



I CAN SPEAK UP!

The maidservant heard the plans of her wicked master, Morianton. He was angry and beat her. She ran away and told Captain Moroni about Morianton. You can be like her by speaking up when things aren't right!

- Read [Alma 50:30–33](#).
- If someone bullies you, or if you see someone getting picked on, tell an adult you trust.
- I challenge myself to . . .
