



# A Friend in Me

*The Savior was a perfect example of looking out for others and being their friend. Take this quiz to see how you are doing at including others.*



1. You go into the lunchroom at school and look around to decide where to sit. You

- a. ask someone who's sitting alone if you can sit by him or her.
- b. find somewhere to sit by yourself.
- c. walk straight to where you always sit with your friends.

2. At home, your mom suggests you invite over some friends. You

- a. invite someone new you met at school.
- b. read a book or play a computer game instead. It's too hard to invite someone over.
- c. quickly call your two best friends and invite them over.



3. It's recess and people are making teams to play soccer. You

- a. look around to see who isn't on a team and call them over to play.
- b. wait for someone to invite you to join their team.
- c. gather your friends together to be a team.

4. You see a new boy at church. You

- a. say hello and sit down by him in class.
- b. smile as you walk into class but sit a couple of seats away.
- c. sit by your best friend.

5. Your little brother or sister wants to play with you. You

- a. sit down and play a game with him or her.
- b. say, "Maybe later." You have something you want to finish first.
- c. walk across the street to see if your friend wants to ride bikes.

## IF YOU ANSWERED:

**Mostly a's:** You're doing a good job including others. Keep looking out for people who could use a friend.

**Mostly b's:** Going out of your way and including others might be hard for you. Try smiling and saying hello. Chances are others are hoping for a friend too.

**Mostly c's:** You're good at being friends with people you know. Now try reaching out to new people. You could invite a new person to join you at recess or sit by you in class. You make others happy by including them!

How was your score?



Pretty good! But I could do a few things better too.