

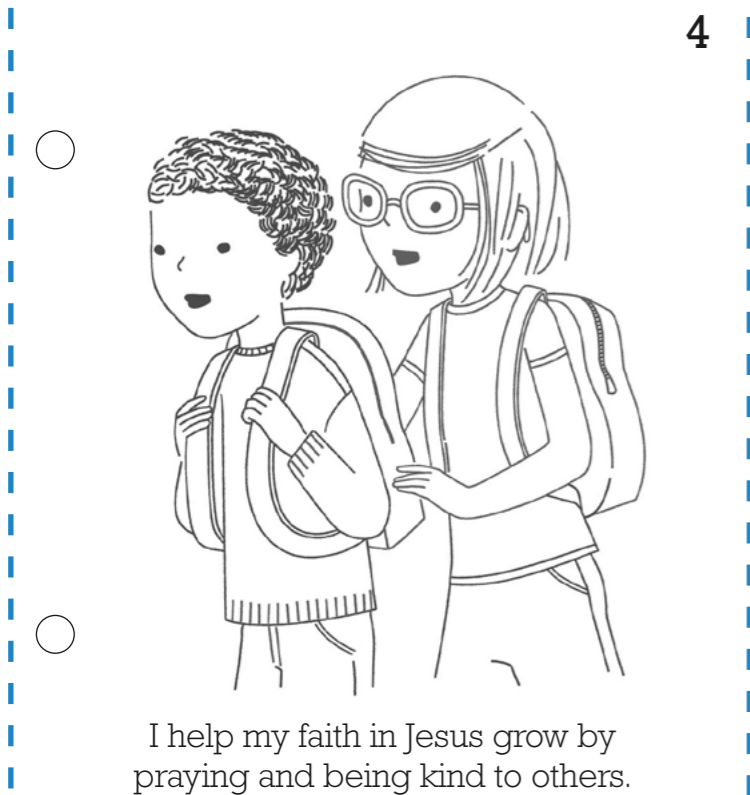
In the Book of Mormon, Alma said that faith is like a seed.



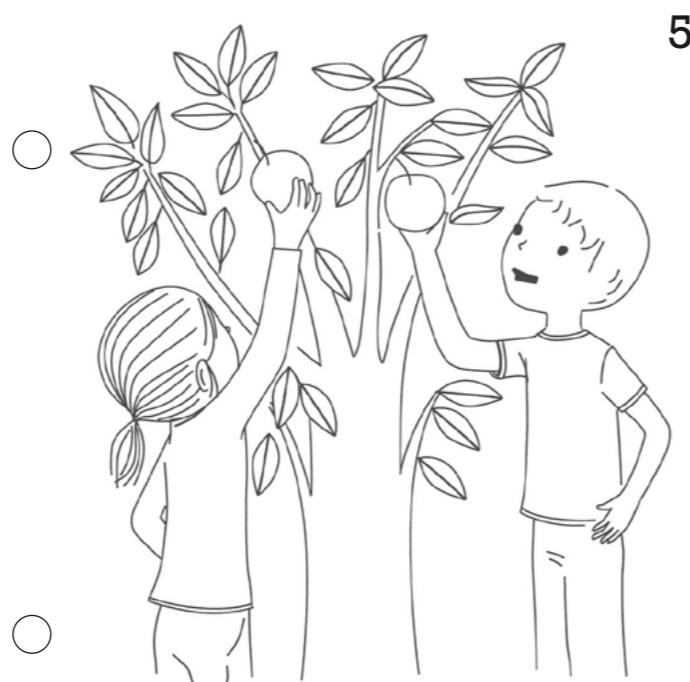
I can plant my own seed of faith by listening to what the prophets and scriptures teach.



A seed needs water and sunshine to help it grow.



I help my faith in Jesus grow by praying and being kind to others.



As a tree grows, it can give us sweet fruit.



As my faith grows, it will bring sweet blessings into my life.



I will keep helping my faith grow strong. Heavenly Father and Jesus Christ love me!