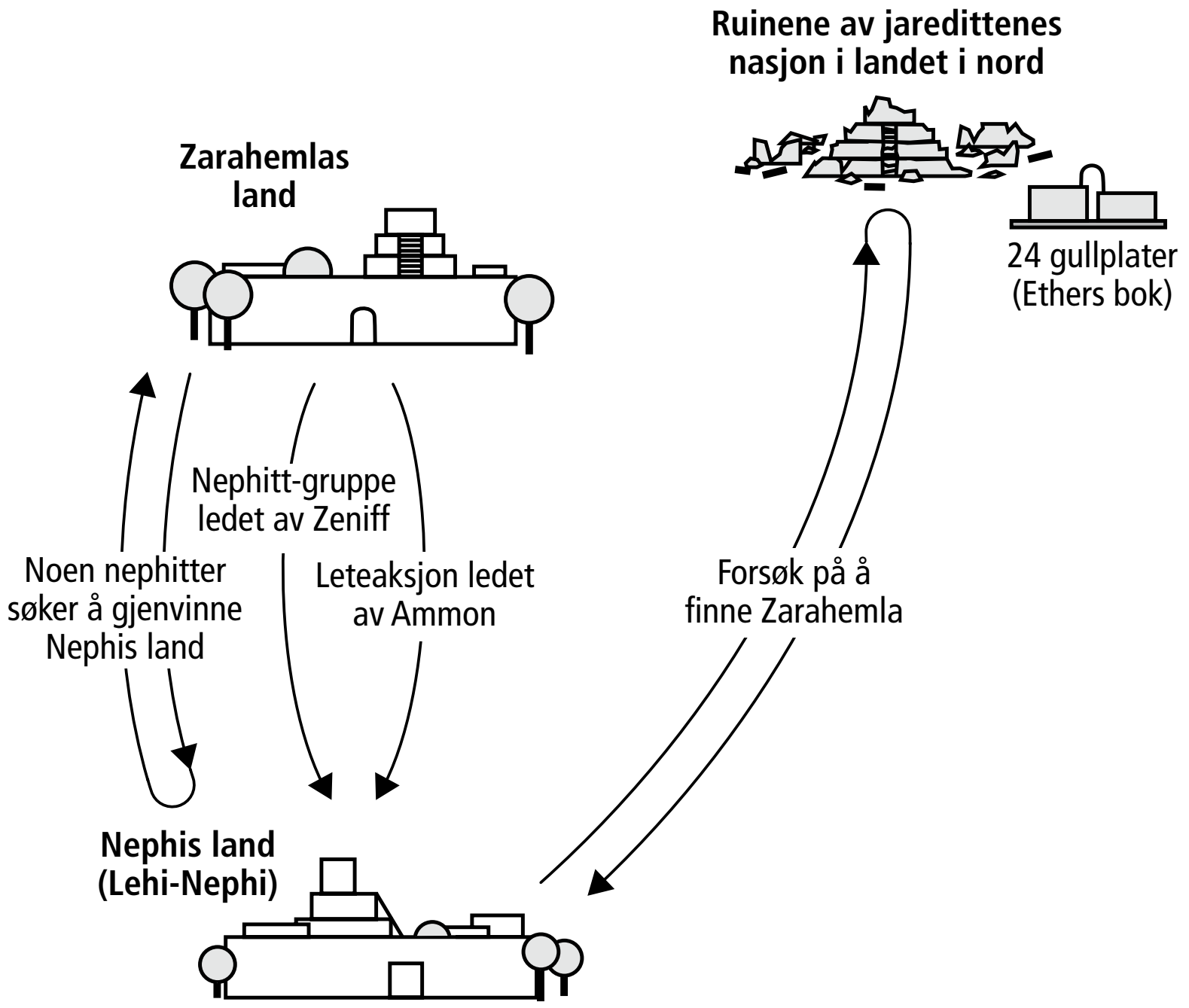Oversikt over reiser i Mosiah 7-24