

Family Night

FUN

Here are some fun FHE ideas from this month's magazine. What other ideas can you come up with?

Mud Buckets

You can make your own buckets of mud. But you can eat this mud! Be sure to get an adult's help.

1 package (3.9 oz or 110 g) chocolate instant pudding
2 cups cold milk

10 chocolate cookies, crushed
gummy worms

1. Beat the pudding mix and milk in a large bowl for 2 minutes. Let it sit for 5 minutes.
2. Stir in half of the crushed cookies.
3. Divide the pudding between cups.
4. Top with the remaining cookie crumbs.
5. Refrigerate for one hour. Top with gummy worms just before serving!



ILLUSTRATIONS BY BRYAN BEACH

SAY THANKS!

How can you show gratitude when someone does something nice for you?

- Say "thank you" or give a card.
- Do something nice in return.
- Pass it on! If you don't know who helped you, help someone else.
- Keep a "gratitude journal." Write down the nice things people do and how they make you feel.
- Most important, remember to thank Heavenly Father for your blessings!

TASTY TREATS

Try these for FHE this month!

- Cut pitas into triangles and sprinkle with olive oil, salt, and garlic powder. Bake at 400°F (200°C) until golden.
- Put half-and-half and a bit of sugar on sliced strawberries or bananas.
- Mix blueberries with vanilla yogurt and a dash of cinnamon. Spoon onto waxed paper and freeze for 1 hour.



Thank you!



MORE FHE IDEAS

Here are some more FHE ideas. Look for these pictures in the magazine to find the stories and articles they go with! (Find the page numbers below.)



IDEA 1: Plan your own family sleepover party! Read "A Party for Princess Libby." You could build a fort, pop popcorn, and play games.

IDEA 2: What can your family do to get ready for baptism or to remember your baptismal covenants? Read "Who Will Baptize Me?" Then make your own baptism bag!



IDEA 3: Read "The Whole Armor of God" and make your own armor. (We'd love to see a photo!) What can you do every day to keep your spirit safe and happy?



Idea 1: 8; Idea 2: 18, 17; Idea 3: 24

SECRET SERVICE

Read the story "Buckets of Mud" (page 4). When we serve others, we love them as Jesus would love them.

1. Write everyone's names on separate pieces of paper. Drop them in a bucket or other container.
2. Have everyone pull another person's name out of the bucket. Don't show anyone!
3. Think of ways you can serve that person every day for the next week.
4. Draw or write down each act of service you do and drop it in the bucket each day.
5. Next family home evening, read through all the nice things your family did for each other! You could even guess who did each thing as you pull the papers out.

