



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

Dear Parents,

This month's magazine talks about people who did hard things. Camille stayed away from bad media, even when her friend didn't agree (page F8). The stripling warriors protected their families, even when it was scary (page F20). God will help us do hard things too. Every time your children read about someone being brave, they could draw a star on the page. And remember that God loves us!

Be brave,
The *Friend*

HOW TO SEND YOUR CHILD'S ARTWORK OR EXPERIENCE TO THE *LIAHONA*

Go to liahona.ChurchofJesusChrist.org and click on "submit an article or feedback." Or email it to us at liahona@ChurchofJesusChrist.org along with your child's name, age, city of residence, and this permission statement: "I, [insert your name], give permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission in the Church magazines, on Church websites and social media platforms, and possibly in other Church materials." We can't wait to hear from you!

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ON THE FRIEND COVER
Illustration by Melissa Manwill

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