Putting on the "Whole Armour of God"

Ephesians 6:13–18	Armor	What the armor represents	Part of the body protected	What the body part may represent
Verse 14	Belt that is girt (tied) around loins	Truth	Loins	Our chastity or moral purity
Verse 14	Breastplate			
Verse 15	Boots or shoes			
Verse 16	Shield			
Verse 17	Helmet			
Verse 17	Sword			

EPHESIANS HANDOUT

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THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

