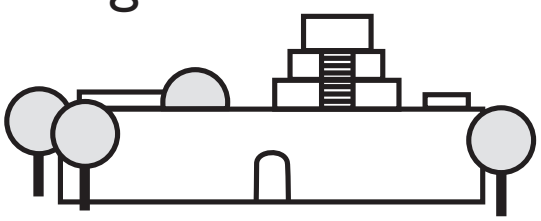
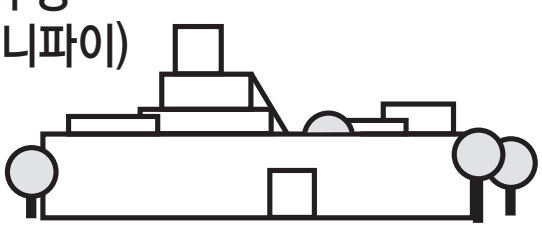
모사이야서 7~24장에 나오는 여정의 개요

제이라헤믈라
땅



니파이 땅
(리하이-니파이)