OUR HEAVENLY FATHER... KNOWS THAT WE LEARN & GROW & BECOME STORY OF BECOME AS WE FACE AND SURVIVE THE TRIALS.

... SUCH DIFFICULTIES ALLOW US TO CHANGE FOR THE BETTER, TO REBUILD OUR LIVES IN THE WAY OUR HEAVENLY FATHER TEACHES US, AND TO BECOME SOMETHING DIFFERENT FROM WHAT WE WERE.

President Thomas S. Monson, "'I Will Not Fail Thee, nor Forsake Thee,'"
October 2013 general conference