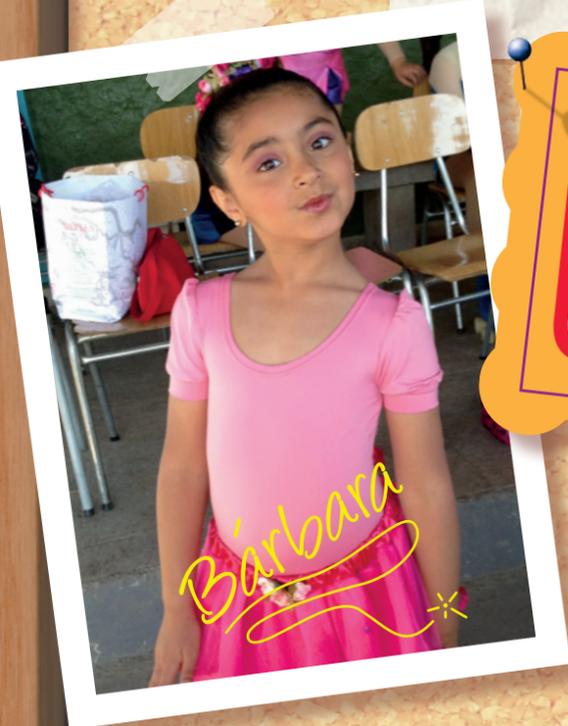


Bulletin Board



Bárbara

FUN FACTS ABOUT CHILE

On page 14 Bárbara tells us about her life in Chile. Here are some fun facts about this country.

- ★ Penguins live in the most southern part of Chile, near Antarctica.
- ★ Most of Chile is covered in mountains.
- ★ Easter Island, off the western coast of Chile, has famous statues that were carved almost a thousand years ago or more.
- ★ The Atacama Desert in northern Chile is the driest place on earth. In some places, no rainfall has ever been recorded!



El Emboque

The name for this Chilean toy comes from the Spanish word *boca*, or “mouth.” The idea of the game is to try to fling the ball into the cup. Here’s one way to make your own emboque toy. Be sure to get an adult’s help.

You will need:

- a plastic cup
- 16-inch (40-cm) string
- aluminum foil
- scissors

1. Poke a small hole in the bottom of the cup.
2. Thread the string through the hole and tie a knot at the end that is inside the cup.
3. Cut a large square of aluminum foil and poke a small hole in the middle of the sheet.
4. Thread the string through the hole in the foil and tie a knot. Scrunch the foil into a ball around the knot.
5. See how many times you can get the ball into the cup in one minute! You could make two emboque toys and share one with a friend.



Stuffed Tomatoes

Bárbara’s family eats tomatoes stuffed with tuna salad every Christmas. Maybe this recipe can become a tradition for your family too! Be sure to get an adult’s help. (Serves 4.)

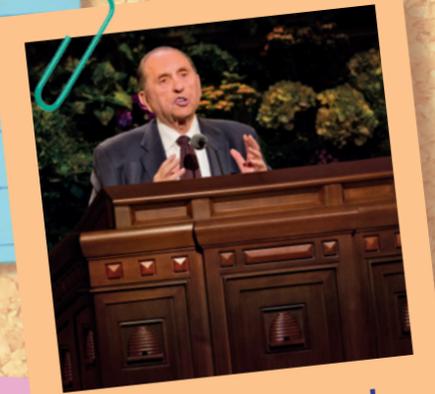
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| 2 tablespoons finely chopped onions | 1 teaspoon salt |
| 2 cans of tuna, drained | 1/8 teaspoon pepper |
| 2 tablespoons chopped cilantro | 4 tomatoes |
| 2 tablespoons lemon juice | |

1. Soak the chopped onions in a bowl of water for 10 minutes to soften the taste. Drain off the water.
2. Mix all of the ingredients except the tomatoes together.
3. Cut a circle in the tops of the tomatoes and scoop out some of the inside.
4. Fill the tomatoes with the tuna salad. Enjoy!

“I am a child of God”
in Spanish:
Soy un hijo de Dios
Pronunciation: soy oon
ee-ho deh dee-os

What If...

What if you saw a classmate being mean to another kid at school? What could you do?



Conference Time!

General conference is on October 4th and 5th. What is your favorite thing about conference? Tell us about your conference traditions by emailing your quote and picture to friend@ldschurch.org. Don't forget to include a statement of permission from a parent.

Family History: I Am Doing It!



Ask your mom, dad, grandma, or grandpa to pull out their old photos of family members. Look at the pictures together and ask them to tell you about the people in the photos. Are there any people you can't name? Who might know the names of those people? Help scan these photos at home or at a family history center. Then you can upload the pictures to FamilySearch.org/tree and share them with others.

Ready... set... go!

