HOW DO I FEEL ABOUT THIS EXPERIENCE?	Never	Some- times	Often	Always
Every group member reports on his or her commitments.				
2. Our group starts and ends on time.				
3. I feel a bond with my group members.				
4. I feel the Spirit at our group meetings.				
5. Everyone in the group participates equally.				
6. I feel that I'm making progress toward self-reliance.				
7. I feel loved by my group members.				