

Pradhaan
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Dwara



Bada Din ki Bhaona ko Jaagrit Karna

Saalon pehle jab main ek yuva elda tha, mujhe anye logon ke saath Salt Lake Shahar bulaya gaya beemaar bachchon ko ashirvaad dene ke liye. Andar prawesh karte hi, hamein ek Krismas ka ped dikha uske ujwal aur badhiya jyoti ke saath aur humne achchi tarah lapete hue uphaar dekhe uske lambe daaliyo ke niche rakhe hue. Uske baad hum baraamde se guzre jahan chote ladke aur ladkiyaan the—jinke haath ya paer mein plaastar laga tha, anye the jinki beemaari ka ilaaj asaani se nahin ho paa raha tha—ne hamein muskurate hue swaagat kiya.

Ek yuva, sakht beemaar chota sa ladka ne mujhko pukaara, “Aapka naam kya hai?”

Mainne use apna naam batlaya, aur usne pucha, “Kya aap mujhe ek ashirvaad doge?”

Ashirvaad diya gaya, aur jab hum usse dur jaane lage, usne kaha, “Bahut bahut dhanyevaad aapka.”

Hum kuch hi kadam chale the, aur mainne use phir pukaarte hue suna, “Are Haa, Bhaai Monson, aapko Bada Din ki shubkaamnaae.” Tab ek badhiya muskaan uske chehre par aaya.

Us ladke mein Bada Din ki bhaona thi. Main aasha karta hoon ki Bada Din ki bhaona hum sab ke dilon aur jivanon mein rahe—sirf is samay nahin balki pure varsh bhar.

Jab hamare andar Bada Din ki bhaona hoti hai, hum Unhe yaad karte hai jinka janam varsh ke is samay mein hua tha: “Ki aaj David ke nagar mein tumhare liye ek Uddhaarkarta janma hai, aur yeh hi Masih Prabhu hai” (Luke 2:11).

Hamare samay mein uphaar dene ki bhaona ki bhumika badi hoti hai Bada Din ke samay mein. Main sochta hoon ki kya hamein faeda hoga khud se yeh puchkar, Prabhu kya chahega ki *main* kaun se uphaar Unhe ya auron ko doon varsh ke is bahumulye samay par?

Main ek sujhaao doon ki hamare Swarg ke Pita chahate hai ki hum Unhe aur Unke Putra ko aagyakarita ka uphaar dein. Main yeh bhi mehsoos karta hoon ki Woh hamein apne aap ko dene ko kahe aur swarthi ya laalchi ya jhagdalu na bane, jaisa Unka bahumulye Putra Mormon Dharamshastra mein sujhaao deta hai:

“Kyunki main tumse sach-sach kehta hoon ki jo koi vaadvivaad ki bhaona rakhta hai woh mera nahin, parantu us shaetaan ka hai jo. . .logon ke hridayon ko ek dusre se ladne ke liye bhadkaata hai.

Suno, logon ke hridayon ko ek dusre ke virudh krodhit karna yeh mera siddhaant nahin hai, mera siddhaant hai aysi baaton ko door karna” (3 Nephi 11:29–30).

Is samay ki purnata ke badhiya samay mein, apne aapko dene ke hamare mauke vaastav mein aseemit hain, par woh mauke wahan hamesha nahin rahenge. Aaj yahan prasann karne ke liye hriday hain, dayalu shabd hai kehne ke liye, kaarye hai karne ko, aur aatmaen hai bachane ke liye.

Ek vyakti jiski Bada Din ki bhaona mazboot thi ne likha:

Main Bada Din ka Bhaona Hoon—

*Main gareeb ke ghar mein pravesh karta hoon, jahan
udaas bachche prasann hokar apne aankh bade
aakaar mein kholte hai.*

*Main lobhi ke band haatho ko khulwata hoon aur isi
se uske aatma mein rangeeniya aati hai.*

*Main budhe mein yuvapan laata hoon aur unhe
jawani ke dinon jaise hasata hoon.*

*Main bachpan ke hriday mein prem jiwit rakhta
hoon, aur neend ujwal karta hoon achche
sapno se.*

*Main utsuk paeron ko sahara deta hoon zaroorat ke
samay, jisse hriday ashcharyechakit reh jaate hai
duniya ki achchaai dekhkar.*

*Main fizool kharch karne waale ko ek chan ke liye rok
leta hoon uske jangli, kharchile kaaryon mein aur
utsuk priyejanon ko kuch aysa bhejta hoon jisse
khushi ke aansoo nikalte hai aur dukh ke kathor
nishaan mitte hai.*

*Main andhere jel khaano mein jaata hoon, dhabbe
lage pursho ko yaad dilata hoon achche dinon ki
aur aage aane waale achche dinon ki.*

*Main aahista se aata hoon shaant, safed dard bhare
ghar mein, aur jahan hot kamzori mein sirf dhimi
rup se kaapkar, abhaar prakat karte hai.*

*Hazaar tariko se, main thakaan bhari duniya ko upar
Parmeshwar ke chehre ko dikhata hoon, aur kuch
der ke liye woh aysi baate bhool jaate hai jo chote aur
kharaab hai.*

Main Bada Din ka Bhaona hoon.¹

Hum sab Bada Din ke bhaona ko naye sire se jaagrit karein—Masih ke bhaona bhi.

VIVARAN

1. E. C. Baird, "Christmas Spirit," James S. Hewitt, ed. mein, *Illustrations Unlimited* (1988), 81.

IS SANDESH MEIN SE SHIKSHAN

Jab tum Pradhaan Monson ke sandesh ko us parivaar ke saath baanto, woh sawaal par gaur karein jo usne pucha tha ki Prabhu kya chahata hai ki kaun se uphaar hum Unhe ya auron ko dein is avsar par. Parivaar ko protsaahit karein apne vichaar aur tippaniyaan likhne ke liye (ya, chote bachchon ko, chitra banane ko kahe) ki kaise "Bada Din ki bhaona ko jaagrit karein—Masih ki Bhaona bhi."

YUVA

Woh Sampurn Bada Din se Pehle ka Shaam

Jerie S. Jacobs dwara

Jab main badh rahi thi, har ek varsh ka sabse pasandida samay Bada Din se pehle ki shaam thi mere liye. Main aur mera parivaar pizza banate, Masih geet gaane jaate, aur phir hum Bada Din ke prasaaran ke liye ikattha hote. Hum chaar-bhaag mein saath geet gaate aur apne geet shor ke saath gaate apne puraane aozaaron ko lekar. Pitaji hamesha shaam ka ant karte ek Bada Din ke sandesh ke saath jisse hum khush ho jaate the. Jiwan Bada Din se pehle ki Shaam se behtar nahin hota tha.

Jab main thoda aur badi hui, meri maa ek padosi ke bachche ki dekhbhaal karne lagi, jiska naam Kelly tha. Kelly hamare ghar har din paathshaala ke baad aati, jis samay uski maa Patty kaam par hoti. Kelly ek kutte ke bachche ki tarah mera picha karti—aur zarootmand ki tarah shor karti. Mujhe hamesha santushti milti jab Patty apne beti ko lene aati aur mere ghar aur parivaar ko shaanti deti.

Ek December ko, main bhaybheet hui jab maa ne Patty aur Kelly ko amantrit kiya hamare Bada Din se pehle Shaam ke liye. *Mera Bada Din ka Shaam*. Maa muskuraai aur mujhe aashwaasan diya, "Isse kuch nahin badlega." Magar main usse behtar jaanti thi. Woh sab pizza kha lenge. Kelly hamare gaane ki mazaak udaaegi. Main sochne lagi yeh mere sabse bekaar Bada Din se pehle ka Shaam hoga.

Jab woh shaam aayi, Patty aur Kelly aaye, aur humne baate ki aur hase aur geet gaaye. Meri maa sahi thi. Sab kuch bilkul thik *tha*. Raat ke barah baje unhone hamein dhanyevaad diya aur hickkichate hue chale

gaye. Main prem aur abhaar bhare hriday se sone gayi.
Mainne jaana ki Bada Din ke sabse bahumulye uphaar

kam nahin hote baantne se. Balki woh aur behtar aur
dugne ho jaate hai baantne se.



Vishwaas, Parivaar, Sahayta

Shikshan Bhent, Mukti ka ek Kaarye

Prarthnashilta se is utpaadan ka adhyan karein aur, jaise upyukt ho, jin bahanon se aap bhent karti hai unse vichar-vimarsh karein. In sawaalon ka istemaal karein apne bahanon ko mazboot karne mein madad karne ke liye aur Sahayak Sanstha ko apne jivan ka chust bhaag banane ke liye.

Shikshan bhent mahilaaon ko dekhrekh karne, mazboot karne, aur sikhlane ka mauka deti hai—yeh zaroor se mukti ka kaarye hai. Shikshan bhent ke zariye, bahanein Uddhaarkarta ke liye kaarye karti hai aur mahilaaon ko anant jivan ke ashirvaadon ke liye tayyaari karne mein madad karti hai.

“Hamein ‘chetaoni, prachaar, dabao daalkar, aur shiksha, aur nimantran se [auron] ko Masih tak laana hai’ (D&C 20:59), jaise Prabhu ne apne praktikaranon mein kaha hai,” Pradhaan Spencer W. Kimball ne kaha (1895–1985). Usne, yeh bhi kaha, “Tumhari gawahi ek badhiya zariya hai prachaar ka.”¹

Jab hum shikshan shikshak ke rup mein khud se susamachaar ki sachchaai ka gyaan badhate hai, tab hamare gawahi mazboot hote aur hum un bahanon ki sahayta karte hai jo bapisma aur swikriti paane ki tayyaari kar rahe hai. Hum naye sadasyon ko madad karte hai susamachaar mein pure rup se ghulne mein. Hamare bhentvarta aur prem madad karte hai unhe “waapas laane mein jo maarg se bhatak gaye hai [aur] unki gawahi ko mazboot karein jo kamzor hai susamachaar mein.”² Aur hum bahanon ko protsaahit karte hai Masih ke kareeb aane ke liye mandir jaane dwara.

“Tum aatmaaon ko bachane ja rahe ho,” Pradhaan Kimball ne bhent shikhsakon se kaha, “aur ho sakta hai ki aaj ke jo chust log Girjaghar mein hai woh chust hai kyunki tum unke gharon mein gaye aur unhe ek naya nazariya diya, ek nayi drishti. Tumne unhe unjaane baaton ko samjhaya. Tumne unke seemaaon ko badhaya. . . .

“Dekho, tum yahan sirf bahanon ko bacha nahin rahi ho, balki shaayad unke pati aur gharon ko bhi.”³

Dharamshastra mein se

Doctrine and Covenants 20:59;
84:106; 138:56

Hamare Itihaas Se

Jab Bhavishyevakta Joseph Smith ne Sahayak Sanstha ki sthapna ki thi, usne kaha tha ki mahilaaon ko sirf gareebo ki dekhbhaal nahin karni hai magar aatmaaon ko bachana hai. Usne yeh bhi sikhaya ki Girjaghar ki mahilaaen zaroori bhumikaaen nibhati hai Swarg ke Pita ke mukti ki योजना mein.⁴ Bhavishyevakta Joseph Smith ke sikhlaye sidhaanton dwara sikhlaye gaye, hum Sahayak Sanstha ki bahanein saath milkar mahilaaon aur unke parivaaron ko Parmeshwar ke mahaan ashirvaadon ke liye tayyaar kar sakte hai.

“Hamein ek dusre par daya karni chahiye,” Pradhaan Brigham Young ne kaha (1801–77), “aur [woh jo] balwaan hai kamzoro ko balwaan banaye, aur jo dekh sakte hai woh andho ko raah dikhaae jab tak woh khud raah na dekh sake.”⁵

VIVARAN

1. Spencer W. Kimball, *Daughters in My Kingdom: The History and Work of Relief Society* (2011) mein, 116.
2. Eliza R. Snow, *Daughters in My Kingdom mein*, 83.
3. Spencer W. Kimball, *Daughters in My Kingdom mein*, 117.
4. Dekhiye Joseph Smith, *Daughters in My Kingdom mein*, 171–72.
5. Brigham Young, *Daughters in My Kingdom mein*, 107.

Main Kya Kar Sakti Hoon?

1. Sahayak Sanstha kaise mujhe anant jivan ke ashirvaadon ke liye tayyaar karti hai?
2. Main kya kar sakti hoon apne bahanon ke vishwaas ko badhane ke liye?

Aur zyaada jaankaari ke liye,
dekhhiye reliefsociety.lds.org.

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