



COME, FOLLOW ME ACTIVITIES

For home evening, scripture study, or just for fun!



Leap Frog

FOR EXODUS 7-13

STORY: Moses was a prophet. He told Pharaoh to let God's people go free (see Exodus 8:1). Pharaoh said he would let them go. But then he broke his promise. God sent frogs, lice, flies, and other plagues to warn Pharaoh to follow the prophet.

SONG: "Follow the Prophet," verse 5 (*Children's Songbook*, 110-11)

ACTIVITY: Play a game! Have everyone get in a line. Then crouch down low. One person puts their hands on another person's back and jumps over each person one by one, like a frog. Take turns until everyone has gone. Each time you hop, say one way you can follow the prophet.



Parting the Sea

FOR EXODUS 14-17

STORY: Moses led God's people away from Egypt. But Pharaoh came after them. God gave Moses the power to part the Red Sea. His people crossed on dry ground and fled from the Egyptians.

SONG: "Redeemer of Israel" (*Hymns*, no. 6)

ACTIVITY: Act out the story of Moses parting the Red Sea. You can use the script on page 12.

ILLUSTRATIONS BY KATY DOCKRILL

Extra-Special Easter

FOR EASTER

STORY: The prophet Isaiah said that Jesus suffered for our transgressions and understands our sorrows (see Isaiah 53:4-5). Jesus died for us and then lived again. Because of Him, we will all live again too.

SONG: "Did Jesus Really Live Again?" (*Children's Songbook*, 64)

ACTIVITY: Make Easter extra special this year by doing the activity on page 3. Each day the week before Easter, read about Jesus and color part of the picture. You could also cut out the figures on pages 24-25.



Bear Another's Burdens

FOR EXODUS 18-20

STORY: It was hard for Moses to lead his people by himself. His wife's father, Jethro, told Moses to let other people help "bear the burden" (Exodus 18:21-22).

SONG: "I'm Trying to Be like Jesus" (*Children's Songbook*, 78-79)

ACTIVITY: Have one person stand and hold their arms out. Put a book in each of their hands. Add more books until they are too heavy to hold up. Then have two people hold the person's arms up. Is it easier to carry a burden when you have help? How can you help others? How can you ask for help?

Tablets from a Mountain

FOR EXODUS 24; 31-34

STORY: God gave commandments to Moses on stone tablets. The Israelites promised to obey them (see Exodus 24:7).

SONG: "Keep the Commandments" (*Children's Songbook*, 146-47)

ACTIVITY: You can promise to obey too. Make pretend tablets out of paper. Then draw or write on them ways that you keep the commandments.



FOR YOUNGER CHILDREN:



- Read the scripture story on page 8. Then color the picture on page 48.
- Learn about Easter by reading the story on page 44.
- Read the story on page 46. Then cut out the cards on page 27 and play a matching game.