

Daniel Bravely Followed God

When Daniel was young, he was sent to live with a king. The king gave Daniel and his friends meat and wine. God told them not to eat it. Daniel asked for other food and water instead. He and his friends were healthier because they listened to God. When Daniel got older, other leaders in the kingdom were jealous of him. They tricked the king into making a law that said anyone who prayed to God would be thrown into a den of lions! Daniel prayed anyway. The jealous men took Daniel to the king, who put Daniel in the lion's den. God sent an angel to shut the lions' mouths so Daniel would not be hurt. Daniel was so faithful that he later saw a vision of the Lord!



Melody D., age 10, Utah, USA

Read about Daniel in the book of Daniel.

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DANIEL

Daniel trusted God and stood up for what he believed.

- Watch chapters 40 and 43 of the Old Testament stories at scripturestories.lds.org.
- Practice saying "No, thanks!" if someone asks you to eat, drink, or watch something bad.
- Pray every day for a week. Try to make it a habit.
- I can stand up for what I believe by . . .
