

# Animal Games

Heavenly Father gave us amazing bodies. Getting good exercise is one way to care for them. Play an animal game with friends or family. Try hopping like a bunny or waddling like a duck. Take turns coming up with ideas! Or see who can make the best animal noises.



## FROG FRIENDSHIP

Try this fun game from Zambia! Crouch down and face a partner with hands touching. Now hop together from a start line to a finish line—and back!—without dropping your hands.

