

Group 4: Power to Choose

1. Invite a student to read 2 Nephi 2:26 aloud. Ask the class to follow along, looking for what resulted from Jesus Christ performing the Atonement and redeeming all mankind from the Fall. Then ask the class the following question:

- What do you think it means that we became “free forever . . . to act for ourselves and not be acted upon, save it be by the punishment of the law at the great and last day”?

2. Read the following statement to the class:

“You are free to choose and act, but you are not free to choose the consequences of your actions. The consequences may not be immediate, but they will always follow” (*True to the Faith: A Gospel Reference* [2004], 12).

Ask the following question:

- What are some examples of consequences that may not be immediate but that will certainly follow a person’s actions?

3. Invite students to read 2 Nephi 2:27 silently, looking for words and phrases that show future consequences of choices we make now. Ask students to report what they find. (Answers may include “liberty,” “eternal life,” “captivity,” “death,” and “miserable.”) Then ask the following questions:

- Why do you think it is important for us to understand the consequences of our choices in this life?
- How can knowing these consequences motivate us to make righteous choices?

Share your testimony that we are accountable to God for our choices and that consequences always follow our choices.

4. Point out that in 2 Nephi 2:27, Lehi says that we “are free to choose liberty.” Then ask the class the following questions:

- In your experience, how do righteous choices help us remain free to choose?
- What are some examples of how the righteous use of our agency results in additional freedom? (Be prepared to share an example of your own.)

