

Kings: 200–121 B.C.

North Sea

North Sea

Sidon River



Mosiah I
(Omni 1:19)

Land of Zarahemla



Benjamin
(Omni 1:23)



Mosiah II
(Mosiah 6:3)

East Sea

West Sea

Zeniff's Colony

**Land of
Lehi-Nephi**



Zeniff
(Mosiah 7:9,
21–22; 9:1)



Noah
(Mosiah 11:1)



Limhi
(Mosiah 19:26)