

Principle 1: Act in Faith

“When . . . moments come and issues surface, the resolution of which is not immediately forthcoming, *hold fast to what you already know and stand strong until additional knowledge comes*. . . . The size of your faith or the degree of your knowledge is not the issue—it is the integrity you demonstrate toward the faith you do have and the truth you already know. . . .

“. . . Let me be clear on this point: I am not asking you to pretend to faith you do not have. I *am* asking you to be true to the faith you *do* have. . . .

“. . . So please don’t hyperventilate if from time to time issues arise that need to be examined, understood, and resolved. They do and they will. *In this Church, what we know will always trump what we do not know. And remember, in this world, everyone is to walk by faith*” (Jeffrey R. Holland, “Lord, I Believe,” *Ensign* or *Liahona*, May 2013, 94).

Principle 2: Examine Concepts and Questions with an Eternal Perspective

- What do you think might be some worldly premises or assumptions that could influence a person’s beliefs about the origin of mankind?
- What do you know from your study of the plan of salvation and the scriptures that could help someone with a question or concern about the origin of mankind?

Principle 3: Seek Further Understanding through Divinely Appointed Sources

“It is held by some that Adam was not the first man upon this earth and that the original human being was a development from lower orders of the animal creation. These, however, are the theories of men. The word of the Lord declared that Adam was ‘the first man of all men’ (Moses 1:34), and we are therefore in duty bound to regard him as the primal parent of our race. It was shown to the brother of Jared that all men were created in the *beginning* after the image of God; whether we take this to mean the spirit or the body, or both, it commits us to the same conclusion: Man began life as a human being, in the likeness of our Heavenly Father” (“The Origin of Man,” *Improvement Era*, Nov. 1909, 76; “The Origin of Man,” *Ensign*, Feb. 2002, 26).

What I learned today: _____

