

# COURAGE FROM THE HOLY GHOST



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I lay in bed after my mom tucked me in for the night. I thought about some secrets I was keeping. My mind was filled with guilt. Then I remembered to pray. As I did, the Holy Ghost told me to talk to my mom about what was on my mind.

For some reason, I was hesitant to talk to my mom about it. I knew Satan was trying to make me feel scared. I also knew through the Holy Ghost that talking to my mom was the right thing to do.

At last I got the courage to go ask my mom if we could talk. I told her all about what I had done and how I was feeling. To my surprise, she wasn't upset at all. She told me how happy



she was that I was brave enough to talk to her. We hugged, and I asked her to forgive me. I felt relieved and happy.

I prayed again to my Father in Heaven and asked Him to forgive me too. It felt so good to follow the Spirit and do what's right. I'm grateful for Jesus, who made it so that I can repent when I make a mistake. I'm also grateful for the Holy Ghost, who helped me feel better. And I'm grateful for a loving mom who listens and understands me. ●