

Tim Can Do Hard Things!



By Lori Fuller Sosa
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Tim was a good hiker. But this hike seemed *very* long. He and his family had hiked all the way to a lake. Tim liked seeing the little fish in the water. He liked throwing rocks in the lake. But now he was tired and hungry. Hiking was hard!

"Will you carry me?" he asked Dad.

"I'm sorry," Dad said. "I have to carry your little brother."



Tim started to cry. He was so tired. He did not want to walk anymore.

"Will you carry me?" he asked Mom.

"I have to carry baby Mia," Mom said. "But I can hold your hand. We'll walk together."

Mom held Tim's hand. "You can do it, Tim. We can do hard things."

When Tim got tired, Mom pointed to the colorful flowers. They stopped to drink some water.

Then they hiked a little more. "We can do hard things," Mom told Tim. "You are doing such a good job."

Soon Tim could see the car. "Look! We're almost back!"

When they got back to the car, Mom gave Tim a big hug. "You did it!" she said. "You really *can* do hard things."

Tim smiled. He felt so proud. He had hiked the whole way!

Later that week, Tim had to do another hard thing. He was learning how to ride a bike. He had

to practice and practice. He even fell off the bike.

"Do you want to keep trying?" Dad asked.

Tim thought about the hike. That was hard too. But he did it.

"Yes!" said Tim. "I can do hard things!"

Tim got back on his bike. He wanted to try again! ●

