

ROCK OR SAND?

Write choices like the ones below on strips of paper. Take turns choosing and reading them aloud. Talk about why doing each one would be like building a house on rock or sand. How can listening to prophets help us follow Jesus's teachings and make wise choices?

Reading scriptures together	Cheating on schoolwork
Taking a dare	Including someone who is new
Going to church	Using bad words
Blaming a mistake on someone else	Playing a game with a sister or brother
Doing your homework	Sharing with others
Showing respect for others	Spending many hours on computer games
Telling the truth	Taking something that isn't yours
Staying quiet while someone is being bullied	Praying every morning and night
Listening to general conference	Including someone who is left out

ROCK ART

Choose a smooth rock. With a marker or paint, write "Jesus Christ" on it. Talk about why it's so important to build our lives on His teachings. Keep the rock in a place where you can see it often.





SCRIPTURE TIP

The Book of Mormon can help us understand the New Testament. Read Helaman 5:12. What did you learn about the meaning of the word rock from reading that verse? Look up "Rock" in the Guide to the Scriptures to see if you can find any other verses that help you understand more.



Read Matthew 7:24-29 together. You could also draw a picture of the story. Then talk about these questions: What things in our life are like the rain and wind? How could making decisions based on what is popular be like building our house on sand? How does following Jesus's teachings protect us and make us as strong as a house built on a rock? Talk about ways you can build your faith in Jesus Christ.

Song: "The Wise Man and the Foolish Man" (Children's Songbook, 281)

Scripture: Matthew 7:24-29