Family Night

Here's an idea for family home evening. What other ideas can you come up with?



He Hears Them All

Read "Praying with Paul" on page 4. Many people around the world pray in different ways. Heavenly Father loves all of His children and hears and answers their prayers. He knows how to help all of His children. We can pray to Him anytime, anywhere!

Take turns reading these scriptures about prayer. Fold your arms when you hear the words *pray* or *prayer*.

- 2 Nephi 32:9
- Psalm 55:17
- Luke 11:1

Is there a topic you'd like to learn about with your family? Go to

lessonhelps.lds.org to find stories, activities, and media.

- Alma 13:28
- Doctrine and Covenants 19:28



Prayer Pretzels

Some say pretzels were invented by a Christian monk to look like arms folded in prayer. Make these treats to remind you to pray every day! Be sure to get an adult's help.

refrigerated dough or your favorite bread dough recipe 1/4 cup flour

1/4 cup baking soda 3 cups hot water coarse salt

- 1. Divide and roll out the dough on a floured surface into long, thin ropes. Shape the ropes into pretzels.
- 2. Dissolve the baking soda into the hot water. Dip each pretzel into the mixture, making sure the whole pretzel gets covered.
- 3. Place the pretzels on a greased baking sheet and sprinkle them with coarse salt. Bake at 400°F (200°C) for 15 minutes or until golden brown.

More Ideas

Read "Passing along God's Love" (page 15). What's one thing your family can do to share God's love with someone?

Read "Toy-Truck Trouble" (page FJ8) and tell about a time you chose to be honest.

> Read their story on page 28!



Prayer helped Grace's family in a hard time.

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