

# Seven Days until Easter

In the scriptures, we can read seven things Jesus Christ said while He was on the cross. Starting the Sunday before Easter, read the scripture for each day and color part of the picture. (Start with number 7.)

3

**"I thirst" (John 19:28).**

Jesus felt pain and was terribly thirsty. He understands whenever you feel sick or tired or hurt. Jesus wants us to help others who are ill or tired. What can you do to help someone in your family who isn't feeling well or is very tired?

2

**"It is finished" (John 19:30).**

Even though what Jesus was doing was really hard and hurt a lot, He didn't give up. He kept on doing the right thing because He loves us and He loves Heavenly Father. Sometimes we might feel like giving up, but we can choose to keep trying. What's something hard that you have done lately?

7

**"Father, forgive them; for they know not what they do" (Luke 23:34).**

Jesus forgave those who hurt Him. We should forgive other people too. Is there someone you can forgive?

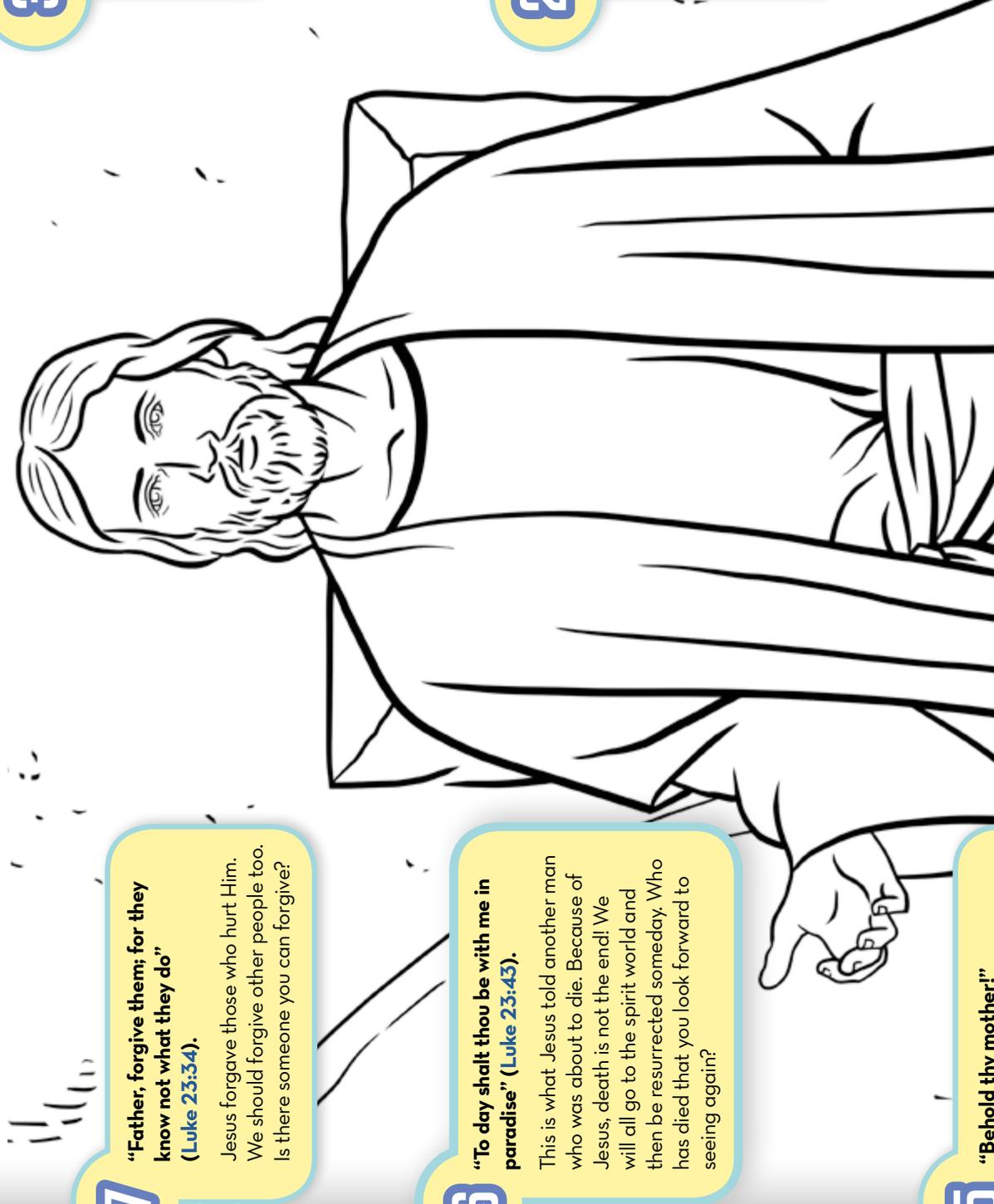
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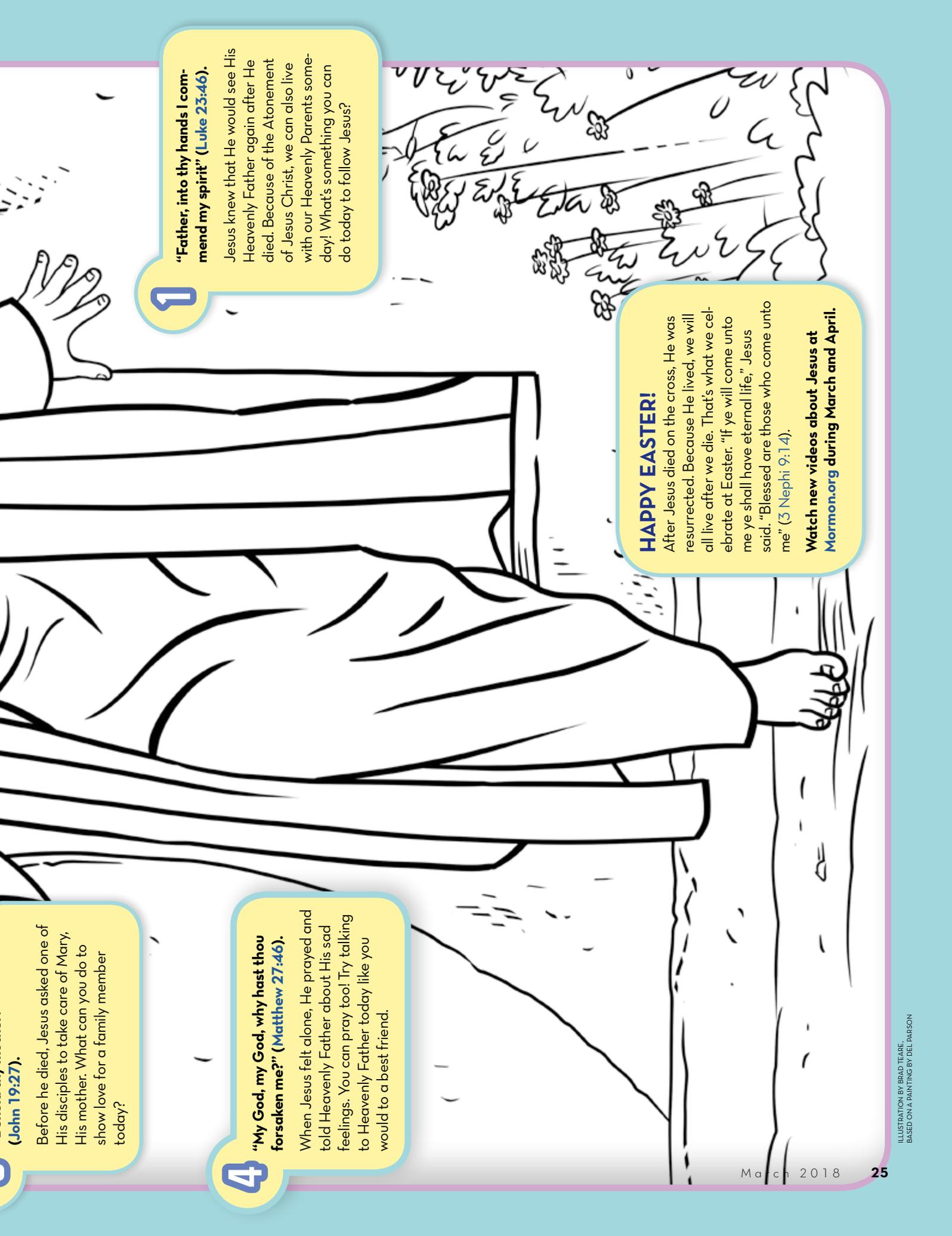
**"To day shalt thou be with me in paradise" (Luke 23:43).**

This is what Jesus told another man who was about to die. Because of Jesus, death is not the end! We will all go to the spirit world and then be resurrected someday. Who has died that you look forward to seeing again?

5

**"Behold thy mother!"**





**(John 19:27).**

Before he died, Jesus asked one of His disciples to take care of Mary, His mother. What can you do to show love for a family member today?

**1**

**“Father, into thy hands I commend my spirit” (Luke 23:46).**

Jesus knew that He would see His Heavenly Father again after He died. Because of the Atonement of Jesus Christ, we can also live with our Heavenly Parents someday! What’s something you can do today to follow Jesus?

**4**

**“My God, my God, why hast thou forsaken me?” (Matthew 27:46).**

When Jesus felt alone, He prayed and told Heavenly Father about His sad feelings. You can pray too! Try talking to Heavenly Father today like you would to a best friend.

**HAPPY EASTER!**

After Jesus died on the cross, He was resurrected. Because He lived, we will all live after we die. That’s what we celebrate at Easter. “If ye will come unto me ye shall have eternal life,” Jesus said. “Blessed are those who come unto me” (3 Nephi 9:14).

**Watch new videos about Jesus at [Mormon.org](http://Mormon.org) during March and April.**