The handbook invites Young Women leaders to help each young woman learn and practice leadership skills and qualities as she participates in the Young Women program (see Handbook 10.9). The following lessons may assist leaders in this effort. They are brief and may be taught as part of a regular presidency meeting or in other settings by either an adult leader or a member of the class presidency. The following leadership principles and lessons are included:

COUNSEL TOGETHER
1. Creating a Spirit of Unity in the Presidency
2. Planning Activities with Gospel Purposes in Mind
3. Preparing and Using an Agenda in Class Presidency Meetings
4. Conducting Meetings
5. Delegating Responsibility and Ensuring Accountability
6. Keeping Confidences

MINISTER TO OTHERS
1. Watch Over Each Class Member
2. Be an Example of the Believers
3. Minister to a Young Woman in Her Family

PREPARE SPIRITUALLY
1. Study the Words of Christ Daily
2. Obey the Commandments and Standards
3. Pray to Receive Revelation from the Holy Ghost
4. Develop Christlike Attributes

TEACH THE GOSPEL
1. Apply Principles of Teaching
2. Love Those You Teach
3. Teach and Testify by the Spirit
4. Teach from the Scriptures and Words of Living Prophets
5. Invite Participation and Diligent Learning
Counseling together provides an opportunity to become unified as a presidency. Your presidency also bears the responsibility of being unified with and following the direction of priesthood leaders who hold priesthood keys (bishops, stake presidents, and apostles and prophets).

LEARN TOGETHER

- Why is unity essential for success in the Lord’s work?
- How can differences of opinion be helpful?
- How will you, as a class presidency, resolve differences?
- After a decision is reached, what is the responsibility of each member of the presidency?
- How and where do you receive direction from priesthood leaders?

LIVE WHAT WE ARE LEARNING

- Identify one specific way to build more unity as a class presidency and then commit to act. Write down the blessings and benefits you receive. Prepare to share your observations at the next class presidency meeting.
- Identify one thing you can do to increase unity among your class members.
- What direction are we as a class presidency receiving from our bishopric and other priesthood leaders? How can we be unified with them?

LEARN MORE

VIDEO: Worldwide Leadership Training, “Keys Are the Authority Given to Us by God”
VIDEO: “Serving Young Women,” Think of every individual in your class. What will you do to help each feel included?
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Counsel Together

PLAN ACTIVITIES WITH GOSPEL PURPOSES IN MIND

INTRODUCE THE PRINCIPLE
The Lord has called His followers to “strengthen [our] brethren ... in all [our] doings” (see D&C 108:7). Therefore, it is essential to plan activities with gospel purposes in mind. Meaningful activities give you opportunities to put into practice gospel principles, strengthen testimonies, develop talents and leadership skills, give service, and foster friendships with others who are committed to living gospel standards. These are gospel purposes.

LEARN TOGETHER
Sometimes leaders begin planning an activity by asking, “What do we want to do?” Instead, why is it important to begin by asking, “What does the Lord want to have happen in the lives of those we serve?” What differences will likely occur in the types of activities planned if you begin by asking the latter question first?

LIVE WHAT WE ARE LEARNING
Commit to planning the next activity with gospel purposes in mind. After the activity, discuss as a presidency specific ways lives were strengthened and gospel principles applied.

LEARN MORE
 VIDEO: Mormon Messages for Youth, “Youth in Action: Service”
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Counsel Together

PREPARING AND USING AN AGENDA IN CLASS PRESIDENCY MEETINGS

INTRODUCE THE PRINCIPLE
The Savior has directed leaders in our day to “organize yourselves; [and] prepare every needful thing” (D&C 88:119). An agenda is a written plan for a meeting. It is an organizational tool that helps participants focus on the meeting’s purposes and use time effectively. It should be prioritized to ensure that the most important matters are discussed first. (See Handbook 2: Administering the Church, 18.1.)

LEARN TOGETHER
What do you think are some of the most “needful things” that could be included in a written agenda and why?

An agenda for class presidency meetings might include the following:
- Have someone offer an opening prayer.
- Study a verse from the scriptures.
- Receive leadership training.
- Discuss counsel from priesthood leaders and how best to implement it.
- Counsel together about how to strengthen and bless individual class members.
- Report on assignments.
- Plan for upcoming events that meet needs.
- Give new assignments.
- Have someone offer a closing prayer.

LIVE WHAT WE ARE LEARNING
Commit to prepare and use a written agenda in your next class presidency meeting. What benefits did you observe? Share your insights at the conclusion of the meeting.

LEARN MORE
SAMPLE PRESIDENCY MEETING AGENDA: See the sample agenda for a presidency meeting on the next page.
SAMPLE PRESIDENCY MEETING AGENDA

Opening Prayer: ____________________________________________________

PREPARE SPIRITUALLY
Scripture Study: ____________________________________________________

Leadership Training Lesson
  Topic: ____________________________________________________________
  Teacher: __________________________________________________________

COUNSEL
Direction Received from Priesthood Leaders and/or Young Women Leaders:
  ________________________________________________________________
  ________________________________________________________________

MINISTER
Strengthen and Bless Individual Class Members:
  ________________________________________________________________
  ________________________________________________________________

TEACH
Plan Upcoming Events to Fulfill a Gospel Purpose:
  ________________________________________________________________
  ________________________________________________________________

ADMINISTER
Report on Assignments:
  ________________________________________________________________
  ________________________________________________________________

New Assignments:
  ________________________________________________________________
  ________________________________________________________________

Next Meeting: ______________________________________________________

Closing Prayer: ____________________________________________________
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Counsel Together

CONDUCTING MEETINGS

INTRODUCE THE PRINCIPLE
In our day, the Lord has instructed leaders to plan and “conduct the meetings as they are led by the Holy Ghost, according to the commandments and revelations of God” (D&C 20:45; see also Moroni 6:9; D&C 46:2). A well-conducted meeting will establish a dignified tone and invite the Spirit to be present.

LEARN TOGETHER
• Discuss some qualities you like to see when someone is conducting a meeting.
• How do these qualities invite the Spirit to be present?
• Why is preparing in advance essential for an efficient and effective meeting?

Consider the following suggestions for conducting a meeting effectively:
• Arrive early and make sure everything is ready for the meeting.
• When possible, make assignments ahead of time, including opening and closing prayers.
• Conduct with reverence as guided by the Spirit. Leaders always teach by example.
• Use a written agenda that outlines events to take place in the meeting.
• The person conducting announces who will pray, speak, lead the music, and do other things.
• Music:
  o Choose music that invites the Spirit.
  o See that the music director and accompanist are prepared.
  o Where appropriate, arrange for the prelude music to be played before the meeting starts.
• Be efficient and aware of time limits.

LIVE WHAT WE ARE LEARNING
• Practice conducting a Sunday opening exercise or Mutual activity. Ask presidency members to identify the things you did well and possible ways to improve.
• Identify one specific way you will better prepare and conduct a meeting. Share with your class presidency what you did and the difference(s) you observed.

LEARN MORE
SAMPLE OPENING EXERCISES AGENDA: See next page.
SAMPLE OPENING EXERCISES AGENDA

Presiding:  
[BISHOP OR PRESIDING PRIESTHOOD LEADER IN ATTENDANCE]

Conducting:  

Welcome:  Welcome everyone.
Acknowledge visitors, guests, and presiding priesthood leaders.
Introduce opening hymn and prayer.

Opening Hymn:  
[TITLE AND PAGE NUMBER]

Music Director:  
Accompanist:  

Opening Prayer:  

Young Women Theme:

Announcements:  [UPCOMING LESSONS AND ACTIVITIES, SERVICE PROJECTS, ETC.]

Dismiss for classes or activity.
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Counsel Together

DELEGATING RESPONSIBILITY AND ENSURING ACCOUNTABILITY

INTRODUCE THE PRINCIPLE
The Savior recognized the potential of others and called them to help in the work of His kingdom (see Matthew 10:1; 3 Nephi 11:18–22). Leaders help others grow by giving them meaningful assignments and providing encouragement and assistance as needed.

LEARN TOGETHER
A relay race is an exciting event in track-and-field competition. What would you think of a member of a relay team who decided to keep the baton and run the whole race by herself? How would she make her team members feel? What would happen to a class if the president or the class presidency planned and did everything alone? What growth would others miss? How can involving others make for a “better race”?

Delegation includes more than giving someone an assignment. It includes the following steps:
1. Clearly outline the assignment in your own mind.
2. Prayerfully determine who should be given the assignment.
3. Meet with the other person to explain the assignment.
4. Decide together when the assignment needs to be completed.
5. Ensure that the assignment is understood and responsibility for it is accepted. Keep a written record of the assignment and check progress from time to time.
6. Respect the assigned person’s efforts to develop plans and fulfill the assignment. Leaders provide encouragement and assistance as needed.
7. Ask the person to report back about the assignment. After receiving the report, the leader accepts the person’s best efforts and expresses sincere appreciation for the good things the person has done.

LIVE WHAT WE ARE LEARNING
As a presidency, counsel together about how you could involve class members in meaningful ways to prepare for an activity, to participate in a Sunday lesson, and so on. Use the guidelines for delegating. Discuss the benefits you observed by involving others.

LEARN MORE
VIDEO: “Working Together in the Ward Council” — Watch this video and liken the ward council to your class presidency. How can you better work together to bless the members of your class?
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Counsel Together

KEEPING CONFIDENCES

INTRODUCE THE PRINCIPLE
In 1 Peter 1:15 it says, “But as he which hath called you is holy, so be ye holy in all manner of conversation.” For the Strength of Youth teaches us, “Speak kindly and positively about others. Choose not to insult others or put them down, even in joking. Avoid gossip of any kind, and avoid speaking in anger. When you are tempted to say harsh or hurtful things, leave them unsaid” (20).

As you show concern for and counsel about ways to support and strengthen members of your class, think carefully before you speak. Communicate in ways that build trust and respect individuals and families. As a leader you are in a sacred position to keep confidential any private or sensitive information that is discussed.

LEARN TOGETHER
- Discuss Alma’s counsel to his son Corianton (see Alma 41:14). How can you, as leaders, “see that you are merciful unto your brethren; deal justly, judge righteously, and do good continually” as you strive to help your class members?
- Discuss together the importance of keeping confidences and not allowing anything shared in confidential settings to be turned into gossip.
- Discuss ways you as presidency members can stop gossip and encourage kindness.

LIVE WHAT WE ARE LEARNING
Commit to keeping confidences of individual class members. Determine as a presidency to keep your meetings and all your conversations gossip free. Speak kindly of others, and by your example invite others to do the same.

LEARN MORE
VIDEO: President Dieter F. Uchtdorf, “Judging Others? Stop It!”
IMAGE: Mormonad, “Gossip”
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Minister to Others

WATCH OVER EACH CLASS MEMBER

INTRODUCE THE PRINCIPLE
Just hours before the Savior’s atoning sacrifice, He commanded His Apostles to “love one another” as He had loved them. When you sincerely love and care about each class member, you show you are striving to be a disciple of Jesus Christ (see John 13:34–35).

LEARN TOGETHER
The Prophet Joseph Smith repeatedly taught the critical importance of leading others with genuine love and kindness. He said: “Nothing is so much calculated to lead people to forsake sin as to take them by the hand, and watch over them with tenderness. When persons manifest the least kindness and love to me, O what power it has over my mind, while the opposite course has a tendency to harrow up all the harsh feelings and depress the human mind” (History of the Church, 5:23–24).

• Think of a time when someone showed genuine love and care for you. What did that person do? How did it affect you? How did it help you change for the better?
• Why do you think love has such a powerful influence for good on others?

LIVE WHAT WE ARE LEARNING
• Brainstorm and/or role-play a variety of ways you can reach out to individual young women.
• Prayerfully discuss the best ways you can help specific class members feel needed and loved.
• Identify one thing each presidency member will do this week to extend sincere love and friendship to an individual class member. Share your experiences at the next class presidency meeting.

LEARN MORE
VIDEO: Worldwide Leadership Training, “Ministering” — How can you as class leaders follow the examples of these priesthood leaders?
LEADING IN THE SAVIOR’S WAY

Leadership Principle: Minister to Others

BE AN EXAMPLE OF THE BELIEVERS

INTRODUCE THE PRINCIPLE
The Apostle Paul asks us to “be ... an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity” (1 Timothy 4:12). As a believer, the Lord has called you to a great work. He trusts you and wants you to “be an influence for good” through your righteous example (see For the Strength of Youth [2011], iii).

LEARN TOGETHER
- Think of someone who has strengthened you through his or her example of living gospel standards in difficult circumstances. What did that person do that inspired you?
- As a leader, why is it essential that you lead by example?
- What will help you to have the moral courage to stand alone for what is right?

LIVE WHAT WE ARE LEARNING
Practice some situations in which it might be difficult to be an example, such as when you hear people using bad language or gossiping about other class members. What will you say? What will you do?

Ponder how you can be “an example of the believers” “at all times and in all things, and in all places” (Mosiah 18:9). Select one thing you will commit to do this week to be an example to your class members, friends, and family. Prepare to share your experience at the next class presidency meeting.

LEARN MORE
VIDEO: Mormon Messages for Youth, “Dare to Stand Alone” — How can you help the members of your class not feel alone as they set a good example for others?
VIDEO: Come, Follow Me, “We Become” — How does becoming truly converted help you be an example of the believers and a standard to others?
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Minister to Others

MINISTER TO A YOUNG WOMAN IN HER FAMILY

INTRODUCE THE PRINCIPLE
President Harold B. Lee declared, “The most important … work you will ever do will be within the walls of your own home” (”Maintain Your Place as a Woman,” Ensign, Feb. 1972, 51). You can be a part of this “important work” by doing small things that invite the Spirit into your home and making it a holy place, whatever your circumstances.

You can invite the Spirit into your home through simple means such as Christlike actions, wholesome entertainment, good music, and inspiring artwork. You can set the example and help other young women strengthen their family.

LEARN TOGETHER
- Read the section on “Family” in For the Strength of Youth. Discuss how young women can invite the Spirit into their home and strengthen their family.
- Watch the video “Through Small Things.” How did these youth lead out in their family to invite the Spirit into their home and make it a holy place? What were the results of their actions?

LIVE WHAT WE ARE LEARNING
- What are you willing to do to feel the Spirit in your home? Follow the bishop’s challenge in the video “Through Small Things” and write down ways you will make your home a holy place for two weeks. How did you change? How did your home change? Share with your class presidency what you learned from this experience.
- Think of the young women in your class and the circumstances of their families. As you plan Young Women lessons and Mutual activities, consider how you can help each young woman strengthen her family. How can you help her live the principles in For the Strength of Youth and contribute to making her home a holy place?

LEARN MORE
VIDEO: Come, Follow Me, “Strengthen Our Families” — How can you, as a class leader, do many of the same things taught in this video?
LEADERSHIP LESSONS FOR YOUNG WOMEN CLASS PRESIDENCIES

LEADING IN THE SAVIOR’S WAY

Leadership Principle: Prepare Spiritually

STUDY THE WORDS OF CHRIST DAILY

INTRODUCE THE PRINCIPLE
In order to lead your class members in the Savior’s way, you must strive to know the Savior. You will come to know Him as you study His words. The words of Christ contain true principles that will provide answers to any question, concern, or challenge you may encounter as a leader. Prophets have assured that daily scripture study will invite the Spirit into your life. As you diligently study the words of Christ, the Holy Ghost will inspire you to know how you can help and bless class members. Remember Nephi’s promise: “Feast upon the words of Christ; for behold, the words of Christ will tell you all things what ye should do” (2 Nephi 32:3).

LEARN TOGETHER
- What does it mean to you to “feast upon the words of Christ”? Describe a time when you have “feasted” on the scriptures. What did you learn? How did you feel?
- Think of a principle that you have found in the scriptures that could strengthen you as a class leader. What specific ways could you apply that principle to help you lead more like the Savior?

LIVE WHAT WE ARE LEARNING
Prayerfully study the scriptures every day this week with a specific young woman in mind or a challenge you are having as a leader. Pay attention to impressions from the Holy Ghost as you look for ways to follow the Savior’s example. Share your experience with your class presidency.

LEARN MORE
VIDEO: Mormon Messages, “Book of Mormon: Messages from Heaven”
VIDEO: Come, Follow Me, “We Learn” — Listen as youth discuss how studying from the scriptures has changed their lives.

Available at youngwomen.lds.org
LEADING IN THE SAVIOR’S WAY

Leadership Principle: Prepare Spiritually

OBEY THE COMMANDMENTS AND STANDARDS

INTRODUCE THE PRINCIPLE

Jesus Christ set the perfect example of obedience and submission to Heavenly Father’s will (see John 6:38). Our obedience to the commandments is an expression of our love for God and Jesus Christ (see John 14:15). The Lord revealed in our day that obedience to the commandments leads to blessings from God (see D&C 130:20-21). A true leader obeys the Lord’s commandments so she can be a light for others, obtain blessings, and be worthy to receive guidance from the Holy Ghost (see D&C 121:45-46).

LEARN TOGETHER

- Think of someone you know who inspires you with his or her obedience to gospel principles. What does that person do that inspires you to obey?
- Why is it important for a leader to strive to be obedient?
- In what ways can you, as a class presidency, “model” obedience to your class members?

LIVE WHAT WE ARE LEARNING

What are some of the standards you are seeing your young women have difficulty living? What could you do as a leader to help them? Counsel together with your class presidency and Young Women leaders about how you can encourage each other to obey “with exactness” (see Alma 57:21).

LEARN MORE

VIDEO: Mormon Messages for Youth, “Within Bounds”
VIDEO: Mormon Messages for Youth, “Stay within the Lines”

As you watch these videos, ponder how true freedom and happiness are found by obeying the Lord’s “boundaries.”
LEADERSHIP LESSONS FOR YOUNG WOMEN CLASS PRESIDENCIES

LEADING IN THE SAVIOR’S WAY

Leadership Principle: Prepare Spiritually

PRAY TO RECEIVE REVELATION FROM THE HOLY GHOST

INTRODUCE THE PRINCIPLE

Jesus was a listening leader. A great leader listens not only to others, but also to the promptings of the Holy Ghost. As a called and set apart leader, you have the privilege to serve as an instrument through whom the Holy Ghost can lead, teach, testify, comfort, and inspire. You have the right to receive revelation about how to lead and love the young women in your class.

You can learn now, in your youth, to be led by the Holy Ghost (see D&C 43:16). The Lord will help you as you try to recognize and understand the Spirit through diligent scripture study, meaningful prayer, and obedience to the commandments and standards.

LEARN TOGETHER

- Read Moroni 10:4.
  - How are we to pray to Heavenly Father?
  - What does it mean to pray with “real intent”?
  - What is the promised blessing if we pray to our Heavenly Father in this manner?
- Why is having the influence of the Holy Ghost so important in your calling?

LIVE WHAT WE ARE LEARNING

As a leader and as a class presidency, pray to Heavenly Father, with real intent, for His guidance in your calling. Listen for the promptings of the Holy Ghost in what you should do to be an instrument in His hands. Think of the young women in your class and pray for them by name. Seek guidance from the Holy Ghost on how to bless individual class members, and act on your impressions. Share with your class presidency what you discovered about meaningful prayer.

LEARN MORE

VIDEO: Worldwide Leadership Training, “The Example of a Righteous Woman”
VIDEO: Strength of Youth Media 2013, “Hearing His Voice”

Available at youngwomen.lds.org
LEADING IN THE SAVIOR’S WAY

Leadership Principle: Prepare Spiritually

DEVELOPING CHRISTLIKE ATTRIBUTES

INTRODUCE THE PRINCIPLE
At the beginning of His mortal ministry, Jesus Christ walked along the shore of the Sea of Galilee and called out to two fishermen, Peter and Andrew. “Follow me,” He said, “and I will make you fishers of men” (Matthew 4:19; see also Mark 1:17). The Lord has also called you to His work, and He invites you to follow Him. The invitation to follow Christ is an invitation to follow His example and to become like Him.

Becoming more like the Savior will help you lead as the Savior led. Chapter 6 of Preach My Gospel identifies nine Christlike attributes: faith in Jesus Christ, hope, charity and love, virtue, knowledge, patience, humility, diligence, and obedience.

LEARN TOGETHER
Review the Attribute Activity from Preach My Gospel (see also the following page). Identify one Christlike attribute that would help you be better leaders. Discuss the questions and scriptures together.

LIVE WHAT WE ARE LEARNING
Select a Christlike attribute you would like to develop personally. Study passages of scripture in the Attribute Activity. Pray for the Lord to help you develop that quality and note how your efforts help you fulfill your role as a leader. Share your experience with your presidency next time you meet.

LEARN MORE
VIDEO: Sister Mary N. Cook, “Remember This: Kindness Begins with Me”
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Teach the Gospel

PRINCIPLES OF TEACHING

INTRODUCE THE PRINCIPLE
Leaders in the Savior’s Church seek to follow His example as they teach the gospel. They recognize Jesus Christ as the Master Teacher. In the scriptures they find principles of teaching that He exemplified. They strive to follow Him and teach in His way.

As you watch the video “Principles of Teaching,” think of a teacher who impacted your life and your testimony. What did he or she do? How did you feel? When and where did this person teach you?

LEARN TOGETHER

1. Discuss the Savior’s principles of teaching taught in this video:
   - Love those whom you teach.
   - Teach and testify by the Spirit.
   - Teach the doctrine from the scriptures.
   - Invite diligent learning by class members.

2. In what ways did your memorable teacher exemplify the Savior’s way of teaching?

3. Where do you have the opportunity, as a leader, to teach?
   a. How do you formally teach in class presidency meeting, Mutual, camp, seminary, Sunday lessons, and other settings?
   b. How do you teach informally with those in your class, your family, and your friends?

LIVE WHAT WE ARE LEARNING
Prayerfully select one of the principles of teaching you learned in the video. Apply it as you prepare and teach the gospel in a formal or informal setting this week. What difference did this principle make in your teaching? Share what you discovered with your class presidency.

LEARN MORE
VIDEO: Come, Follow Me: “We Teach” — What principles of teaching did these youth identify and what opportunities did they have to teach?

TEACHING, NO GREATER CALL: Learn more about these principles and be inspired by President Harold B. Lee’s description of his most influential teacher from his teenage years in Teaching, No Greater Call, page 26.
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Teach the Gospel

LOVE THOSE YOU TEACH

INTRODUCE THE PRINCIPLE
Jesus Christ was our perfect example of how to love and treat others. Charity is “the pure love of Christ” (see Moroni 7:45–48). It is the highest, noblest, and strongest kind of love and the most lasting and joyous to the soul.

Charity is a gift from God and we cannot develop it without the Lord’s help. Mormon said that we should “pray unto the Father with all the energy of heart, that [we] may be filled with this love” (Moroni 7:48).

As you pray, keep the commandments, and study the life of the Savior, your love for all people will increase, especially those among whom you serve.

LEARN TOGETHER
- Read Moroni 7:45. What are the characteristics of charity? How can you seek to develop this kind of love? How will this bless the lives of those you serve?
- Brainstorm and/or role-play a variety of ways you can reach out and bless individual young women.

LIVE WHAT WE ARE LEARNING
- In the coming weeks, pray to your Heavenly Father that you may be filled with charity.
- Identify one thing each presidency member will do this week to extend charity and friendship to an individual class member. Share your experiences at the next class presidency meeting.

LEARN MORE
VIDEO: Mormon Messages for Youth, “For Madison”
VIDEO: Come, Follow Me, “Know and Love Us”
VIDEO: Worldwide Leadership Training, “Loving God’s Children”
LEADING IN THE SAVIOR’S WAY

Leadership Principle: Teach the Gospel

TEACH AND TESTIFY BY THE SPIRIT

INTRODUCE THE PRINCIPLE

The Lord described the importance of teaching by the Spirit when He said, “The Spirit shall be given unto you by the prayer of faith; and if ye receive not the Spirit ye shall not teach” (D&C 42:14). We learn the truths of the gospel and gain a testimony by the power of the Holy Ghost (see Moroni 10:5 and 2 Nephi 33:1). As a leader, it will be important for you to teach and testify to others by the Spirit.

Teaching and testifying by the Spirit requires living worthily, praying fervently, and learning to recognize and follow courageously the Spirit’s guidance (see D&C 43:15–16). When you are spiritually prepared, the Spirit will guide you in what you say. Your testimony will be most powerful when it is expressed as a brief, heartfelt conviction about the principles or doctrines you are teaching.

LEARN TOGETHER

- Think of a time when you felt the Spirit and your testimony was strengthened. What were the circumstances (people and setting)? What did you learn? How did you feel?
- Read 2 Nephi 1:27. What can we learn from Nephi about teaching by the Spirit?
- As class leaders, what can you do to “lead out” in teaching and testifying by the Spirit?

LIVE WHAT WE ARE LEARNING

In your Sunday lessons, at Mutual, seminary, or at school, pay attention to impressions from the Holy Ghost and have the courage to follow those promptings to teach or testify by the Spirit.

With your class presidency, discuss how testifying can give you courage to “stand for truth and righteousness.” Find opportunities to testify to your class members during the coming weeks.

LEARN MORE

VIDEO: Mormon Messages, “Voice of the Spirit” — What worldly “static” distracts you from hearing the voice of the Spirit? What will you do to invite the voice of the Spirit into your life more regularly? Why is it important as a leader to hear the voice of the Spirit?

VIDEO: Come, Follow Me, “Invite Us to Testify” — As you watch this video, think about the young women in your class and how they will be impacted by your testimony.
LEADING IN THE SAVIOR’S WAY
Leadership Principle: Teach the Gospel

TEACH FROM THE SCRIPTURES AND THE WORDS OF THE LIVING PROPHETS

INTRODUCE THE PRINCIPLE
An important way you fulfill your responsibility as a leader is through teaching. Jesus Christ is the supreme example of a leader serving as a teacher. He commanded us to “teach one another the doctrine of the kingdom” (D&C 88:77). The phrase “doctrine of the kingdom” refers to the revealed truths of the gospel found in the scriptures and in the words of living prophets. As a leader, you can help strengthen others spiritually by frequently teaching from the scriptures and the words of living prophets.

LEARN TOGETHER
• Alma taught that the word of God leads people to do what is right and has a “powerful effect” on the mind. Read Alma 31:5. Discuss and share your thoughts about this scripture and think about how the word of God has changed people in the scriptures. Share with each other a time when a scripture or a general conference talk has caused you to change for the better.
• What are the opportunities you have as leaders to share and teach the word of God to your class members to help them grow spiritually?

LIVE WHAT WE ARE LEARNING
In the coming week, find one or more scriptures in the New Testament or Book of Mormon that illustrate how the Savior taught the doctrine. At your next class presidency meeting, discuss what you discovered in your study. Work with your adult leaders to determine when and where you can teach the doctrine to your class members.

LEARN MORE
VIDEO: Come, Follow Me, “Use the Scriptures” — How can you use the power of the scriptures and words of the living prophets to invite the Spirit in all you do as a leader and teacher? What can you do to encourage young women to use their scriptures?
INVITE PARTICIPATION AND DILIGENT LEARNING

INTRODUCE THE PRINCIPLE

When the Savior lived upon the earth, He often taught His followers by asking them questions that caused them to think and feel deeply. He gave them opportunities to ask their own questions and share their own insights. He responded to their questions and listened carefully to their experiences. Because of His love, they felt safe sharing their thoughts and personal feelings.

As meaningful discussions take place, relationships are built and strengthened. The Lord taught, “And now, behold, I give unto you a commandment, that when ye are assembled together ye shall instruct and edify each other” (D&C 43:8).

As a leader you will be called upon to lead discussions and invite others to participate within your presidency meetings and with your class members. As you lead, encourage all to share their thoughts and feelings related to the gospel.

LEARN TOGETHER

Watch the video “Ask Us Questions.” What will help the young women in your class feel safe in asking questions and sharing their ideas and feelings? What can you do as a leader to help them?

LIVE WHAT WE ARE LEARNING

During a presidency meeting, following a Sunday lesson, or after a Mutual activity, discuss what you observed about the participation of the class members. Were they all invited to participate? Were some hesitant? Discuss what you will do to help your class members participate. What can you do this week to make your class members feel safe and accepted?

LEARN MORE

VIDEO: Come, Follow Me, “We Share” — Why is sharing important to your learning and the learning of others? How does sharing invite the Spirit and strengthen testimonies?