

Come, Follow Me

for Little Ones

Having meaningful scripture study with young children can be challenging. Here are some ideas to make it easier!

FOR
Mosiah
11-17

COMMANDMENTS

Read Mosiah 12:33-34 together and help your little ones say, "Commandments help us stay safe." Then make up hand motions together for this rhyme:

"This is the mountain where Moses went.
This is the tablet the Lord did send. This
is His finger that wrote the words. This is
the voice that Moses heard. This is the
cloud on the mountain tall. These are
the commandments—count ten in all!"

Then count to ten!

FOR
Mosiah
18-24

JOY IN BAPTISM



Read Mosiah 18:10-11 about how Alma's people clapped for joy when they learned about baptism. Find a picture of someone being baptized and point out what is happening in the scene. Then take turns hiding the picture and finding it. Whenever your child finds it, help them say, "I'm happy I can be baptized" and clap together for joy!

FOR
Mosiah
25-28

I CAN REPENT



Read Mosiah 27:23-24 together and act out the conversion story of Alma the Younger.

1. Start by walking in place.
2. Then pretend to see an angel and fall to the ground.
3. Stay still to represent the days Alma seemed like he was asleep.
4. Then stand up and say, "I can repent and follow Jesus!"

FOR
**Mosiah 29-
Alma 4**

WAITING PATIENTLY



Read Alma 1:25 together and help your little ones say, "Sometimes we have to wait patiently for blessings." You could play freeze-dance to introduce the idea of patience.

1. Dance around as you listen to Primary songs or other good music.
2. Pause the music at random, and practice standing still while the music is paused.