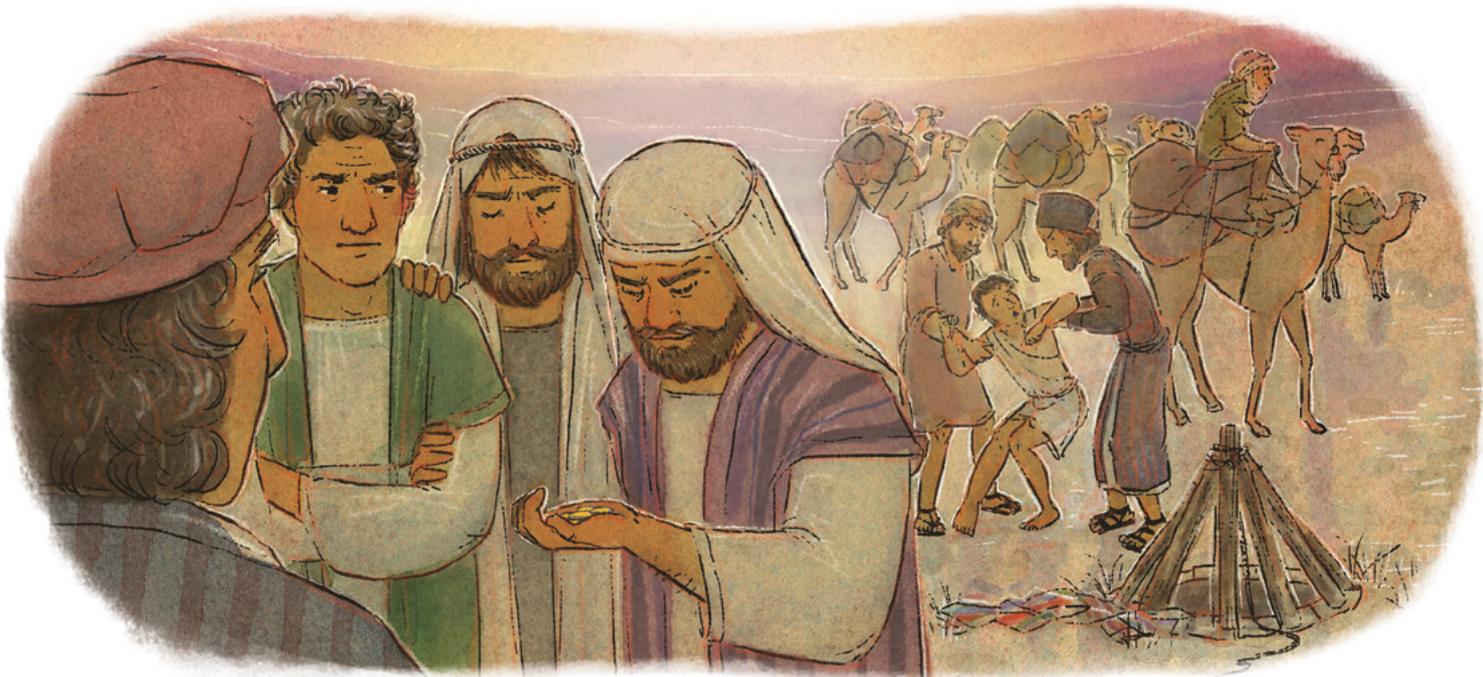


# Joseph Trusted God

By Kim Webb Reid

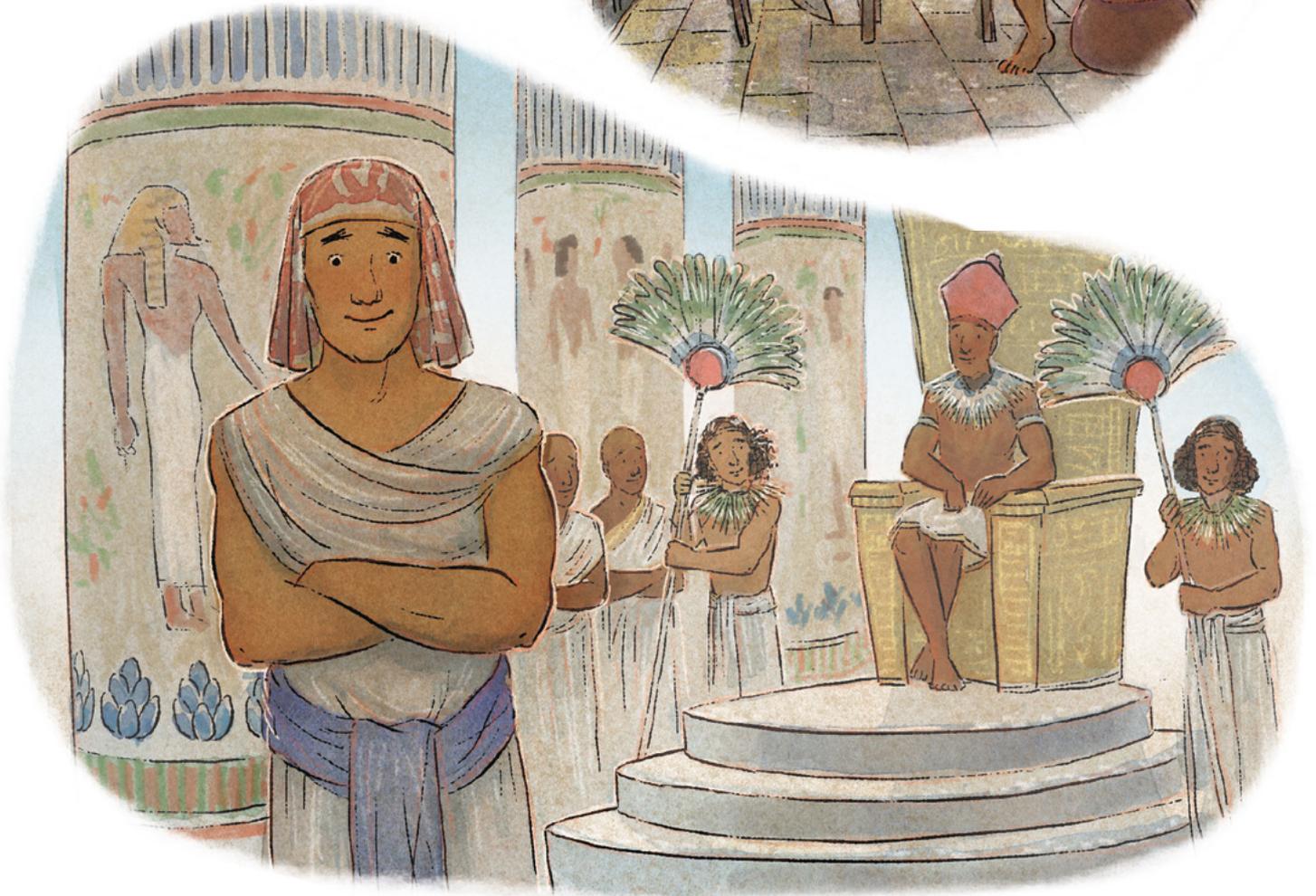
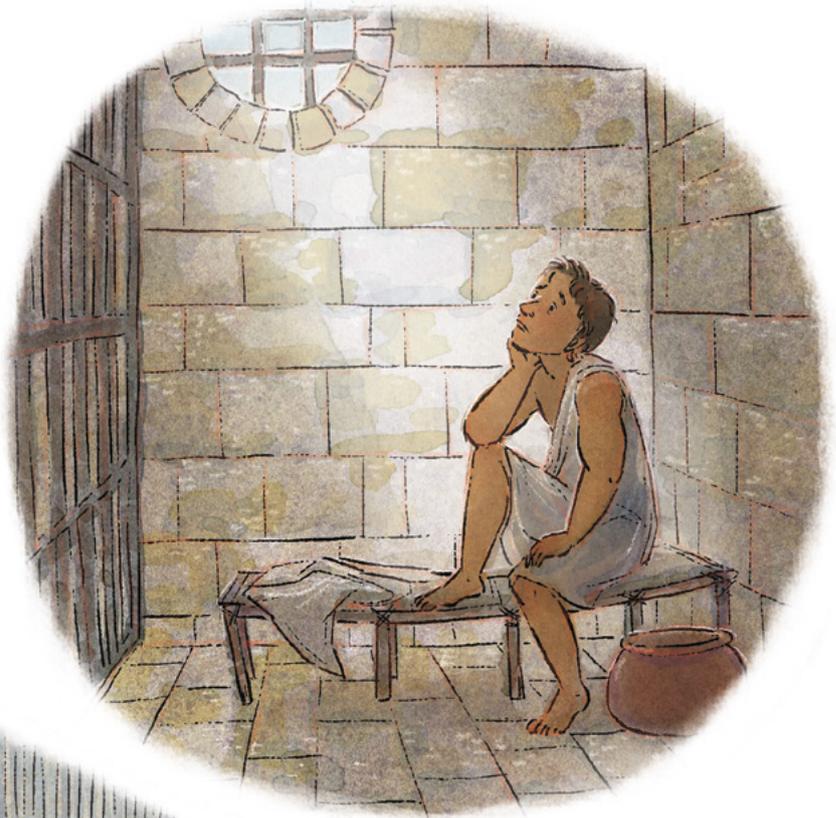


Joseph had 11 brothers. His father gave him a beautiful, colorful coat. God told Joseph that he would lead his brothers.



Joseph's older brothers were angry. They didn't want Joseph to be their leader! They sold him to people going to Egypt, and he became a slave.

Joseph worked hard. He made good choices, even when people lied about him and put him in prison.



Even during the hard times, Joseph trusted God. And God was with Joseph. Joseph became a leader in Egypt! When he got older, he helped lead his family, just like God said he would.



I can trust God like Joseph did. I can choose the right.  
God will be with me no matter what. ◆

*From Genesis 37-41.*

# Jesus Says, "Come, Follow Me."



# Jesus Is Our Friend

**By Heather J. Johnson**

(Based on a true story)

One day Carson went to the doctor's office with his mom.

Carson and Mom sat next to a lady in the waiting room. She had a baby with her. Carson said hello to the lady. He said hello to the baby. Carson loved making new friends!

Carson found a book with stories from the Bible. He showed it to his mom. Then he showed it to his new friend.

"Will you read me a story, please?" Carson asked the lady. "I want to read this Jesus book."





The lady smiled at Carson and nodded. She looked at the book.

“Do you like books about Jesus?” she asked Carson.

Carson nodded. “Yes! Jesus is my friend.” Carson looked up at the lady. “Are you Jesus’s friend?”

The lady thought for a second.

“Hmm. I guess He’s my friend. I’ve never thought about it,” she said.

“Well, you can be friends with Jesus, because He loves you,” Carson said. “I like reading stories about Jesus because He loves me.”

The lady flipped through the book.

“I used to read the Bible sometimes. I should read it again,” she said.

“If you follow Jesus, then you’ll be happy,” Carson said. “If you follow the bad guys, you won’t be happy.”

Just then the nurse came to get the lady and her baby.

Carson waved goodbye. The lady smiled and waved back. Carson felt happy. He liked talking to people about Jesus! ◆

The author lives in Idaho, USA.