Diabetic? NOT ALONE!

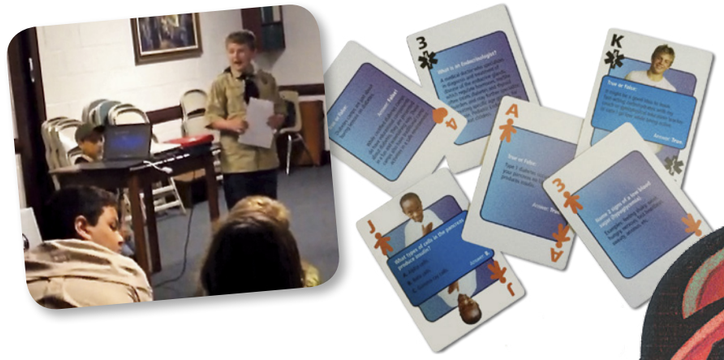
From an interview by Jessica Larsen

Hi, I'm Matthew!

I have had Type 1 diabetes since I was six years old. That means my body doesn't process nutrients correctly. It's not easy being different. So I like helping other kids who feel different too!

Sugar Rush

I taught my Scout troop first aid for diabetes. For example, if I don't feel well, I need to drink juice. I even showed them how to give me a special shot if I faint! Afterward we played a diabetes trivia game.



Fashion Statement

My troop and I made these cool leather ID bracelets for kids who have just found out they have diabetes. We donated them to the hospital.

Suit Up

I love reading about the whole armor of God (Ephesians 6). I know that with Heavenly Father's help, I can do hard things even though I have diabetes.

Speak Out

I raise diabetes awareness by sharing my story with local businesses and explaining what diabetes is. It used to be scary, but now I enjoy public speaking.

Call of the Wild

I go to a camp with other diabetic kids. I help introduce new campers to my friends and favorite counselors. We love to swim and hike.

GIVE US A HAND!

How do you follow Jesus by helping others? Trace your hand, and send us your story and photo, along with your parent's permission. Find out how on page 48.

HOW YOU CAN HELP

- **Include others:** Say hi when you see someone by themselves at school, or invite someone new to sit with you.
- **Get involved:** Contact your local hospital or Red Cross and see if they need donations like quilts, stuffed animals, or even medical ID bracelets.
- **Get informed:** Learn about a disability or illness and teach your Scout troop or activity day group about it. Learn first aid so you can help people in need.