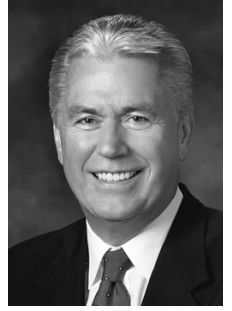


**Pradhaan
Dieter F. Uchtdorf**
dwara Pratham Adhyakshata
mein Dusre Salahkaar



Maha Sammelan — Koi Saamaanye Ashirvaad Nahin

Girjaghar ke ek prasidh sadasye ek padosi jo hamare vishwaas ka nahin tha ke saath baat kar raha tha. Jab charcha ka vishay maha sammelan mein badal gaya, padosi ne pucha, “Tum kehte ho ki tumhare paas bhavishyevakta aur devdut hai? Aur saal mein do baar vishwabhar ke ek sammelan mein woh Parmeshwar ka vachan prakat karte hai?”

“Bilkul,” sadasye ne vishwaas ke saath kaha.

Padosi ne uske baare mein thodi der socha. Woh puri tarah dilchaspi dikha raha tha aur phir pucha, “Unhonne pichle maha sammelan mein kya bataya?”

Ab Girjaghar ke us prasiddh sadasye ki susamachaar baantne ki utsukta kam hui aur woh sharminda mehsoos karne laga. Chaahe woh jitna sochne ki koshish karta, use kisi ek bhi bhaashan puri tarah nahin yaad aa raha tha.

Uske dost ke liye yeh thik nahin laga aur usne kaha, “Tumhare kehne ka matlab hai ki hamare samay mein Parmeshwar insaan se baate karta hai aur tumhe yaad nahin Usne kya kaha hai?”

Is baat par us bhaai ko vinamrata ka ehसाas hua. Unhonne kasam liya ki woh maha sammelan mein batlaye hue Prabhu ke sewakon ke shabdon ko yaad rakhega.

Hum sabhi jaante hai ki kitna mushkil hai maha sammelan ke har sandesh ko yaad rakhna, aur mujhe vishwaas hai ki hamein sharminda nahin hona chahiye agar hamein sab kuch yaad nahin aata. Phir bhi, har ek maha sammelan mein sandesh ek uphaar aur ek ashirvaad ke rup mein diye jaate hai swarg se khaas hamare niji jivan stithiyon ke liye.

Maha sammelan ki tayyaari mein, main teen mul vichaar jo hamein madad kar sakte hai behtar praapt karne, yaad karne, aur Prabhu ke sewakon dwara bole gaye shabdon ko laagu karne mein ka sujhaao deta hoon.

1. Girjaghar ke sadasyon ko niji praktikaran ka adhikaar hai jab woh maha sammelan mein bole gaye shabdon ko sunte aur unka adhyan karte hai.

Jaise ki aap maha sammelan ki tayyaari karoge, main aapko amantrit karta hoon ki aap un sawaalon ke baare mein vichaaro jinke aapko jawaab chahiye. Uddhaaran ke liye, aap shaayad Prabhu ke nirdeshan aur maargdarshan ko taraste hai un chunaotiyon ke liye jinka aap saamna kar rahe hai.

Aapke vishesh prarthnaon ke jawaab shaayad kisi ek bhaashan se ya kisi vishesh waakyee se aa sakte hai.

Anye samay jawaab ek se dikhte asambandhit shabd, waakye, ya geet mein aa sakte hai. Ek hriday jo jivan ke aashirvaadon ke aabhaar aur ek sachchi ichcha salaah ke shabdon ko sunne aur paalan karne ki raasta tayyaar karega niji praktikaran ka.

2. Ek sandesh ko nazarandaaz na kare isliye ki woh aparichit lagta hai.

Bhavishyevaktaon ne hamesha dohraane dwara sikhaya hai; woh sikhlaane ka ek kaanoon hai. Aap maha sammelan ke vishayon aur siddhaanton mein dohraana sunenge. Main aapko aashwaasan dilaaun: ki yeh rachnaatmakta ya kalpana ki kami ke kaaran nahin hai. Hum lagataar aysi hi vishayon par sandesh sunte hai kyunki Prabhu hamare mann aur hriday mein sikhlaana aur yaad dilana chahata hai kuch buniyaadi siddhaant jo anant mahatva ke hai jise anye kaamo ko karne se pehle samajhna aur amal mein laana zaroori hai. Ek buddhimaan bildar deewaaron aur chat khadi karne se pehle neev tayyaar karta hai.

3. Maha sammelan mein bole gaye shabdon ko ek kampas ki tarah hona chahiye jo raaste ko dikhlayega aane waale mahino ke daaraan.

Agar hum Aatma ki sune aur uske prerna ka paalan karein, woh hamare liye Liahona ka kaam karega, anjaane aane waale chunaotipurn ghaatiyon aur pahaadon par maarg dikhaaega (dekhiye 1 Nephi 16).

Jabse duniya shuru hui hai, Parmeshwar ne bhavishyevaktaon ko niyukt kiya ki woh swarg ki ichcha us samay ke logon tak pahunchaaye. Yeh hamari zimmedaari hai ki hum sune aur phir un sandeshon ko jo Prabhu hamare liye uplabdh karta hai ko laagu karein.

Hamare dayalu aur premi Swarg ke Pita ne Apne bachchon ko choda nahin aur na chodega. Aaj, aur pehle ke samay mein bhi, Usne devduton aur bhavishyevaktaon ko niyukt kiya hai. Woh Apne shabd unke liye pratik karna jaari rakhta hai.

Kitna vishesh adhikaar hai ki Parmeshwar ke sandeshon ko jo pratiyek ke liye hai hum maha sammelan ke daaraan sunte hai! Hum divye nirdeshan ke is mahaan aashirvaad ke liye achchi tarah tayyaari karein jo Unke chune hue sewakon dwara diya jaata hai.

Kyunki yeh koi saadhaaran ashirvaad nahin.

IS SANDESH MEIN SE SHIKSHAN

- Lekh ko ek saath padhiye. Parivaar ko protsaahit karein un cheezon ko pehchaane ke liye jinhe maha sammelan ke daaraan sunna chahiye.
- Chote bachchon ko is salaah ko apnaane ki madad karne ke liye jo Pradhaan Uchtdorf ne diya, unhein ek Maha Adhikaari chart dikhaaye (jo *Liahona ke sammelan patrika mein milta hai*). Unhein yeh jaankaari dein ki Pratham Adhyaksha aur Barah Devduton ka Parishad maha sammelan mein bhaashan denge. Bachchon ko protsaahit karein ki woh sammelan ko sune aur ek chitra banaae jisse woh yaad rakh sake ki unhone kya sikha hai. Maata-pita conferencegames.lds.org par sammelan ke vishay mein bachchon ki gatividhiyon ko paa sakte hai.

YUVA

Achcha, Behtar, Sarvashresht

Mary-Celeste Lewis dwara

Apne October 2007 maha sammelan bhaashan mein, Elder Dallin H. Oaks jo Barah Devduton ke Parishad ke hai ne ghatividhiyon ke baare mein kaha jo "achche, behtar, aur sarvashresht" hai. Jab woh apne bhaashan ke us sthaan par pahuncha jismein "bachchon ke gatividhi ke samay ki suchi banane" ki baat thi, main apne kursi par doshi ki tarah chatpataayi.

Main jaanti thi main bahut zyaada kar rahi thi. Main skool ke naatakon mein thi, skool mein chunaotipurn kakshaae le rahi thi, aur kayi anye ghatividhiyon mein shaamil thi. Main Jawaan Mahilaon ki ghatividhiyon mein imaandaari se bhaag nahin le rahi thi, aur mere Raviwaar antim chan ke homework karne ke tanaao se bhar jaate the. Sangeet ka abhyaas karna aur skool ke akhbaar ka sampaadana karna ne ab maza ka apna tatva kho diya tha aur kaam ban gaya tha.

Elder Oak ke bhaashan ne mujhe apne kaarye suchi par gaor karne diya. Meri ghatividhiyon achchi thi, magar woh bahut zyaada thi. Mujhe unmein se sabse behtar ghatividhiyon ko chunna tha. Jab mainne chunne ki koshish ki ki kaun se ghatividhiyon ko chodu, mainne jaana ki Ishu Masih ka susamachaar sabse behtar praathmikta hai jo koi vyakti apna sakta hai. Mainne prarthna aur dharamshastra adhyan ko apne suchi mein sabse upar rakhkha, aur us samay se, mere jivan ka sanchaalan aur aasaan ho gaya hai.

Elder Oaks ne mujhe sikhaaya ki jab hum *sabse pehle* Prabhu ki ichcha karte hai, baaki sab kuch apni jagah achchi tarah se aa jaata hai. Agar main khelne se pehle apne dharmshastra ka adhyan karun ya padhaai karne se pehle bhi, sabhi zaroori kaarye pure ho jaaenge. Jab main apna jivan Prabhu par adhaarit karun, baaaae Use baad me jodne ke, mere jivan mein zyaada shaanti aur safalta hogi.

Ab main bahut achchi tarah maha sammelan ke salaah ko sunta hoon!

BACHCHEIN

Main Maha Sammelan ke Zariye Jawaab Paa Sakta Hoon

Pradhaan Uchtdorf sikhlata hai agar tum maha sammelan se pehle kuch sawaalon ko yaad karoge, Prabhu tumse Apne bhavishyevaktaon aur devduton ke zariye batla sakta hai sammelan ke daaraan.

1. Ek parivaar ya kaksha mein, charcha karein tumhe kya sikhna zaroori hai, chahe niji rup se ya saath mein. (Uddhaaran ke liye: Main kaise apna gawahi mazboot kar sakta hoon? Main skool mein ek samasya se kaise nipat sakti hoon?) Ek kaagaz ya apne jernal mein, apne sawaal likhiye.
2. Sammelan se kuch hafte pehle, tum in sawaalon par vichaar aur prarthna kar sakte ho.
3. Dhyaan se sammelan ko sune (shaayad not lena laabhdaayak ho sakta hai). Phir likhiye kaise Prabhu ne—Girjaghar netaaon ke zariye—tumhare sawaalon ka jawaab diya.
4. Ek aur kaagaz par, tum apna chitra bana sakte ho woh karte hue jo tumne sikha hai.



Vishwaas • Parivaar • Sahayak

Dhaarmikta Badhaane se Parivaaron ko Mazboot Karna

Is utpaadan ka adhyan karein, aur jaise upyukt ho, jin bahanon se aap bhent karti hai unse vichaar-vimarsh karein. In sawaalon ka istemaal karein apne bahanon ko mazboot karne mein madad karne ke liye aur Sahayak Sanstha ko apne jivan ka chust bhaag banane ke liye.

Julie B. Beck, Sahayak Sanstha maha pradhaan, ne kaha: “Mujh mein Parmeshwar ki betiyon ke mulye ka saakshi utpann ho gaya hai. . . . Mainne mehsoos kiya hai ki kabhi bhi itni mahaan zaroorat nahin rahi hai vishwaas aur vyaktigat sachchaai ki. Kabhi mazboot parivaaron aur gharon ki avashyakta itni zyaada nahin thi.

Bahanon ki madad se mazboot ghar aur parivaar ban sakte hai jab woh vyaktigat praktikaran par kaam karte hai. Bahan Beck ne aur kaha, “vyaktigat praktikaran ke liye yogye rehna, use haasil karna, aur us par chalna ek mahatvapurn kaushal hai jo is jivan mein apnaaya jaa sakta hai.” “Prabhu ki Aatma ke liye yogye banna us Aatma ke prati ichcha se shuru hoti hai aur uske liye kuch had ki yogyata chahiye. Aagyaan ka paalan karna, pashchataap karna, aur apne baptisma ke vaadon ko yaad karna Prabhu ki Aatma ko hamesha hamare saath rakh sakta hai. Mandir ke vaadon ko banane aur nibhaane se aatmik bal aur shakti milti hai ek mahila ke jivan mein. Kathin sawaalon ke kai jawaab dharamshastra padhne se milte hai kyunki dharamshastra praktikaran paane ka zariya hai. . . . Prabhu ki Aatma ko hamare saath rehne ke liye daenik prarthna avashyak hai.”¹

Hum apne parivaar ke sadasyon

ko aatmik rup se mazboot karte hai jab hum unhein Swarg ke Pita ke anant yojna ko samajhne mein madad karte hai. “Hum kya behtar dhang se kar sakte hai apne bachchon ko dhaarmik rup se unke anant bhumikaon ke liye tayaar karne ke liye?” Elder M. Russell Ballard jo Barah Devduton ke Parishad ke hai ne pucha. “Shaayad sabse theek jawaab hai: Unhein sikhlaao kaise susamachar ke siddhaanton ko jiya jaa sakta hai.” Yeh shikshan daenik prarthna, dharamshastra adhyan, aur parivaar ke saath bhojan karne dwara milta hai tatha saaptaahik parivaar shaam sabha aur Girjaghar jaane se. Elder Ballard ne samjhaya: “Hum har din tayyaari karte hai, isi samay, anant jivan ke liye. Agar hum anant jivan ki tayyaari nahin kar rahe hai, hum kisi aur cheez ke liye tayyaari kar rahe hai, shaayad usse bhi kam mahatva ka.”²

Dharamshastra mein se

Proverbs 22:6; 1 John 3:22;
Doctrine and Covenants 11:13–14;
19:38; 68:25

Hamare Itihaas Se

Bhavishyevakta Joseph Smith ne April 1842 ke Sahayak Sanstha sabha ke daoraan sikhlaya unka ek apna khaas kaam tha khud ki

mukti dhoondhne ka. Usne kaha, “[Mere] sikhshan ke baad, tum apne khud ke paapon ke liye kusurwaar tehraaoge; Yeh hamare liye thik hai hamare swarg ke Pita ke saath chalne ke liye taaki hum apne aap ko bacha sake; hum zimmedaar hai Parmeshwar ke prati ki kis tarah Prabhu dwara diye gaye raushni aur gyaan ka istemaal hum karte hai apne aap ko bachaane ke liye.”³ Usne unhein sachcha insaan banna sikhaya, pavitra insaan banna, aur mandir ke siddhaanton aur vaadon ke liye tayyaari karne ko bhi.

VIVARAN

1. Julie B. Beck, “And upon the Handmaids in Those Days Will I Pour Out My Spirit,” *Liahona*, May 2010, 10, 11.
2. M. Russell Ballard, “Spiritual Development,” *Ensign*, Nov. 1978, 65, 66.
3. *Teachings of Presidents of the Church: Joseph Smith* (2007), 355.

Main Kya Kar Sakti Hoon?

1. Kaise main apni bahanon ki sahayta kar sakti hoon aatmik atma-nirbharta badhaane mein?
2. Kaise main apni chamta ko behtar kar sakti hoon taaki Pavitra Aatma ko pehchaanu aur paalan kar sakun?

Aur zyaada jaankaari ke liye,
dekhiye www.reliefsociety.lds.org.

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