



# Hi, I'm Zack!

Some people can't walk and don't have enough money to buy a wheelchair. Sometimes they can't go to school or have a job. Other people ignore them or look down on them. When I found out about that, I wanted to help!

# Finding Ways to HELP

From an interview by Sally Johnson Odekirk

### A Cool Idea

When I was six, my school decided to raise money to buy 13 wheelchairs. I thought it was a really cool idea. I came home and talked my mom into having a lemonade stand to earn money to help.

Zack takes one of the wheelchairs for a spin with his sister.



### Cookies and Lemonade

My family and I made lots of cookies to sell with the lemonade. We earned enough to buy one whole wheelchair.



### Zack's Shack

I decided to keep my lemonade stand going. I call it Zack's Shack. The third year I did it, our family and friends helped us make 460 dozen cookies. People heard about it on Facebook, and about 500 people came. Afterward I felt the Spirit tell me we had done well.



PHOTOGRAPHS COURTESY OF ZACK'S FAMILY

### Why He Helps

I heard about a woman who was born with no legs. She crawled five miles with her baby on her back to get her new wheelchair. I feel good inside each time I sell a cookie or lemonade because I know it's helping someone.

### HOW YOU CAN HELP

- The Church gives wheelchairs, crutches, and walkers to thousands of people around the world. You can help by donating money to Humanitarian Aid in your tithing envelope.
- If you meet someone who walks slowly or uses a wheelchair, remember to walk beside them. You can ask them if they need any help. But most of all, just have fun together!



### GIVE US A HAND!

How do you follow Jesus by helping others? Trace your hand, and send us your story and photo, along with your parent's permission. Find out how on page 48.



A new wheelchair can change somebody's life! Watch "Riqui's Wheelchair" at [friend.lds.org](http://friend.lds.org).