

**Phrases in [Alma 41:11](#)  
that describe being in a  
“state of nature”**

**Meaning**

1. “In a carnal state”

a. Limited and burdened by our sins

2. “In the gall of  
bitterness and in the  
bonds of iniquity”

b. Lacking the blessings and  
direction of God; the loss of the  
companionship of the [Holy Ghost](#)

3. “Without God in  
the world”

c. Ruled by the will of the flesh