



**Pradhaan
Dieter F. Uchtdorf** द्वारा
Pratham Adhyakshata
के Dusre Salahkaar

Achchaai ki Khoj Mein

Ek naye ghar ki khoj mein, ek jawaan Antim-din Sant dampati, hone waale padosiyon se us ilaake ke logon aur paathshaalaon ke baare mein puch taach kar rahe the.

Ek mahila jinse unhone baat ki thi ne apne bachchon ke paathshaala ke baare mein kaha: “Yeh to bahut uttam jagah hai! Yaha ka mukhye adhyaapak ek bahut badhiya aur achcha aadmi hai; yahan ke shikshak padhe-likhe, dayalu, aur milansaar hai. Main kitni khush hoon ki hamare bachche itni badhiya paathshaala mein padhte hai. Tum is jagah ko pasand karoge!”

Ek anye mahila ne apne bachchon ke paathshaala ke baare mein kaha: “Yeh bahut buri jagah hai. Yahan ka mukhye adhyaapak aatma-magan hai; yahan ke adhyaapak ayogye, kathor, aur amilansaar hai. Agar main is jagah se jaane ke kaabil hoti, main aysa ek chan mein kar leti!”

Maze ki baat yeh thi ki dono mahilaaen ek hi mukhye adhyaapak ke baare mein bol rahi thi, wohi adhyaapakon ke baare mein, aur wohi paathshaala ke baare mein.

Kya tum ne kabhi dekha ki log aksar woh paa lete hai jiski unhein talaash hoti hai? Achchi tarah se dekho, aur tum donon achchaai aur buraai dekh sakoge kisi ek insaan ya kisi ek cheez mein. Logon ne aisa hi kiya hai Ishu Masih ke Girjaghar Antim-dinon ke Santon ke saath uski shuruat se. Jo achchaai ko dhoondhte hai achche aur dayalu log paaenge—woh log jo Prabhu se prem karte hai aur apni pure jivan Uske aur apne bhaai bandhuwon ki sewa mein bitaane ki ichcha

karte hai. Magar yeh bhi sach hai ki jo buraai ko dhoondhte hai unhein woh cheezein dikhaai dengi jo upyukt nahin hai.

Durbhaagye se, kabhi kabhi aisa Girjaghar ke andar bhi ho jaata hai. Jo ninda karne ke kaaran dhoondhte hai bahut creative, gunon waala, aur nishchayi hote hai. Woh aasaani se manmutaao se door nahin ho paate. Woh anye logon ke peeth-piche baate karte aur unmein khot nikaalte rehte hai. Woh kai varshon tak bure ehसाas ko dil mein rakhte hai, aur har mauka dhoondhte hai auron ko dukh pahunchaane aur nichaa dikhaane ke liye. Yeh Prabhu ko pasand nahin hai, “ki jahan jalan aur virodh hota hai, wahan ghabraahat aur har tarah ki buraai bhi hota hai” (James 3:16).

Pradhaan George Q. Cannon (1827–1901) Pradhaan Brigham Young(1801–77) ko achchi tarah jaante the, uske saath itne varshon tak kaam kiya, Barah Purohiton ke Parishad aur Pratham Adhyakshata mein uske salahkaar ke rup mein bhi. Pradhaan Young ke mrityu ke baad, Pradhaan Cannon ne apne jernal mein likha: “Mainne kabhi [Brigham Young ke] kaam, uske salaah ya uske shikshan ki ninda nahin ki ya usmein buraai nikaali apne dil mein, aur apne shabdon ya chaal mein to harkis nahin. Aaj yeh mere liye khushi ki baat hai. Mere mann mein jo ek khayaal hamesha rehta tha hai: Agar main Bhaai Brigham ki ninda karun ya usmein buraai nikaalun, ya use parkhu, main kitne door jaa paaunga; agar mainne aesa karna shuru kiya, to main kahan jaake rukunga? Mainne is maarg par jaane ke liye apne aap

par bharosa nahin kiya. Main jaanta tha ki dharm ka tyaag aksar hota jab aatma ninda karne aur buraai nikaalne mein lag jaati thi. Anye log, jinke paas mujhse zyaada bal, buddhi aur anubhav hai, shaayad kai aesi cheezein karenge aur bure parinaamon se bach jaaenge par main aesa nahin kar sakta tha.”¹

Pradhaan Cannon ka shaktishaali salaah par hamein jo is Girjaghar ke sadasye hai ko gaur karna chahiye. Parmeshwar ka vachan Masih ke aagyakaari logon ko “pavitra, . . . shaantipurn, komal, aur madhurbhaao ka, daya aur achche fal se bhara, bina pachpaat, aur kapat ka.” Jo log shaanti laate hai, “dhaarmikta ka fal shaanti se boya jaata hai” (James 3:17, 18).

Hamare paas ek chunao hai. Hum dusron mein buraai dhoondh sakte hai. Ya hum shaanti laa sakte hai aur kuch kar sakte hai auron mein us samajh, nyaye ki bhaavna, aur chama ko dene mein jiski khoj mein hum khud hai. Yeh hamara chunao hai; ki hum jo bhi dhoondhenge, hum use haasil karke rahenge.

VIVARAN

1. George Q. Cannon, Journal, Jan. 17, 1878; achchar aadhunik kiye gaye hai.

IS SANDESH MEIN SE SHIKSHAN

“Tum shaayad mehsoos karoge ki jo ek siddhaant ko tum padhaana chahate ho woh tumhare samajh se baahar hai,” note *Teaching, No Greater Call* ([1999], 19). “Haalaanki, jab tum use prarthna ke saath padhoge, use jeene ki koshish karoge, use padhaane ki tayyaari karoge, aur phir auron se batlaaoge, tumhari apni gawahi mazboot aur gehri hogi.”

Jaise jaise tum apne jiwani aur auron mein achchhai ko dhoondhoge is mahine, tum aur achchi tarah tayyaar rahoge is sandesh ko padhaane ke liye aur uski sachchhai ko bayan karne ke liye.

YUVA

Kutta Kaatne ka Achcha Asar

Tara Stringham dwara

2009 ke garmi ke mausam mein, mujhe mere ek dost ke kutte ne mere chehre par kaata tha. Durbhaagye se, kaatne se mere hot(lips) fat gaye the, aur mujhe uspar taake lagwaane pade.

Us chot ke baad, main bahut dukhi thi. Mainne apne soch par durbhaagye ko rakha tha, aur mujhe laga ki meri puri zindagi nasht ho gayi hai. Main apne hot ki bahut parwaah karti thi aur baahar bhid mein jaana nahin chahati thi. Mere mann mein mere piano, volleyball, girjaghar, paodne, aur paathshaala jaane ki yojnaen is chot se barbaad ho gayi thi.

Magar jab bhi mainne prarthna kiya, purohiti ke aashirvaad paaye, apne maata-pita se baate ki, ya jab mere parivaar aur dost mujhse milne aate, mujhe achcha lagta aur kushi milti is dukh ke samay mein. Mujhe laga ki agar log mere is chot ke baare mein sochte hai, tab woh zaroor daya karte honge.

Is anubhav ne mere charitra ko badhaane mein madad kiya, aur mainne sikha ki anye log kya sochte hai mere baare mein par chinta nahin karni chahiye. Mujhe bhi aashirvaad mile the kyunki mere chot ne meri madad ki thi yeh jaanne mein ki mujhe kam apne baare mein sochna chahiye aur anye logon ki parwaah shuru karni chahiye. Meri aatma is samay bahut mazboot hui thi.

Mainne sikha ki durbhaagye hamare liye Swarg ke Pita ke yojna ka bhaag hai. Agar hum achchhai ko dhoondhenge aur na ki buraai ko, hum durbhaagye ka saamna kar sakte hai, behtar insaan ban sakte hai, aur is anubhav ko apne gawahi ko mazboot karne de.

BACHCHEIN

Apne Aaspaas ki Achchhai ko Dhoondho

Tum apne aaspaas achchhai dekhoge agar tum use dhoondhna seekh jaaoge. Ek tarika jisse tum apne aashirvaad ko pehchaan sakoge hai ki tum har raatri ko un achchi cheezon ki ginti karo jise tumne din mein dekha hai.

Aaj raat ko samay nikaale kisi parivaar sadasye ko batlaane ke liye ki tumne apne jiwani mein aaj kya kya achchi cheezein dekhi hai.

© 2011 Intellectual Reserve, Inc dwara. Pure adhikaar surakshit. USA mein chaapa gaya. Angrezi swikriti: 6/10. Anuwaad swikriti: 6/10. *First Presidency Message, March 2011* ka anuwaad. Fiji Hindi. 09763 298



Vishwaas • Parivaar • Sahayak

Purohiti ke Niche aur Purohiti ke Tarike Se

Is utpaadan ka adhyan karein, aur jaise upyukt ho, jin bahanon se aap bhent karti hai unse vichaar-vimarsh karein. In sawaalon ka istemaal karein apne bahanon ko mazboot karne mein madad karne ke liye aur Sahayak Sanstha ko apne jivan ka chust bhaag banane ke liye.

Mere priye bahanon, hum kitne bhaagyevaan hai! Hum sirf Girjaghar ke sadasye nahin, magar hum Sahayak Sanstha ke sadasye bhi hai—“Prabhu ki sanstha mahilaon ke liye.”¹ Sahayak Sanstha saboot hai Parmeshwar ke prem ka Uske putriyon ke liye.

Kya tumhara dil kaapta nahin jab tum is sanstha ke shuruat ke baare mein sochte ho? March 17, 1842 mein, Bhavishyevakta Joseph Smith ne bahanon ko aayojit kiya “purohiti ke niche aur purohiti ke tarike se.”²

“*Purohiti ke niche*” sthaapit hone se bahanon ko adhikaar aur nirdesh mila. Eliza R. Snow, Sahayak Sanstha ke dusre maha pradhaan, ne sikhlaya ki Sahayak Sanstha “Purohiti ke bina nahin reh sakti, is kaaran ki apna sab adhikaar aur prabhaao isi srot se paati hai”³ Elder Dallin H. Oaks jo Barah Purohiton ke Parishad the ne samjhaya, “Jo adhikaar Sahayak Sanstha ke afsaron aur shikhsakon dwara laagu karna chahiye . . . wohi adhikaar hai jo unke paas aata hai Ishu Masih ka Girjaghar Antim-Dinon ke Santon ke zariye aur tab jab unhein purohiti netaon ke haathon dwara set-apart ka ashirvaad diya gaya tha jab unki niyukti hui thi.”⁴

“*Purohiti ke tarike se*” aayojit hone se bahanon ko pavitra zimmedaariyaan mili. Julie B. Beck,

Sahayak Sanstha maha pradhaan, ne batlaaya: “Hum purohiti ke tarike se aayojit hue hai—jiska matlab hai hum praktikaran dhoondhte, haasil karte, aur uspar amal karte hai; vichaar sabha mein nirnay lete hai; aur har ek vyakti ki parwaah khud karte hai. Hamari purohiti zimmedaari hai apne aap ko tayaar karne ke liye un anant jivan ke ashirvaadon ke liye vaade karne aur nibhaane se. Isliye, apne bhaaiyon ke tarah hamare paas bhi purohiti hai, hamara uddhaar, sewa, aur pavitra log banne ka kaarye hai.”⁵

Barbara Thompson, Sahayak Sanstha maha adhyakshita ke dusre salahkaar.

Dharamshastra mein se

1 Corinthians 11:11; Doctrine and Covenants 25:3; 121:36–46

Hamare Itihaas Se

Nauvoo Mandir ke nirmaan ke daoraan, bahanon ke ek dal ne chaha ki woh bhi nirmaan kaarye mein haat bataae. Eliza R. Snow ne is naye dal ke kaanoon likhe. Jab usne in kaanoonon ko Bhavishyevakta Joseph Smith ko dikhaae, usne kaha: “Bahanon ko bataao unka bhent Prabhu swikaar karta hai, aur uske paas unke liye kuch behtar hai. . . . Main mahilaon ko purohiti ke niche aur purohiti ke tarike se

aayojit karunga.”⁶ Kuch samay baad, Bhavishyevakta ne haal mein aayojit Sahayak Sanstha ko bataya: “Main ab tumhe chaabi deta hoon Parmeshwar ke naam se, aur yeh Sanstha anand manaaegi, aur gyaan aur buddhi aaj se aapko milti rahegi.”⁷ Bahanon ko dhaarmikta ke naye darje tak jaana tha aur purohiti dharam vidhiyon ki tayyaari karni thi jinhe jald hi mandir mein diye jaaenge.

VIVARAN

1. Spencer W. Kimball, “Relief Society—Its Promise and Potential,” *Ensign*, Mar. 1976, 4.
2. Joseph Smith, quoted in Sarah Granger Kimball, “Auto-biography,” *Woman's Exponent*, Sept. 1, 1883, 51.
3. Eliza R. Snow, “Female Relief Society,” *Deseret News*, Apr. 22, 1868, 81.
4. Dallin H. Oaks, “The Relief Society and the Church,” *Ensign*, May 1992, 36.
5. Julie B. Beck, “Relief Society: A Sacred Work,” *Liahona*, Nov. 2009, 111.
6. Joseph Smith, quoted in Kimball, “Auto-biography,” 51.
7. *Teachings of Presidents of the Church: Joseph Smith* (2007), 451.

Main Kya Kar Sakti Hoon?

1. Main kaise un bahanon ko madad kar sakti hoon jinse main bhent karti hoon ki woh Sahayak Sanstha ke pavitra kaarye ke ashirvaad ka anand uthaaye?
2. Main is mahine kya karungi apne vyaktigat praktikaran praapt karne ki chamta ko badhaane ke liye?

Aur zyaada jaankaari ke liye, dekhiye www.reliefsociety.lds.org.