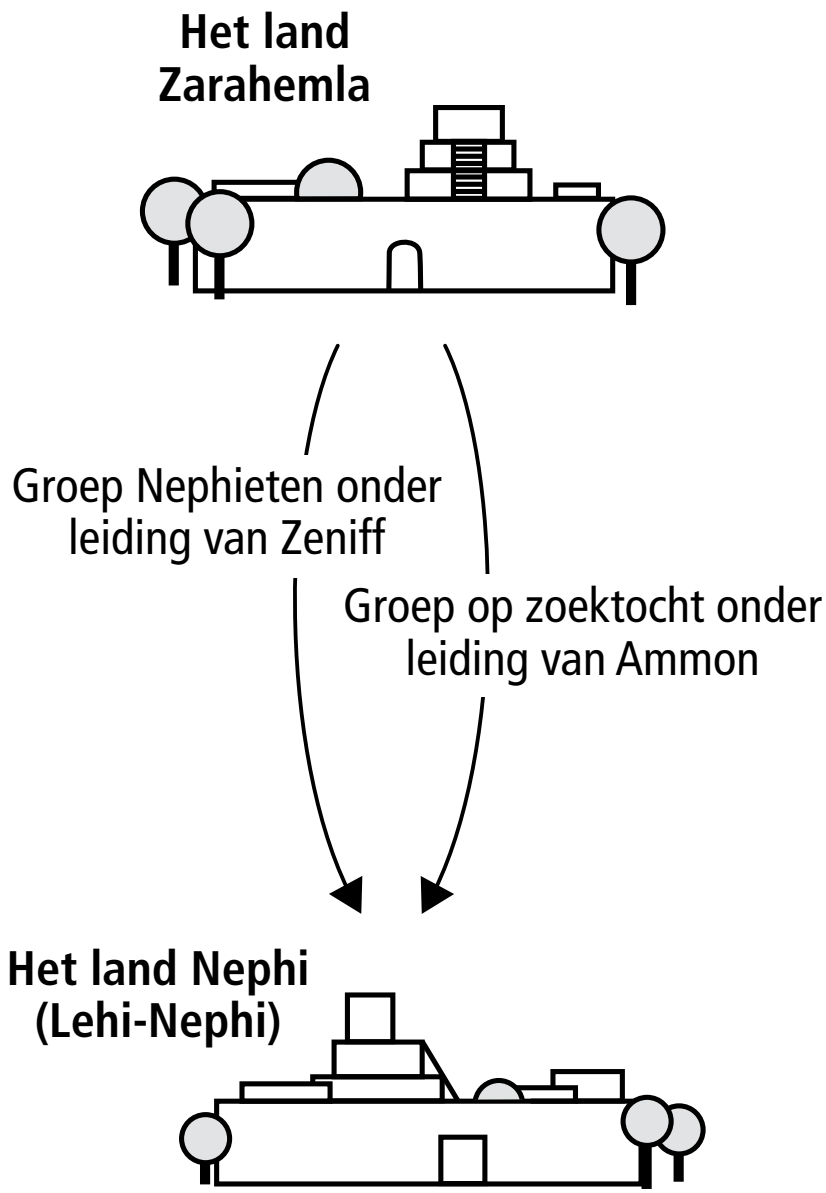Overzicht van de reizen in Mosiah 7–24