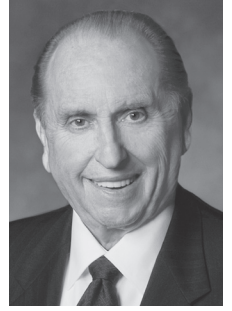


Pradhaan
Thomas S. Monson
Dwara



Choti Peeli Chidiyaan Jinke Pankh Bhura Ho

Kariban Saath varsh pehle, jab main ek jawaan bishop ke rup mein sewa pradaan kar raha tha, Kathleen McKee, mere ward ki ek vidhwa, guzar gayi. Unke saamaanon mein teen paaltu choti peeli chidiyaan thi. Do, jinke pankh pure peele rang ke the, ko doston ko dena tha. Teesra, Billie, jinka rang peela tha par pankh mein bhure rang ka dhabba tha. Bahan McKee ne ek not mein mere paas likha tha: “Kya aap aur aapka parivaar iske liye ek ghar bana sakte ho? Woh sabse sundar to nahin, magar uski geet sabse uttam hay.”

Bahan McKee bhi apne peeli chidiya ki tarah thi jiske pankh par bhura rang tha. Use sundarta ka ashirvaad nahin mila tha, na to milansaar hone ka gun, ya apne vanshaj (posterity) ka sammaan mila. Phir bhi unka geet auron ki sahayta karta tha apne bojh ko aasaani se dhone mein aur zyaada achchi tarah apne kaarye ko pura karne mein.

Duniya choti peeli chidiyon se bhari hay jinke pankh bhure hay. Dukh ki baat yeh hay ki in mein se kuch hi ne gaana sikha hay. Kuch to yuva log hay jo nahin

jaante woh kaun hay, woh kya ban sakte hay ya phir banna chahate hay; woh sirf bada aadmi banna chahate hay. Anye log umra se jhuke hay, musibaton se dabe hay, ya avishwaas se bhare hay—ayse jivan jeete hay jo unke chamtaanon ke milaan mein bahut chote hay.

Mahaanta se jeene ke liye, hamein musibaton ka saamna karna sikhna chahiye himmat se, niraasha ka saamna prasannta se, aur vijay ko vinamrata se. Tum puchte ho, “Hum kaise in lakshye ko haasil kar sakege?” Mera jawab hay, “Hum vaastav mein kaun hay ka sachcha gyaan praapt karne dwara!” Hum ek jiwit Parmeshwar ke betein aur betiyaan hay, jinke swarup mein hum utpann hue hay. Yeh sochiye: *Parmeshwar ke swarup mein utpann hue hay.* Hum ispar purn vishwaas nahin kar sakte ek naya bal aur shakti ke ehसाas ko anubhav karein bina.

Hamari duniya mein, naetik charitra aksar sundarta ya aakarshan se kam zaroori lagta hay. Magar bahut samay pehle se Prabhu dwara bhavishyevakta Samuel ko diya gaya salaah kehta hay: “Kyunki Prabhu ka dekhna manushye ka sa nahin hay; manushye to baahar

ka rup dekhta hay, parantu Prabhu ki drishti mann par rehti hay” (1 Samuel 16:7).

Jab Uddhaarkarta ne ek vishwaasi ko talaashna chaha, Usne nek logon ki bhid mein se nahin chuna jo zyaadatar prarthna bhawan jaate the. Balki, Usne unhein Capernaum ke machwaaron mein se chuna. Shanka karne waala, aprashikshit, utaaola Simon bana Peter, vishwaas ka Devdut. Ek choti peeli chidiyaan jiska pankh bhura tha Swami ke purn vishwaas aur tikaau prem ke liye yogye hua.

Jab Uddhaarkarta ek joshile aur shaktishaali prachaarak ko chunta, Woh use Apne chahane waalon ke beech nahin dhoodhta par Apne virodhiyon ke beech. Atyachaari Saul prachaarak Paul ban gaya.

Muktidaata ne asampurn logon ko chuna purnata ka maarg sikhlaane ke liye. Usne pehle waisa kiya tha. Woh abhi waisa kar raha hay—jaise choti peeli chidiyaan jinke pankh bhure hay. Woh tumko aur mujhko bulaata hay yaha is dharti par Unki sewa karne ke liye. Hamari vachan badhta sampurn honi chahiye. Aur hum apni koshishon mein, agar thokar khaate hay, to aao hum niwedan karein: “Le chal, o le chal, manushye ke mahaan Kaarigar, andhere se baahar ek baar phir sangharsh karne ke liye.”¹

Mera prarthna hay ki hum Galilee ke is Aadmi ke uddhaaran par chalein, jise garibon, girehuwon, atyachaari, aur peedit logon ke beech dekha jaata tha. Hamare dilon se ek sachcha geet nikle jab hum aisa karenge.

VIVARAN

1. “Fight Song,” Yonkers High School.

IS SANDESH MEIN SE SHIKSHAN

Jab tum sikhlaao . . . , aksar laabhdaayak hota hay ki sikhne waale kuch vishesh dekhein ya sune” (*Teaching, No Greater Call* [1999], 55). Parivaar sadasyon ko Pradhaan Monson ke sandesh ko samajhne mein sahayta karne ke liye, sochein unse puchne ke liye ki woh tayyaar rahein woh baantne ke liye jo unhone sikha hay is sandesh ko ek saath padhne ke baad. Har ek vyakti ko amantrit karein woh baantne ke liye jo woh mehsoos karte hain is sandesh mein se zaroori hay. Samaapt karein Pradhaan Monson ke sandesh par bayaan dene se.

Parmeshwar ke shabd ko sikhlaana, jaise Unke bhavishyevaktaon dwara diya gaya hay, ek shaktishaali prabhao ho sakta hay unke jivan ke liye jinhein hum sikhlaate hay (dekhiye *Teaching, No Greater Call*, 50). Pradhaan Monson ne kaha hay bal aur shakti milti hay yeh gyaan rakhne se ki hum Parmeshwar ke bachchein hay. Sandesh ko padhne ke baad, parivaar se puchiye kaun si cheez unhein yaad karne mein sahayta karti hay ki woh kaun hay.

YUVA

Sachchi Sundarta Kya Hay?

Pradhaan Monson is sandesh mein kehta hay, “Hamari duniya mein, naetik charitra aksar sundarta ya aakarshan se kam zaroori lagta hay.” Jawaan mahilaaen shaayad sangharsh karengi apne swarup mein ki woh kaun hay aur woh kya ban sakti hay. Sachchi sundarta par soch vichar karein jo Sattar ke Elder Lynn G. Robbins ne kaha:

- Ek jawaan mahila jiska mukhda donon khushiyaali aur naetik gun se chamakta ho woh andar ki sundarta vaitit karti hay.
- Woh shuddh hansi vaastav mein sundar hoti hay kyunki woh pure prakritik tarah se chamakta hay. Yeh sachchi sundarta upar lagaai nahin jaati magar Aatma ka ek uphaar hay.
- Saadgi ek baahri chinha hay aur andar ki sundarta ka aavashyakta.
- Agar tum apne baahari dikhaawa ko lekar niraash ho, jo tumse prem karte hain unki drishti dwara dekhne se tumhein sahayta milegi. Chupi hui sundarta priyejanon dwara dekhi jaaye to tumhare liye aatma-sudhaar ka shisha ban sakta hay.
- Jaise purush se ek naetik gunon waali mahila shaadi karna chahati hay bhi “nahin dekhta” jis tarah ek prakritik purush dekhta (dekhiye 1 Samuel 16:7). Woh uski sachchi sundarta ki or akarshak hoga jo woh chamkaati hay ek shuddh aur prasann hriday se. Aysa us jawaan mahila ke baare mein bhi sach hay jo ek naetik gunon waale jawaan purush ko talaashti hay.
- Hamare Swarg ke Pita chahate hay ki Unke sabhi bachchein sachchaai hi chune, jo ki ekmaatra maarg

- hay anant khushiyaali aur andar ki sundarta ka.
- Prabhu ke saath, koi pratiyogita nahin. Sabko ek jaisa mauka diya jaata hay Unki swarup ko apne aakriti(countenance) ke upar khude dekh sakte ho (dekhiye Alma 5:19). Isse sachchi sundarta kahin nahin hay.

Pura sandesh padhne ke liye, dekhiye Lynn G. Robbins, "True Beauty," *New Era*, Nov. 2008, 30. Jawaan purush isi tarah ka salaah Errol S. Phippen ke, "Ugly Duckling or Majestic Swan? It's Up to You," mein paa sakte hay *Liahona*, Oct. 2009, 36.

BACHCHEIN

Apna Sabse Sundar Geet Gaaiye

Pradhaan Monson ne Bahan McKee ke teen choti peeli chidiyon ke baare mein batlaaya. Do puri tarah se peele the. Woh sampurn dikhte the! Teesra

sampurn nahin dikhta tha kyunki unke pankhon par bhure dhabbe the. Magar Bahan McKee usse pyaar karti thi kyunki woh itni achchi tarah gaata tha.

Kuch log mehsoos karte hay ki woh auron ki tarah utne sundar ya buddhimaan nahin. Magar har vyakti Prabhu ke liye mein anmol hay. Hum vishwaasi aur bahadur ho sakte hay aur apne gunon se dusron ki sewa kar sakte hay. Tab hum us choti peeli chidiyaan ki tarah hay jiske pankh mein bhura rang tha. Hum sampurn nahin hay, magar hum apna sabse sundar geet gaa rahein hain!

Teen tarike likhiye tum Prabhu ke liye apna sabse sundar geet gaa sakti ho.

Main Prabhu ke liye apna sabse sundar geet gaa sakti hoon yeh karne dwara:

1. _____
2. _____
3. _____

Vaadon ko Prabhujh dwara Punaharambh Karna



In dharamshaastron aur uddharanon ko ya, agar zaroorat pade, dusre siddhaant ko sikhlaiye jo un bahanon ko ashirvaad denge jinse tum bhent karti ho. Dharamsiddhaant ki gawahi dijiye. Jinhein tum sikhlaati ho unhein amantrit kijiye ki unhonhe jo mehsoos kiya aur sikha hain unhein baantein.

Ishu Masih ne Prabhujh ko Sansthaapit Kiya

“Ishu ne roti li, aur aashish maangkar todi, aur chelon ko dekar, kaha, ‘Lo, khaao’ (Matt. 26:26). ‘Yeh meri deh hay jo tumhare liye diya gaya hay: aysa karo meri yaad mein’ (Luke 22:19). Kuch isi prakaar usne katora mein angoori sharaab liya, jismein paani milaaya gaya ho, dhanyevaad diya uske liye, aur unke aaspaas jo baethe the mein baanta, yeh kehte hue: ‘Yeh katora mere us lahoon ka naya niyam,’ ‘jo paapon ke praeshchit . . . ke liye bahaaya gaya hay.’ ‘Yeh meri yaad mein kijiye.’ . . .

“Us upar ke kamre ke anubhav ke baad Gethsamane aur Golgotha jaane se pehle, pratigya ke santaan vachanbadh hay Masih ke balidaan ko yaad karne ke liye is naye, unche, zyaada pavitra aur vyaktigat tarike se.”¹

Elder Jeffrey R. Holland Barah Devduton

ke Parishad ke.

Hum Prabhujh Dwara Apna Baptisma ka Vaada Punaharambh Karte Hay

“Jab hum baptisma lete hay, hum Ishu Masih ka pavitra naam apne upar lete hay. Unka naam apne upar lena hamare jivan mein bahut mahatwapurn anubhav hay. . . .

“Har saptaah prabhujh sabah mein hum vaada karte hay ki hum Uddhaarkarta ke praeshchit ke balidaan ko yaad karenge jab hum apna baptisma ke vaade ko punaharambh karte hay. Hum vaada karte hay ki hum Uddhaarkarta jaisa karenge—Pita ke or aagyakaari rahenge aur sada Unke aagyaon ka paalan karenge. Aysa karne se jo ashirvaad hamein milta hay woh hay ki Unki Aatma sada rahegi.”²

Elder Robert D. Hales Barah Devduton ke Parishad ke.

“Ek aath-varshiye ladki ke baptisma ke din main uske saath tha. Din ki samaapti par usne pure vishwaas se kaha, ‘Mera baptisma hue pura ek din ho gaya, aur mainne ek bhi paap nahin kiya!’ Magar uska paaprahit din hamesha ke liye nahin tha, aur main yakeen se keh sakta hoon woh ab sikh rahi hay, jaise hum sab sikhte hay, ki hum jitna bhi koshish karenge,

SHIKSHAN SANDESH KE LIYE SAHAYTA

Jaise tum ek bahan aur uske parivaar ko pehchaanogi, tarike dhoondhiye ki tum kaise use madad kar sakogi uske vaadon ko prabhujh dwara punaharambh karne mein. Agar woh prabhujh sabha mein nahin aati, kya tum use aane ke liye amantrit kar sakti ho ya use sahayta dene ki ichcha vaytit karenge aysa karne ke liye (aane jaane ka zariya, bachchon ke liye madad, saath baethne ka ek dost, aur vagayra vagayra)?

VYAKTIGAT TAYYAARI

Luke 22:19–20

1 Corinthians 11:23–28

3 Nephi 18:1–12

hum hamesha ek buri stithi se bach nahin sakte, har ek galat chunao se. . . .

“. . . Yeh mumkin nahin ki hum vaastavik badlaao khud kar sakte hay. Hamara apna dhriddh iraada(willpower) aur hamare apne sadashay(good intentions) kaafi nahin. Jab hum galti karte hay ya achcha chunao nahin karte, hamare liye Uddhaarkarta ki sahayta honi chahiye phir se sahi maarg par lautne ke liye. Hum prabhujh har saptaah lete hay hamein badalne waali Unki shakti

mein apna vishwaas dikhaane ke liye. Hum apna paap apnaate hay aur vaada karte hay ki phir nahin karenge.”³

**Julie B. Beck, Sahayak Sanstha
maha adhyaksh.**

VIVARAN

1. Jeffrey R. Holland, “This Do in Remembrance of Me,” *Ensign*, Nov. 1995, 67.
2. Robert D. Hales, “The Covenant of Baptism: To Be in the Kingdom and of the Kingdom,” *Liahona*, Jan. 2001, 8.
3. Julie B. Beck, “Remembering, Repenting, and Changing,” *Liahona*, May 2007, 110–11.

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