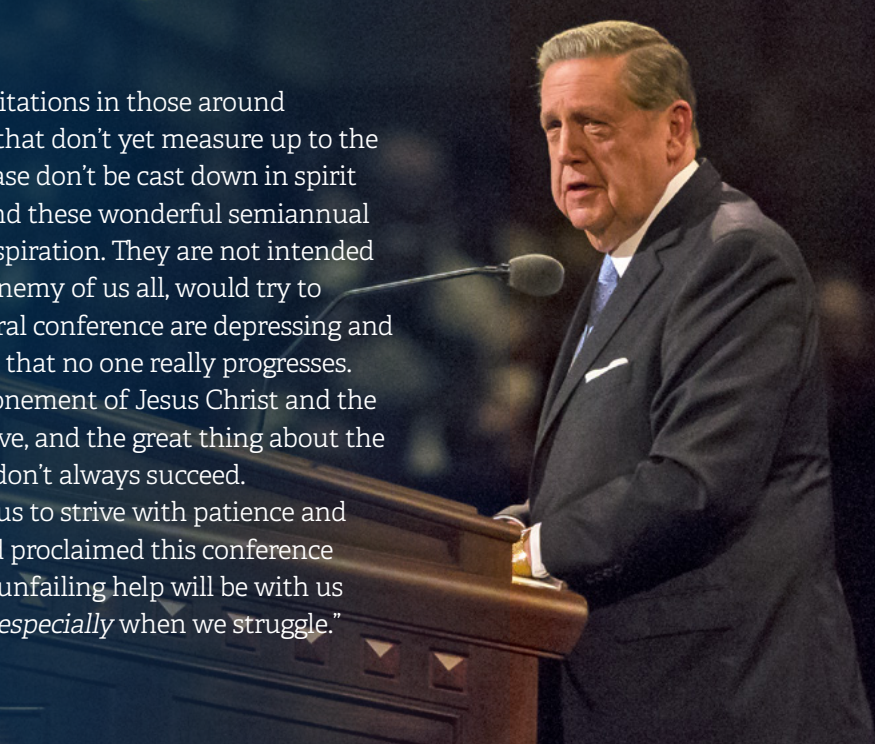


## Keep Trying

“If in the days ahead you not only see limitations in those around you but also find elements in your own life that don’t yet measure up to the messages you have heard this weekend, please don’t be cast down in spirit and don’t give up. The gospel, the Church, and these wonderful semiannual gatherings are intended to give hope and inspiration. They are not intended to discourage you. Only the adversary, the enemy of us all, would try to convince us that the ideals outlined in general conference are depressing and unrealistic, that people don’t really improve, that no one really progresses. . . . Don’t fall for that. With the gift of the Atonement of Jesus Christ and the strength of heaven to help us, we can improve, and the great thing about the gospel is we get credit for *trying*, even if we don’t always succeed.

“ . . . May [a loving Father in Heaven] bless us to strive with patience and persistence toward the ideals we have heard proclaimed this conference weekend, knowing that His divine love and unfailing help will be with us even when we struggle—no, will be with us *especially* when we struggle.”

Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles



### LISTEN CAREFULLY

“True testimony will be given to the speakers.

Their words may be few, but they will be carried into the heart of the humble listener who has come to the conference hungry for the good word of God.

“ . . . Listen carefully to the testimonies borne in this conference—you will feel closer to the Lord.”

**President Henry B. Eyring,**  
First Counselor in the First Presidency



### WHAT DID YOU HEAR?



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### WHAT WILL YOU DO DIFFERENT?

Think about what the Spirit prompted you to do during conference, and set goals to help you accomplish them.



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