



COME, FOLLOW ME ACTIVITIES

For home evening, scripture study, or just for fun!

Deborah and the Palm Tree

FOR JUDGES 2-4; 6-8; 13-16

STORY: Deborah was a righteous leader. She sat under a palm tree and listened to her people (see Judges 4:4-5). She helped them repent and follow God.

SONG: "Choose the Right Way" (*Children's Songbook*, 160-61)

ACTIVITY: Psalm 92:12 says, "The righteous shall flourish like the palm tree." Make the palm tree on page 36. Talk about ways you can follow God.



Grains of Service

FOR RUTH; 1 SAMUEL 1-3

STORY: Read about Ruth in the scripture story on page 8. She worked hard and gathered grain to take care of her husband's mother. God blessed her for serving others.

SONG: "When We're Helping" (*Children's Songbook*, 198)

ACTIVITY: Cut out pieces of paper in the shape of grain kernels. Use a stick or long piece of paper as a stem. Glue or tape your kernels to the stem to make a stalk of grain. Whenever you serve someone, pull off a kernel. Keep going until the stem is bare!



Goliath Toss

FOR 1 SAMUEL 8-10; 13; 15-18

STORY: When David was young, he faced a giant soldier named Goliath to protect his people. David knew the Lord would help him defeat Goliath. You can read the story in 1 Samuel 17.

SONG: "I Will Be Valiant" (*Children's Songbook*, 162)

ACTIVITY: Make a square on the ground with chalk or tape. Write the name "Goliath" inside. Stand back and toss pebbles into the square. Every time your pebble lands in the square, name a way Heavenly Father helps you overcome big challenges.



FOR YOUNGER CHILDREN:

- Read the scripture story on page 8. Then color the picture on page 48.
- Read a story about following the prophet on page 44. Then do the activity on page 45.
- Find the hidden items on page 43. Then do something to help someone else!



ILLUSTRATIONS BY KATY DOCKRILL

The Lamb Story

FOR 2 SAMUEL 5-7; 11-12; 1 KINGS 3; 8; 11

STORY: The prophet Nathan told a story about two men. The first man had lots of lambs. The second man had only one lamb. The man with many lambs stole the other man's lamb. That made the man with only one lamb very sad. It also made Heavenly Father sad. (See 2 Samuel 12:1-4.)

SONG: "I'm Trying to Be like Jesus" (*Children's Songbook*, 78-79)

ACTIVITY: Act out the story of the two men and the lambs. You could use toys or other objects for the lambs. Then act it out again, but this time change the ending! What can the first man do to be kind instead of selfish?