“WE MUST BE INDUSTRIOUS, WE MUST BE FRUGAL, WE MUST SEEK A PROPER BALANCE BETWEEN OUR NEEDS AND OUR DESIRES, AND ESPECIALLY WE MUST REESTABLISH OUR LIVES UPON A SPIRITUAL FOUNDATION.” —ELDER MARK E. PETERSEN
MY PATH TO SELF-RELIANCE

Self-reliance is “the ability, commitment, and effort to provide the spiritual and temporal necessities of life for self and family.”
—Handbook 2, 6.1.1

1. DISCOVER MY NEEDS
   ○ Set my temporal and spiritual self-reliance goals.
   ○ Using the My Foundation booklet, begin practicing critical habits of spiritual self-reliance.

2. CHOOSE MY PATH
   Start on my path to self-reliance by developing practical skills (90 days):
   ○ Start and grow a business,
   ○ Find a better job, or
   ○ Identify needed skills and create an education plan.

3. ACT IN FAITH
   ○ Keep working to become self-reliant.
   ○ Serve others as Jesus Christ would.
   ○ Help others grow by sharing with them the skills of self-reliance.
“SELF-RELIANCE IS VITAL TO OUR TEMPORAL AND OUR SPIRITUAL WELL-BEING, AND ITS FRUITS BRING US FULL CIRCLE, FOR ‘WHEN YE ARE IN THE SERVICE OF YOUR FELLOW BEINGS YE ARE ONLY IN THE SERVICE OF YOUR GOD’ (MOSIAH 2:17).” —BISHOP KEITH B. McMULLIN
MY PATH TO SELF-RELIANCE

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Self-reliance is “the ability, commitment, and effort to provide the spiritual and temporal necessities of life for self and family.”
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“THE RESPONSIBILITY FOR EACH PERSON’S SOCIAL, EMOTIONAL, SPIRITUAL, PHYSICAL, OR ECONOMIC WELL-BEING RESTS FIRST UPON HIMSELF [OR HERSELF].”
—PRESIDENT SPENCER W. KIMBALL
My Path to Self-Reliance

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—Handbook 2, 6.1.1

1. **Discover My Needs**
   - Set my temporal and spiritual self-reliance goals.
   - Using the My Foundation booklet, begin practicing critical habits of spiritual self-reliance.

2. **Choose My Path**
   - Start on my path to self-reliance by developing practical skills (90 days):
     - Start and grow a business,
     - Find a better job, or
     - Identify needed skills and create an education plan.

3. **Act in Faith**
   - Keep working to become self-reliant.
   - Serve others as Jesus Christ would.
   - Help others grow by sharing with them the skills of self-reliance.
“ONCE A PERSON HAS BEEN MADE WHOLE OR SELF-RELIANT, HE [OR SHE] REACHES OUT TO AID OTHERS, AND THE CYCLE REPEATS ITSELF.” —PRESIDENT MARION G. ROMNEY
MY PATH TO SELF-RELIANCE

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3. ACT IN FAITH
   - Keep working to become self-reliant.
   - Serve others as Jesus Christ would.
   - Help others grow by sharing with them the skills of self-reliance.
“SELF-RELIANCE IS A PRODUCT OF OUR WORK AND UNDERGIRD ALL OTHER WELFARE PRACTICES. ... ‘LET US WORK FOR WHAT WE NEED. LET US BE SELF-RELIANT AND INDEPENDENT. SALVATION CAN BE OBTAINED ON NO OTHER PRINCIPLE.’” —PRESIDENT THOMAS S. MONSON (QUOTING MARION G. ROMNEY)
MY PATH TO SELF-RELIANCE

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