

Family Fun Time



Read “The Big-Brother Trap!” (pages 4–5). Then talk about how your family can get along well with each other. Make these fun recipes together and talk about what makes each family member special. Remember to get an adult’s help with these recipes.

UNITY BREAD

It takes lots of different ingredients to make a recipe work. Imagine if you tried to make bread with just flour. Or if you left out the salt. Families are like that—everyone together creates something wonderful! Consider reading 1 Corinthians 12:14–18, and talk about how every family member is important.



- 2 cups all-purpose flour
- 1 tablespoon baking powder
- 1 teaspoon salt
- 1 teaspoon baking soda
- 1 cup plain yogurt

1. Preheat the oven to 350°F (180°C).
2. Mix all the ingredients together in a bowl.
3. Scoop the dough into a small loaf pan and bake for 25–30 minutes, or until a butter knife comes out clean when you stick it in the middle.
4. Turn the pan upside down to remove the loaf, and let the bread cool.

FRIENDSHIP BUTTER

While your bread is cooking, you can make your own butter to eat with it!

- 1/2 pint heavy cream
- a small, clean jar with a tight lid
- a clean cloth
- salt

1. Put the cream in the jar and close it tight.
2. Take turns shaking the jar. The more you shake, the sooner the cream will turn to butter!
3. While each person has a turn, have everyone share something they like about the person with the jar. See how many nice things your family can come up with about each other! Keep passing the jar until there’s a large ball of light-yellow butter (about 20–30 minutes).
4. Pour out the extra liquid and pat the butter dry with a clean cloth. Stir in a little salt.

