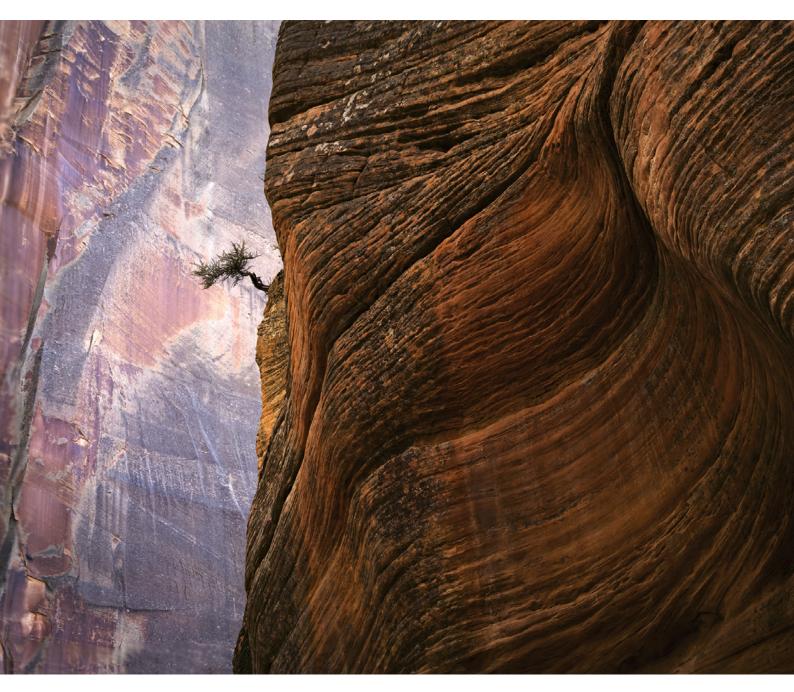
## **INSIGHTS**



## How can we thrive in a hostile world?

"As individuals, disciples of Christ, living in a hostile world that is literally in commotion, we can thrive and bloom if we are rooted in our love of the Savior and humbly follow His teachings."

Elder Quentin L. Cook of the Quorum of the Twelve Apostles, "The Lord Is My Light," Ensign or Liahona, May 2015, 63.