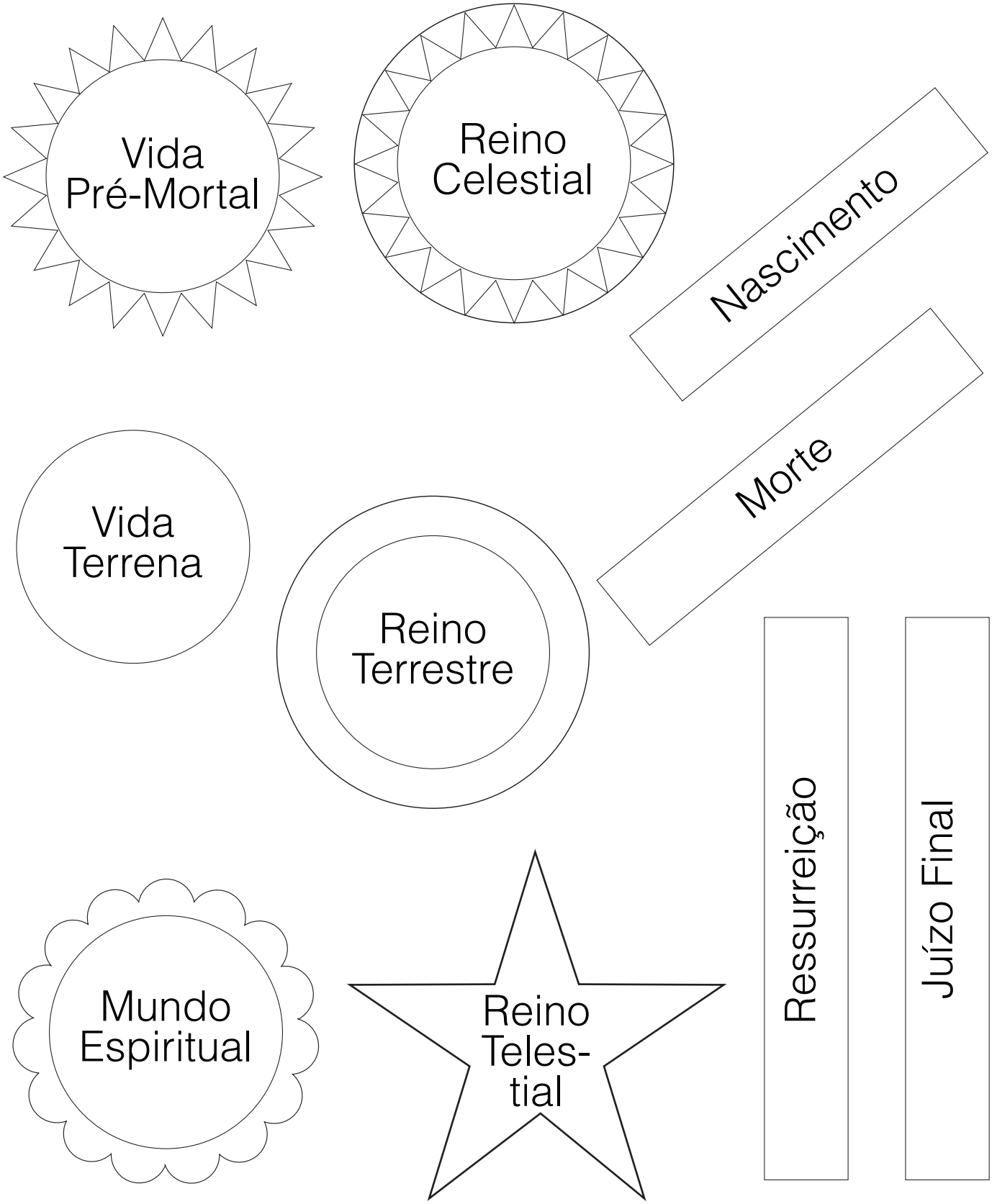O Plano de Salvação