The Results of Adam's Fall from Which We Need to Be Saved

- Physical death: We are all born with mortal bodies that will eventually die.
- Spiritual death: We are all born into a fallen world and are separated from our Heavenly Father.
- We live on a telestial, fallen earth.

The Unconditional Blessings of the Atonement

- All who have ever lived will be resurrected with an immortal physical body (see Alma 11:42–44).
- All will be brought back into God's presence for judgment (see Alma 11:44; Helaman 14:15–17).
- The earth will be made celestial (see D&C 88:18–20).

The Results of Our Own Fall from Which We Need to Be Saved

 As we become accountable for our choices, our sins make us unworthy to return to our Heavenly Father's presence (see Mosiah 16:2–5).

The Conditional Blessings of the Atonement

• If we have faith in Jesus Christ, repent, and are baptized, we can be cleansed from our sins. Through the gift of the Holy Ghost we can become sanctified and worthy to remain in the Father's presence and become as He is (see Alma 34:13–17; 42:15; Moroni 10:32–33; D&C 76:58; 132:19–20; Moses 5:5–11).

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