



## I CAN BE BRAVE!

- Memorize Alma 48:11-12.  
Read verse 17 too!
  - Help someone who is worried or scared be brave. Share your testimony with them.
  - Watch chapters 31-33 and 35 of the Book of Mormon stories at [scripturestories.lds.org](http://scripturestories.lds.org).
  - I challenge myself to ...
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