



## Alma 23–29

JUNE 29–JULY 5

Following their conversion, the faithful Lamanites wanted a new name to distinguish themselves from other Lamanites and to symbolize their conversion to Jesus Christ. They called themselves the Anti-Nephi-Lehies (see Alma 23:16–17). We distinguish ourselves today by taking Jesus Christ's name upon us.

### DISCUSSION

How does taking upon you Christ's name in your daily thoughts and actions motivate you to be a better disciple of Him?

# What Is the Importance of a Name?

## A Symbol of Our Conversion



At baptism we covenant to take upon ourselves the name of Christ. Each time we take the sacrament, we renew that covenant. What do we covenant to remember and do as we take upon us His name? (See Mosiah 18:8–9; Doctrine and Covenants 20:77.)

## A Witness of Christ



The Apostles are “special witnesses of the name of Christ in all the world” (Doctrine and Covenants 107:23). We can be witnesses of Christ too. How can you stand with the prophet and apostles and be a witness of the name of Christ to people around you?

## A Source of Power



Recently, President Russell M. Nelson has implored us to call the Church by its correct name: The Church of Jesus Christ of Latter-day Saints. He promised that power will pour down upon the Saints as we do so (see “The Correct Name of the Church,” *Ensign* or *Liahona*, Nov. 2018, 89). What are some things you can do to better use the correct name of the Church and help others do the same?