

1

**KEEP A POSITIVE
ATTITUDE**

List your blessings.

2

**REMEMBER TO
WORK TOGETHER**

Ask friends, peers,
group members, and
others for help.

3

**REPLACE FEAR WITH
FAITH**

Avoid doubt.
Remember the
Lord has all power.
Call upon Him and
accept His will.

4

**MOVE FORWARD
WITH PATIENCE AND
COURAGE**

Never, never, never
give up; endure with
faith. Look for les-
sons the Lord might
be teaching you.